

How to make your visit to Barcelona an environmentally friendly one



The Best of BCN

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You can enjoy an environmentally friendly stay in Barcelona thanks to the numerous places offering sustainable products and services, as Laura Conde explains.

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You may think that the best things happen at night, but this is a city that likes to cram as much as possible into its weekend while the sun is still up. Montse Virgili sets her alarm.

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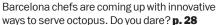
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Make mine a large one! Discover some of the best places in the city to enjoy a G&T **p. 58**



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Printer Litografia Rosés Distribution S.A.D.E.U. Legal deposit B-26040-2014 ISSN 2385-5142 The hot list

BCN_MAY 2016



TUESDAY

Yann Tiersen

Concert

French musician takes to the stage. See p. 44

FRIDAY

Saló del Còmic

Fair Essential event for comic book fans. See p. 40

WEDNESDAY

Setmana de la Poesia

Festival Celebration of poetry

around the city. See p. 40

SATURDAY

Primera Persona

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SUNDAY

FC Barcelona vs Espanyol

Football

The two local teams meet. See p. 38

DON'T MISS!

Alice in Wonderland. Black musical version of the famous book, performed in English. THU 12. See p. 53 I Capuleti e i Montecchi. Bellini opera opens at the Gran Teatre del Liceu. TUE 17. See p.

FRIDAY

Spanish F1 Grand Prix

Sport

Major motor racing fixture begins. See p. 38 **MONDAY**

Punk. Its traces...

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How punk affected modern art. See p. 50 **SUNDAY**

Queen with Adam Lambert

Concert

Classic rockers are on tour with US singer. See p. 48

MONDAY

Royal Philharmonic

Classical music

Visiting orchestra is at L'Auditori. See p. 48

THURSDAY

SATURDAY

SUNDAY

MONDAY

Coldplay

Concert

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Loop

Festival

Ten-day video art event kicks off. See p. 40

Bruce Davidson

Exhibition Show of top US photographer's work. See p. 50

Bryan Adams

Concert

Canadian rocker returns to BCN. See p. 49



People of Barcelona

Aziza BrahimSinger
39 years old

Is music your reponse to a mission?

When I was small it helped me escape the reality of the refugee camps, and later I realised that it could be a tool to explain the fight of my people. I was helped by my grandmother, Ljadra Mink Mabruk, 'the poet of the rifle'.

You took up her cause.

Completely. When she lived in the Western Sahara, she wrote poems about the nomadic lifestyle, love and daily life, but the exodus meant she focused all her energy on the Sahrawi fight. I like the fact that my music is drawn from that. I was born as a refugee and that marks me. I've never known my country.

And if you wanted to visit it?

I run the risk of being arrested or even tortured by the Moroccans, despite the fact that our fight and right to self-determination are protected by the international community.

You lived in Cuba, didn't you?

Yes, from when I was 11 until I was 19. I went there with a scholarship, like a lot of Sahrawi children – it helped me get away from the difficult situation in the refugee camps. The influence of Cuban music is noticeable in what I do. I absorbed its joy.

How did you end up here?

I first went to Madrid with a record deal that saw me go on tour with the group Leyoad, with Mariem Hassan. Later, for love, I came to Barcelona, a city that had always been a goal for me.

Why's that?

I saw it as a cosmopolitan city, and I thought that my music could improve if I lived here. And that's how it's been – musically it's given me stability.





AN OBJECT: THE MIRÓ MOSAIC ON LA RAMBLA

It reminds Brahim of her debut in Barcelona, in the auditorium of the CSIC on C/Hospital.



PLACE OF ORIGIN: EL-AAIUN REFUGEE CAMP

It's located in Tindouf, in southwest Algeria; her family settled there in 1975.

Women are the most visible face of Sahrawi music.

Women have been very involved in Sahrawi culture and resistance. It's no surprise that we're the guardians of our people's values.

What place are you referring to in the title of your new record, Abbar el Hamada (Across the Hamada)?

The Hamada is the desert where we've been for the last 40 years. It's a hard, rocky desert where nothing grows – one of the most inhospitable in the world.

Do you think we have a frivolous relationship with music here?

Music is a type of free expression. For me it has to convey concern, commitment and political attitudes, but I can't criticise what my colleagues do because everybody has their own motivations.

-Jordi Bianciotto



By Begoña García

Two scenes from The Passenger (1975), with Maria Schneider and Jack Nicholson, were filmed in Barcelona. Secrecy around the set angered local press, and reviews here weren't great when it came out.

_The lift to the top of the Columbus statue, opened in 1889, was the first one in the city.

_The second lift here was installed in 1894, to get down to the Riva family crypt in Montjuïc cemetery.

_Barcelona has a long history of book publishing. Presses were introduced in the 15th century, and in 1610 Cervantes visited one at Call, 14 – it later appeared in Don Quixote.

I love BCN

Pont del Bisbe

Bisbe, 1 It looks old, but this iconic bridge was only built in 1928. It's the work of Joan Rubió, a disciple of Gaudí.

WTF IS...

Learn to speak Barcelona with our vocab guide | By Jan Fleischer

L'ou com balla

On Corpus Christi (May 26) locals celebrate **I'ou com balla** (low com BYE-ya), 'the dancing egg', by visiting fountains around town that are lavishly decorated with flowers and have an egg twirling atop the stream of water, representing rebirth.



Turn! Turn! Turn!

Oh, 2016, you're really doing a number on us. I'm writing this on April 20, so you can Google which incredible artist we lost today. This year has already taken its toll on famous artists, and we come together to mourn these losses because it's something we can come together over. It's too much to get our minds around the devastating losses people face every day, yet we can suffer together when a creator who has enriched our lives has left this world. When words will never be written exactly like that again. When tales will never be told with that particular voice.

In Barcelona it's springtime – a volatile season. One day it's sunny and everyone's smiling, and the next there's a rainstorm, and while some complain, we can also look at it as a cleansing, a washing away and preparing for something new. Death doesn't always mean an ending. It often signifies change, and new beginnings. We talk about one door closing and another opening. We fear change yet we also encourage each other, saying change is good. Winter's growing pains give way to the arrival of blooms and beach weather, and the death of a beloved artist could help stimulate new fans to explore the artist's work, even influencing them to add their own creation to the world.

We can use this time of change in seasons, in our lives, to hold on a bit looser, to value the people and beauty around us. Put down our cameras and look with our eyes. Turn off our mobiles and go to a concert. Accept these gifts artists and creators have given us. Turn and face the strange.



14:00-16:30

Down in the Born

Start at the Gothic cathedral just off Via Laietana. It's at least 1,500 years old and has recently undergone extensive renovation works. Next, head to Born Centre Cultural (Pl. Comercial, 12), an iron and glass structure built in 1876 as a market. From there you can stop in at the spectacular Santa Maria del Mar church (Pl. de Santa Maria, 1). Just next to it is Fossar de les Moreres, a square with great significance to the people of Barcelona; it was built over a cemetery where those who died fighting to defend the city in the 1714 Siege of Barcelona were buried. An eternal flame honours the memory of the fallen.

17:00-19:30

Sustenance and shopping

Stop for a break in one of the Born's lesser-known squares, such as

Sant Pere de les Puel·les or Sant Agusti Vell. The Born is an area that's packed with boutiques where you can pick up some designer shoes or one-of-a-kind gifts to take home. As you're strolling around, keep your eye out for Ivori (Mirallers, 7), an exquisite shop with local designs; On Land (Princesa, 25), where both men and women can find new threads; and Studiostore (Comerç, 17), with everything from clothes and eyewear to original cushions.

20:00-23:30

It's time to eat

For dinner, try the Asian tapas at Mosquito (Carders, 46) – they'll melt in your mouth. Always a sure thing is a meal in one of the city's fresh markets, such as Santa Caterina (Av. Francesc Cambó, 16) with its attention-drawing rooftop, or try Mercat Princesa (Flassaders, 21), where you don't have to limit your choice to just one restaurant

COOL HUNTING

Once called the 'Barrio Chino', the Raval has inspired many a writer. Nowadays, it's a place where local businesses thrive in the form of unique shops and restaurants, while still maintaining some of its seedy underworld glamour. Urban culture is booming here, alongside gems such as the CCCB and Filmoteca.

but can graze from 17 different food 'stalls'. To top off the night, head in the direction of the sea and have a drink in Absenta (Sant Carles, 36) to be sure to get a good night's sleep, or try the more upscale Zahara Cocktail Club (Pg. Joan de Borbó, 69) or Café de los Angelitos (Almirall Cervera, 26).

09:00-11:30

Trees and parks

Start your day with a big breakfast among the tree-lined streets of the Eixample Esquerre. Velodromo (Muntaner, 213) opens at 6am, for those of you really keen to get going, while Travel & Cake (Rosselló, 189) opens every day from 9am and has an eclectic menu of sweet and savoury options. Once you've got your energy levels up, jump on public transport and head to Gaudi's natural wonder. Park Güell - book on www. parkguell.cat/en to ensure you get in to the 'monumental' zone and save a euro. Bonus!

12:00-14:00

Gracious living

Grab a bite down the hill in Gràcia, at the woodsy and spacious Café Salambó (Torrijos, 51) at La Pubilla

DID YOU KNOW? Last year, over 3,300 audiovisual productions were filmed in Barcelona, a number that has tripled since 2010.



(PI. de la Llibertat, 23), which specialises in old-school local food or, if the weather's nice, in a square such as Plaça del Diamant or Plaça de la Vila de Gràcia. While you're in the area, have a look around for some unusual souvenirs in the shoplined streets – suggestions include Boo for clothes (Bonavista, 2), and Magnesia (Torrent de l'Olla, 192) or Mueblé (Martínez de la Rosa, 34) for homewares.

14:30-18:00

Explore modernisme

Next stop: the Sagrada Família. Gaudí's masterpiece gets very crowded, but it's worth taking your time to appreciate his vision. Once done, walk over to Av. Diagonal to keep the modernisme theme going by stopping at Casa de les Punxes (Rosselló, 260), Palau del Baró de Quadras (Diagonal, 373) and

Casa Planells (Diagonal, 332).
Alternatively, take L5 of the metro from the Sagrada Família station to the Diagonal stop and stroll down Passeig de Gràcia to hit the modernisme biggies: La Pedrera (Provença, 261), Casa Amatller (Pg. de Gràcia, 41) and Casa Batlló (Pg. de Gràcia, 43).

WANDER OFF

Many visitors stick to the centre, but the city is so much more. Gràcia is full of life at all hours of the day, Sarrià retains much of its small-town feel, while Poble-sec and Sant Antoni are currently the places to be, with their top cuisine and quality nightlife. And then there's the former Sant Pau hospital, a modernista jewel close to the Sagrada Família.

19:30-02:00

Big night out

Try the out-of-this-world double terrace of Invisible—Pizza Ravalo (PI. Emili Vendrell, 1), Teresa Carles for a healthy vegetarian option (Jovellanos, 2) or the Mediterranean banquet that is Lo de Flor (Carretes, 18). After lining your stomach, get a couple of drinks in Negroni or Tahiti, both in the barladen street of Joaquín Costa (46 and 39, respectively), and then ease on down to the dance floors at Apolo (Nou de la Rambla, 113) and/or Marula (Escudillers, 39).

10:00-12:00

Mountain climbing

Head to the 'mountain' of Montjuïc. Depending on what you're in the mood for, you can visit the Olympic Stadium and other constructions from the 1992 Games, or head to the Museu Nacional d'Art de Catalunya (MNAC), with its ample

collections and varied temporary exhibitions. Enjoy the work of artist Joan Miró both at his foundation (Parc de Montjuïc, s/n) and at the nearby Parc de Joan Miró, just across Plaça Espanya.

13:00-15:00

End on a beach spot

Take the cable car from Montjuïc to Barceloneta, with its beaches and boats, where you can relax with a vermouth and a paella. Most restaurants in Barceloneta specialise in seafood, taking advantage of the nearby Med. The prime real estate means some of the better spots aren't cheap, but if you're feeling flush, they're worth it. Try Can Solé (Sant Carles, 4), La Mar Salada (Pg. Joan de Borbó, 58) or El Suguet de l'Almirall (Pg. Joan de Borbó, 65). A great place for the more budget-conscious, with a huge terrace and fresh, scrummy dishes to go with its relaxed vibe, is Santa Marta (Grau Torras, 59).

▶ Of these, 33 were for full-length features and 349 were TV shows. Ciutat Vella was the most popular location to shoot these productions.

Tourism Desk



Barcelona... just a click away

Find more than 200 suggestions to suit a wide range of tastes



Barcelona is a vibrant, cosmopolitan city that offers visitors a wealth of different products and services. You will be surprised at what you can find when you visit the tickets. visitbarcelona.com website and the Turisme de Barcelona Tourist Information Points around the city.

There are many ways to visit Barcelona – in the company of friends, or with your family or partner – and a multitude of reasons to come here: the culture, cuisine, music, art... Whether you're planning to see the best-known attractions or you're looking for a truly special experience, at tickets. visitbarcelona.com you will find more than 200 suggestions to suit a wide range of tastes.

You're here to see Barcelona, but how will you get around? Here are just a few ideas. There are guided tours on foot, by bicycle or with special vehicles like the Segway, which cover both the city centre and the lesserknown neighbourhoods; gastronomic excursions; panoramic hop-on hop-off bus tours or themed routes through specific districts; cooking workshops, wine and chocolate tasting, or craft workshops for the little ones; visits to historic buildings like the Palau de la Música Catalana, or to museums, taking advantage of the ArTicket or Barcelona multitickets, with free transport and discounts; and babysitting services, wheelchair, pram and pushchair hire, in addition to the standard left-luggage services and airport transfers.

There are many Barcelonas to explore. Which one is yours? Discover the full range of possibilities on offer by visiting tickets.visitbarcelona.com.

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See a traditional job and try local, fresh cuisine

Discover the secrets of
Barcelona's fishermen with a
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building, where you can learn
more about the origins of the
organisation and how the
city's fishermen work
nowadays. Take the chance to
see their boats come in as
well as the place where
freshly caught fish is
auctioned each day, and then

enjoy the opportunity to taste it afterwards at a local restaurant. You can choose between a specially created set seafood menu, which varies according to what's in season, or a selection of seafood tapas; a children's set menu is also available.

Buy your tickets at: tickets.visitbarcelona.com

SUSTAINABLE TOURS



Explore on a Segway

Try out this two-wheeled e-vehicle that balances itself. You won't just have fun, you'll be able to enjoy the city while listening to your guide tell you all about the sights.



Eco-catamaran trip

Take a voyage on board an eco-catamaran that's driven by wind and solar power, and enjoy breathtaking views of the city's coastline from a completely new perspective.

Buy your tickets at tickets.visitbarcelona.com

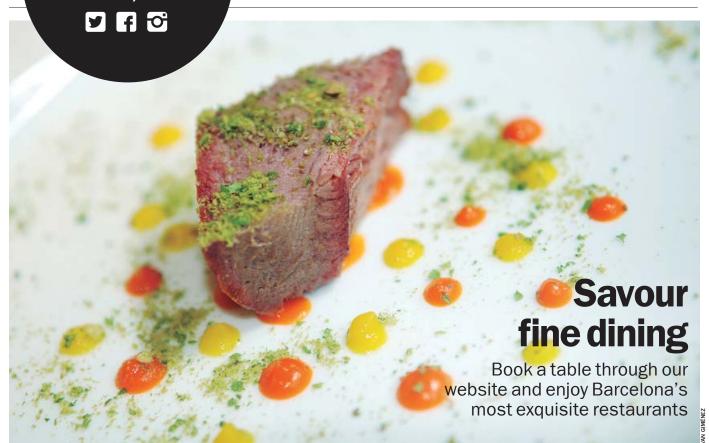
Art Nouveau that remains to be discovered





Get this

timeout.com/barcelona





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Have fun and socialise, get some exercise and be entertained by your knowledgeable English-speaking guide – all the ingredients for a memorable Barcelona adventure.



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Feel the incredible atmosphere of an FC Barcelona football match as this year's La Liga draws to a close on May 15. This unique visit, which includes a private round-trip transfer, is a must for any true soccer fan.

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Book your tickets online for Barcelona sights and attractions at **www.timeout.com/barcelona**, and don't miss a thing.

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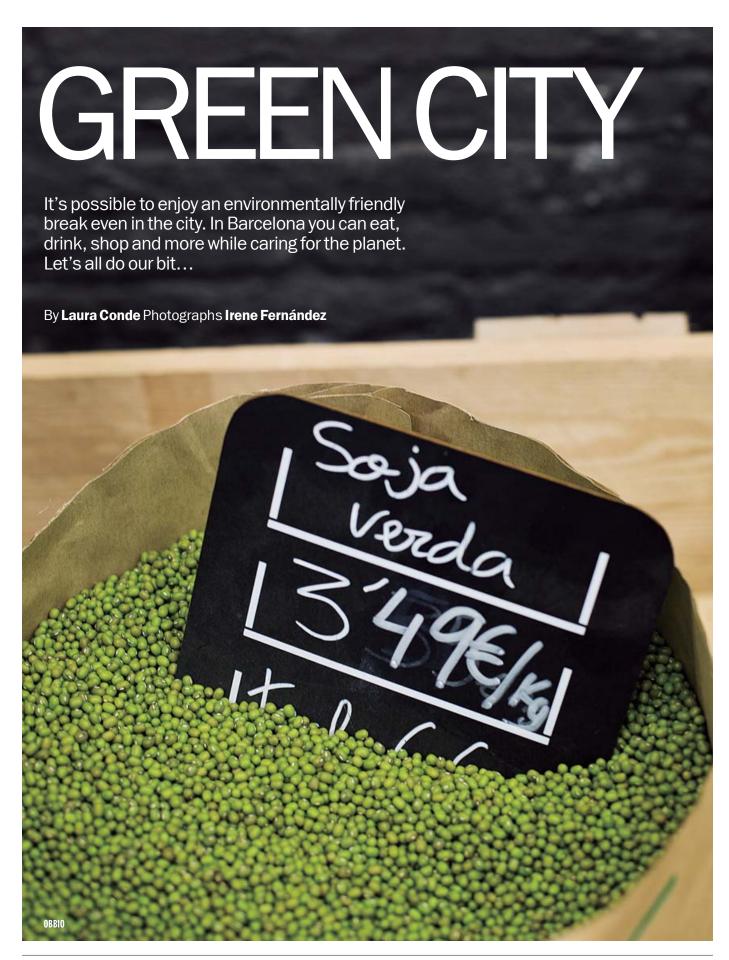
Sustainable Product Design

SUMMER COURSES

(July)



iedbarcelona.es



SHOPS, MARKETS...

GREEN LIFESTYLE

Love, delicacy and transparency are the three words that the people at Green LifeStyle use when it comes to defining their philosophy. All the designers whose collections are sold in the shop share a commitment to fair trade, ethical production and social responsibility, despite all having different personalities. You'll find a good variety of organic materials including cotton, wool, cashmere and alpaca. Plans are in the pipeline for a children's section.

Torrent de l'Olla, 95 (Gràcia)

0931862010

www.greenlifestyle.es

COSHOP

This was the first community shop in Catalonia, bringing together brands and designers of sustainable fashion, which means pieces created with primary materials that are either completely organic or recycled. At Coshop you'll find clothes, shoes and accessories, from bike bags made by sdBarcelona and put together in a workshop by people at risk of social exclusion, to Numon's bags made with curtains, and clothes bought at itinerant markets and given a second chance by Secondtrend.

Banys Nous, 6 (Gòtic)

0933435261

www.facebook.com/coshop

OLOKUTI

'Eco, bio, justo' ('eco-friendly, organic, fair') is the mantra of Olokuti, which has already spent nearly ten years defending fair trade and the environment at its fantastic location in Gràcia (and they've just opened in Ciutat Vella, at Palla, 6). Aside from the garden hidden out the back of the shop – a lovely place to take a break and have a cup of tea – they also have an impressive selection of products that illustrate a perfect balance of responsible consumerism and originality.

Astúries, 36-38 (Gràcia)

0932170070

www.olokuti.com

HOME ON EARTH

It takes a lot of willpower to go into this shop in the Raval and manage to leave with your hands empty. Your eye (and wallet) might be caught by one of their charming lights, accessories for the home (from furniture to rugs and clocks), sunglasses, clothes, accessories, iPhone covers, bamboo bicycles or musical instruments made with natural materials. To sum up, this is eco-design that is high-quality, functional, sustainable and aesthetically pleasing.

Hospital, 76 / Boqueria, 14 (Raval)

0933158558

www.homeonearth.com/es

MERCANTIC

Go to Mercantic and you might think you're in one of those classic vintage markets in the south of France, a market where you can buy irresistible 1960s secondary school dining-room chairs that have been perfectly recycled. But in actual fact you're in Sant Cugat, a town close to Barcelona and only separated from it by the Collserola natural park. This large retro furniture market (open Tuesday to Saturday from 9.30am to 8pm, and Sunday 10am-3pm) is full of good taste and sophistication, a place where you can get hold of well-priced, unique pieces from times gone by.

Av. de Rius i Taulet, 120 (Sant Cugat del Vallès)

0 93 583 00 00 www.mercantic.com

ALQVIMIA

This top-level line of 100-percent-natural cosmetics was launched 30 years ago with the objective of respecting both the natural world and customers. As a result, the Alqvimia range, which has already seduced numerous celebrities, is entirely made in Catalonia using organic primary materials to create all kinds of beauty products and essential oils. Go to the shop and receive personalised advice about which will suit your physical and emotional needs.

Rambla de Catalunya, 24 (Eixample Dret)

0 93 481 71 32 www.alqvimia.com

FLOW ECODESIGN

This multifunctional space was created with the aim of being the place in Barcelona where customers can find everything to do with eco-design: books, aromatherapy products, clothes and accessories, natural cosmetics, homewares, biscuits and jams, and furniture. Flow is clear about one thing: we have to make our homes into places where we can feel great thanks to a fusion between design and sustainability.

Pedralbes Centre, Diagonal, 609-615 (Les Corts) © 93 410 36 51 www.flow-ecodesign.es



Forn de Pa Radas (Radas, 35) This is what

happens when a group of business partners takes over an old neighbourhood bakery. At Radas, they use organic flour and alternative

Triticum (Rda. Sant Antoni, 39-41) Xevi Ramon is one of Catalonia's most renowned bakers. He has a shop in Barcelona that's located in the trendy Fábrica

Moritz.

Barcelona-Reykjavik (Astúries, 20) This place was among the first in the city to employ old-fashioned baking methods, using bread starter and organic grains. They now have four shops in Barcelona, but the original is the

Gràcia one.

RESTAURANTS, CAFÉS...

FLAX & KALE

This is one of Barcelona's trendiest eateries for various reasons. In the first place, this large, friendly restaurant with a European look and soul, which opened around 18 months ago in the Raval, is owned by the same people as the already popular vegetarian restaurant Teresa Carles. What's more, at Flax & Kale they serve flexitarian food, a concept that's become very popular in various European countries and basically means flexible vegetarian cooking, with around 20 percent of dishes featuring animal protein from oily fish. It's healthy, creative and varied.

Tallers, 74 (Raval)

• 93 317 56 64 www.facebook.com/flaxandkale

MOTHER

Gemma and Lily are two friends who met in the USA and quickly realised they share a passion for cold-pressed juices, which are created with a special machine that extracts the best of the fruit while keeping its properties intact. They decided to import this trend to Barcelona, serving up incredible multicoloured drinks that combine fruit and vegetables – nutritious and delicious.

Joaquín Costa, 26 (Raval)

1 93 119 38 45 www.motherbcn.com

NONONO

NoNoNo goes beyond organic food and the slow food philosophy to opt for biodynamic cooking, which means that the animals and plants used have been treated according to the laws of nature, without aggressive cooking methods and following the precepts of the biodynamic calendar created in the 1950s by the German Maria Thun. The restaurant has its own allotment and animals, while all the other ingredients they use come from small local producers. The result is salubrious and tasty without excessive ornamentation.

Ptge. de Lluís Pellicer, 12 (Eixample Esquerre)

0 93 444 99 01 www.nonono.es

OBBIO

This large organic supermarket has a cafeteria that's great at any time of the

day. You can breakfast on organic juices, cakes and sandwiches, herbal teas and coffee, which may be accompanied by one of the vegetable 'milks' or alternative sweeteners, such as stevia, they have on offer. It's also perfect for enjoying a set lunchtime menu featuring simple, fully organic dishes, for just €11.95. And for an afternoon snack why not try a spelt croissant or one of their artisan cakes, which are a real delicacy.

Muntaner, 177 (Eixample Esquerre) 93 159 39 80 www.obbiofood.com

RASOTERRA

The philosophy of this restaurant, which defines itself as a vegetarian bistro, is based on a phrase by Jonathan Safran Foer: 'Deciding what to eat – and what to reject – is the fundamental act of production and consumption; what determines everything else.' Fair-trade ingredients, ethical consumption and 100-percent vegetarian cooking using international recipes are what create the personality of this welcoming place, which has good karma and an excellent set lunch menu.

Palau, 5 (Gòtic) 0 93 318 69 26 www.rasoterra.cat

JUICE RODRÍGUEZ

This fabulous-looking space aims to serve a healthy, natural food range that's also fun - a long way from the boiled broccoli some of us might still associate with the concept of healthy eating. From the moment you peruse the menu and realise someone has created a selection of juices to satisfy some of our most unmentionable needs, you can't help but start to feel more positive. The range of colourful drinks make bold but believable promises - to rejuvenate, increase your sex drive, ease the effects of the worst hangover, give you an energy boost or relax your inner demons.

Provença, 179 (Eixample Esquerre) 93 518 96 85 www.rodriguezyco.com

BODEVICI

How many times have you looked at the selection of flavours available in an ice cream shop and wondered just how they achieved some of those colours? (Bubblegum, we're particularly looking at you – mainly because we can't take our eyes of your gleaming blueness.) At Bodevici, there's no mystery, and no neon ice cream. Just creamy treats made with organic cow's milk and fruit and, if you want, without sugar, lactose or gluten.

Torrijos, 21 (Gràcia) www.bodevici.es



If you're interested in natural beauty products, at Adonia vou'll find a wide range of items for hair, body and face, which should cover all your needs. As well as popular brands such as Dr. Hauschka, Weleda and Caudalíe, plus new lines that they regularly introduce, they also stock organic candles, creams for babies and a special selection of veganfriendly items. Balmes, 85/ Travessera de Gràcia, 157







IARIA DI





LET'S TALK TO...

Maria Rubert de Ventós

Architect and city planner

Barcelona is a metropolis that's 'privileged and splendid from the point of view of its environmental future'. That's the message from Maria Rubert de Ventós, professor at the Escola Tècnica Superior d'Arquitectura de Barcelona (ETSAB, College of Architecture). Ventós talks to us in her office at the faculty to help us, firstly, clarify whether Barcelona is a sustainable city. 'Cities are sustainable by definition. They are relatively crowded and, as such, waste less land and make the most of synergies. What we have to achieve is making a reality out of the idea that featured in the Brundtland report in 1987, which says that sustainable development is that which satisfies present needs without compromising future generations.

66

Barcelona has few parks but a large natural space in the Collserola park above the city

'Barcelona has few parks, but it does have a large forest reserve in Collserola park [the large green space above the city] where you can ride your bike along dirt paths, and the delta of the Pratriver, where, among roads and roundabouts that are slightly absurd and disorientating, they produce excellent vegetables. It's a city with many thriving trees along its streets, unlike big European capitals, which have big parks but few trees.' Barcelona's urban design is a success story, a modern idea that contrasts with unfortunate initiatives such as 'an automatic irrigation canal system, because it's evident that we should adapt urban spaces to the climate and not the other way round'.

Another area that needs improvement, according to Rubert, is the public transport network. It should copy those in places like Manhattan, where population density and characteristics are similar to Barcelona, and there 'are few cars because the public

transport is so fast'. The consequences of this improvement would be immediate and highly valued, she says: 'It would open up the centre, make it bigger, more habitable,' something that, among other socio-economic benefits, 'would allow us to spread the large number of tourists that arrive every day across the city, along with the waste that they generate.'

And that's not the only thing the city could learn from other countries: 'I love the communal laundry zones in buildings in Germany.' But such change doesn't iust depend on citizens - if there's one thing that Rubert's clear about it's that while residents have to commit to reducing rubbish and saving energy, it's politicians who have to lead the process. There are many things that have to be done by the governing institutions: 'From not designing public housing with a space for a tumble dryer, for example, to getting rid of air conditioning in the majority of public buildings, except hospitals, and reducing street lighting.'



A GREEN DAY IN BARCELONA



9.00

START THE DAY

The decision to opt for organic products took a while to get established in Barcelona, but it's now embedded in the collective consciousness, as seen in the success of places like Mama's Cafe in Gràcia. With a kitchen that's open nonstop from 9am to 9pm during the week (closed Tuesday), and until midnight from Thursday to Saturday, this is a tranquil spot with a back terrace where you can settle in for a relaxed breakfast of goodies such as pancakes with caramelised fruit and cinnamon, or fried eggs with asparagus, lettuce and parmesan on toast. Torrijos, 26

10.00

GET WALKING

Walking is one of the cleanest ways to see the city, and Barcelona is the perfect size and layout for wandering around, with interesting, often unique, sights to see in all directions. If you're visiting with children, who aren't always known for their stamina, sign up for a walking tour aimed at kids of all ages. Kids & Cat offers a fun way to explore the city for groups of children, families and larger groups. Themes include life in Roman Barcelona, different styles of architecture, and a secret world of dragons. Tours are offered in English, Spanish, Catalan and German. www.kids-cat.com

12.00

GO SHOPPING

If you're in town on a self-catering trip, or just fancy picking up some snacks to take back to your hotel or hostel, Veritas is a chain of supermarkets around the city that specialises in organic and environmentally friendly products. It may not be the cheapest option, but their range is extensive, going from rice cakes to baby food and natural peanut butter. Via Laietana, 28

13.30

LUNCHTIME

At Organic's, the motto is 'slow fast food'. Everything they serve is certified 100-percent organic, and at midday there's a variety of salads (or create your own), hamburgers, pasta and rice for healthy, high-speed eating. To follow, choose from their range of herbal teas. Open from 7 am to 11.30pm, they also offer breakfasts, snacks and supper. Plaça Urquinaona, 14.

16.00

HEAD TO THE PARK

It has to be said that Barcelona isn't blessed with an extensive selection of green spaces. There's Collserola, the large natural park that overlooks the city to the west, but in the city itself, the options are limited. However, if you feel the need to connect with nature while here, you do have a few options. Ciutadella is the biggest park in the centre and, as well as swathes of grass, also has a boating lake, café and children's play area (Pg. de Picasso, 21). Or, go up to Montjuïc, home to a variety of worthwhile parks as well as the Botanic Gardens.

20.30

TIME FOR SUPPER

For an appetising and unusual evening meal, you can't go far wrong with 4 amb 5 Mujades (a *mujada* is a measurement of land in the nearby Baix Llobregat region, equivalent to 0.5 hectares). The focus here is vegetables, but not just any vegetables – organic, biodynamically grown vegetables. The menu changes with the seasons and is divided into root, leaf, fruit and flower. A sample of their creations is the fennel salad with green apple, both diced and in a sorbet, and creamy goat's cheese. Rambla del Raval, 45



GREEN TOES

Free-trade shoes exist, and they're called Sole Rebels. The company founded in 2004 by Bethlehem Tilahun Alemu uses recycled materials, fusing ecology with Ethiopian craft skills. Sole Rebels also promotes social welfare, and the project has created jobs in a small vllage in Addis Ababa. Astúries, 47. solerebels.com



BONUS TRACK

Organic hair

It's taking its time, but we're sure that organic hairdressers will become a serious trend in Barcelona in the coming months. If natural make-up is increasingly found in local homes, with beauty products that are made only with organic materials and no chemicals or parabens, logic suggests that the same should happen with hair. Barcelona already has various organic hairdressers that employ environmentally friendly natural hair products, such as the dyes created by the lab of Hammam & Henna (Muntaner, 147) that use the extracts of organically cultivated plants. Another place that doesn't accept any chemicals that might cause irritation, itching or capillary ageing is Alone Perruqueria Espai Ecològic (Ribes, 30), a sustainable space in Fort Picenc with recycled furniture and just the one chair, because they practise what we can only call slow hairdressing.

Getting around

While walking is undoubtedly one of the most ecological ways of moving around the city, we know that sometimes you might be in a hurry, need to give your feet a rest or just want someone else to make the effort. Luckily, there's any number of 'clean' transport options in Barcelona. If you need to call a cab, **Taxi Ecològic** (T. 93 278 30 00) has a fleet of hybrid and electric cars. free WiFi and a multilingual call centre. If you want to get behind the steering wheel yourself, you can hire a **Twizy**, Renault's electric two-seater car (from €21 per person; tickets.visitbarcelona. com). Finally, there are bike hire places all over the city, such as Taller Bicicle (www.tallerbicicle. net) and Barcelonabiking (www. barcelonabiking.com), while **ePTV Bikeboard** (www.eptv-bikeboard. es) has electric bikes, mopeds and scooters. Just remember to be mindful of pedestrians as you whizz around.

TOURS, ACTIVITIES...

GREEN TOUR + CYCLING IN EL GARRAF

My Favourite Things is a Barcelona tour company that seeks to come up with alternative ways to see the city and nearby spots. They run a Green Tour, perfect for discovering some of the ways the city is cleaning up its act. Organised by a journalist who specialises in the environment, the activity starts at La Fábrica del Sol, a former gas storage facility that's been converted into an ecology and sustainability information centre. After that, you head around the city to discover how issues like town planning and energy saving are being dealt with, and visit different eco shops. If you want something a little more active, they offer various cycling tours through natural parks outside Barcelona on hybrid bikes; for example, a 47.5km route through the Garraf park to the beautiful seaside town of Sitges.

0 637 265 405 www.myft.net

FAMILY PICNIC AT PARC DE L'ORENETA

A great place for the whole family, this park is something of an urban forest that connects Barcelona with Collserola. It's made up of 17 hectares that used to be two rural farms. Make your way to the picnic area at the highest part of the park to eat under the welcoming shade of a carob tree and get a magnificent view of the city while you're at it. If you're not in the mood for bringing your own food, there's a bar where you can get roast chicken and other dishes to take away. For the kids, there's a steam train and ponies to ride.

Passatge Blada (Sant Gervasi) trenparc.org

HORSE RIDING IN COLLSEROLA

Impossible as it may seem, you can enjoy a peaceful horseback excursion close to the city. Your adventure starts by meeting the animals at a riding centre in the heart of Collserola park. You'll learn to communicate with your horse and practise riding around an enclosed circuit. Then you'll be able to get on your way. The route is suitable for everyone, even inexperienced riders, as you'll be accompanied at all times by an expert guide. Discover hidden corners of the forest, enjoy the fresh air in the pine glades, and see spectacular landscapes. When you get back to the



riding centre, you'll enjoy a meal of typical Catalan produce – the perfect end to a day of riding.

TALKING WALLS BARCELONA

Talking Walls Barcelona hosts a daily walking tour in English to inform visitors about graffiti and street art, using Barcelona as a case study, and discussing how and why urban art movements have made their way so quickly around the world. The meeting point is a park with legal walls where painters are at work most days brushing up on their skills. The tour starts with a talk about the history and trajectory of street art in Barcelona and the world. then heads to the Raval, where street art has a long history and a promising future. The tour ends at Anden graffiti shop and gallery, which hosts rotating exhibitions by street artists. Note that

you must book your tour in advance.

Meeting point: Jardins de les Tres Ximeneies, Av. Paral·lel, 49 (Sants)

0611286965

€10. www.talkingwallsbarcelona.com

PADDLE SURF & KAYAK

Paddle surfing is an ancient form of navigating the water that originated in Polynesia. You'll receive a short explanation from a qualified instructor about how you use the paddle to propel yourself along while you balance on the board. Once in the sea, enjoy this alternative way of travelling through the water, which will also let you see the city from a completely new perspective. If you prefer a slightly more protected form of getting on the water, kayaking is the one for you. As the kayak glides gently along, you can enjoy the scenery at a leisurely pace.

Meeting point: Centre Municipal de Vela, Moll de Gregal, s/n (Poblenou) From €15. tickets.visitbarcelona.com

ACCESSIBLE TOURISM

FULLY ADAPTED APARTMENTS

If you're a wheelchair user and are looking for adapted accommodation in the city, but perhaps prefer a self-catering arrangement to a hotel, Barcelona Disability has a building with 32 one- and two-bedroom apartments specially designed for disabled or dependent visitors. Among the features available, you'll find floor-level showers with safety bars, hoist cranes and communication systems for requesting help. Communal spaces include a gym with physiotherapist, a therapeutic, adapted pool and a restaurant-café.

Via Augusta, 269-273 (Gràcia)

0 93 252 32 00

www.barcelonadisability.org

TRAVEL SERVICES

To get the most out of your trip to the city, check out these two websites dedicated to encouraging inclusive tourism in Barcelona, particularly for those with reduced mobility. They can organise transportation, accommodation, tour guides, services like a personal shopper and electric mobility buggies, as well as leisure activities such as scuba diving, hot-air ballooning and tours around the city. Health services are also on offer, including nursing and medical care, chiropody and orthopaedics.

Barcelona Special Traveler

0931838777

www.barcelonaspecialtraveler.com

Barcelona Zero Limits

0938640275

www.barcelonazerolimits.com

VISITS AND TOURS

There's so much to see in Barcelona, it can be hard to know where to begin. A great place to work out what you really can't miss is this website from Turisme de Barcelona with extensive information on accessible ways to visit the city. From museums adapted for the blind and partially sighted to tours that offer sign language and accessible beaches, it provides a wide range of suggestions to help you get the most out of the city. www.barcelona-access.cat

OUTSIDE THE CITY

Perhaps you're a regular visitor to Barcelona and feel like discovering more of Catalonia. Or you simply want to enjoy your stay to the max and see as much as



you can. The region has much to offer, and accessible tourism is available beyond the city limits. The official Catalan Tourism Board has put together a website (whose name translates as 'Tourism for everybody') with information about the many inclusive activities and excursions you can do. Want to head to the beach? Check out their guide to those with adapted facilities. Fancy trying local wine? Enotourism in nearby Penedès has been designed to give everyone the chance to enjoy it. Culture, sport and wellness – you'll find it all. www.turismeperatothom.com

BARCELONA BUS TURÍSTIC

The light blue, red and white buses that criss-cross the city are an all-too-familiar sight these days. With their extensive routes taking in the main Barcelona landmarks and more besides, it's no surprise that at the height of summer, the queues to get on board seem endless. The buses themselves are adapted for wheelchairs, with access to the lower deck, and for those with hearing problems, while also offering services such as free WiFi and a book of discount vouchers worth over €200.



GREEN BEDS

Complete your ecological experience in Barcelona by staying in 'green' accommodation, the hotels, hostels and apartments that are making the effort to neutralise their enivronmental impact on the city. For those with the budget, the 4-star Hotel Barcelona Princess (Av. Diagonal, 1), and 5-star Meliá Sarrià (Av. de Sarrià, 50) and Fairmont Hotel Rey Juan Carlos I (Av. Diagonal, 661) are all holders of international certifications regarding their energy usage and policies regarding responsible tourism. Two of Barcelona's hostels are making their accommodations more sustainable, while also undertaking social-improvement projects. Twentytú (Pamplona, 114) was the first hostel in the world to receive the Biosphere Responsible Tourism certificate. While Twentytú is at the heart of Barcelona's 22@ technological district, INOUT Hostel is found in a completely natural setting in Collserola park (Major del Rectoret, 2). It uses recycled furniture and is the first hostel in Europe to have a staff almost entirely made up of people with disabilities. The Yök Casa + Cultura apartments (Trafalgar, 39) feature recycled materials and sustainable design. Finally, the Hotel Alimara (Berruguete, 126) works with Unicef. food banks and Nutrition without Borders, so it won't be just you benefiting from the stay.





FOREVER 21 HOLLISTER LEFTIES...







SUN'S UP

Make the most of your whole weekend with these daytime activities. Evenings are for wimps!

By Montse Virgili

MORNING = PARTY

Two websites have revolutionised mornings in Barcelona. Under the heading, 'Not everything good happens at night' ('No tot el que és bó passa de nit'), ventubcn.es organises parties that start with a vermouth, followed by a live show at a club like Apolo or BARTS, and ending up in more or less any place you can think of; the venues change regularly, making VenTú! ideal for an alternative exploration of the city. The other website that's essential for starting the day with more energy than a docker is Morning Gloryville. This 'before party' (which is staged in cities around the world) offers non-stop dancing and (sober) raving, DJ sets,

breakfasts, yoga and massages. If you have kids, feel free to bring them along, but consider packing a set of quality headphones for them to wear. ventuben.es

morninggloryville.com/city/barcelona

WHEN YOU WANT TO TAKE A BREAK FROM THE SUN

Are you someone who likes to swim against the tide? Barcelona has various cinemas where you can watch a film in the middle of the day. Check out the listings at Icaria Yelmo, Maldà, Texas, Phenomena and Verdi HD (all their current screenings are available at www. timeout.com/barcelona). They regularly

fire up the projectors around noon, which means you can have breakfast then head to the cinema for around 11.30am and indulge in a daytime big-screen session. And why not? Don't forget to take your shades – you'll need them when you come blinking out into the early afternoon sun.

LEARN TO MAKE YOUR OWN CAFFEINE KICK

At the coffee tastings organised by **Nomad**, you won't find George Clooney, but the drinks you'll try will make you sigh even more than Amal Alamuddin's husband. In this laboratory and café they have beans from several countries that they'll roast right in front of you to get the session started. Next you'll learn the techniques for preparing a perfect coffee that go far beyond stuffing a capsule into a machine: discover how to make the perfect espresso, filter coffee or latte for getting going each morning.

Nomad Coffee (Ptge. de Sert, 12) **3** 628 566 235

nomadcoffee.es

ULTRA-HIP MUSIC

Ultra-local Records, a record store in Poblenou, is an icon among Catalan entrepreneurs. It was three years ago, among the old factories, car workshops and coworking spaces, that Raül Chamorro opened his shop. He flew in the face of stereotypes about 'the crisis' and entrenched local thinking that it's basically mad to set up such a shop far from the traditional heart of Barcelona's record store business, in C/Tallers. Despite all the prognostics, Ultra-local has been a hit, and earned itself a loyal customer base. Most weekends they host live music, DJ sets and festivals, some of which start at 1pm, or even earlier. Find out what's going on via their website or Facebook page.

Ultra-local Records (Pujades, 113)

www.ultralocalrecords.com





VERMOUTH AND SWING

On Saturday 7,
from noon to 2pm,
you can indulge
two pastimes at
Monopol: enjoy
an appetizer and
dance your little
heart out. The
events are organised by the dance
school Swing
Maniacs.
Monopol (Rambla
del Poblenou, 74.
T. 93 485 46 00)



WAKEY WAKEY!



Forget the lie-in – we're off to the market

PALO ALTO MARKET

Known to many older Barcelona residents as the home of the design studio Mariscal (the creators of the friendly Cobi mascot for the 1992 Olympic Games), in the past couple of years, the city's hip young things have come to love Palo Alto as the venue for a stylish monthly market. As well as street food and live music, you'll also find numerous stands selling all manner of must-have clothes, homewares and artworks. Saturday 7 and Sunday 8, 11am-9pm. €3, free for under-12s. Pellaires, 30 (Poblenou) www.paloaltomarket.com

ON THE GARAGE

This regular weekend market takes place at different venues around the city, including Ovella Negra (Zamora, 78), Plaça de la Sagrada Família, and Parc del Clot (Escultors Claperos, s/n). A full day of browsing and buying awaits, with a range of stalls

selling clothes and second-hand items at knock-down prices. www.facebook.com/onthegarage

FLEA MARKET

The folk behind one of Barcelona's longest-running second-hand markets are experts at organising these events. They've been going for eight years, and last November managed to stage five markets in one month. Generally, though, they do their thing two Sundays each month in the Raval – as Sunday 1 is officially a public holiday, this month's markets take place on Sunday 8 (Plaça Blanquerna, 10am-7pm) and 15 (Plaça Salvador Seguí, 10am-8pm).

MERCAT DE SANT ANTONI

It's a Barcelona classic – the Sunday morning second-hand book market on the site that is a fresh food market the rest of the week.

Currently housed in a temporary canopy while the historic modernista building is restored, you'll find bargains and old editions at the many stalls, and you can also watch collectors exchanging stickers.

Comte d'Urgell, 1 (Sant Antoni)



HEAD TO A HOTEL

No, they're not just for sleeping. This is clear thanks to hotels like the Barceló Raval, where, every Sunday from noon, they host a decadent chill-out session with a buffet brunch, 360-degree city views from the 11th-floor rooftop, and live DJ sessions. Alternatively, if you prefer something for the afternoon, possibly an elegant break from your shopping and sightseeing, head to the bar at the **Majestic Hotel & Spa** any day between 4pm and 7pm to enjoy the Fashion Tea. Inaugurated last year, the afternoon tea has a French vibe, based as it is around eclairs, champagne and la mode. There are two options on offer: eclair + hot drink + home-made fruit cake (€16); or a glass of Ruinart champagne + savoury eclair + sweet eclair + home-made fruit cake + hot drink (€31).

Barceló Raval (Rambla del Raval, 17-21)

www.barcelo.com/raval

Majestic Hotel & Spa (Pg. de Gràcia, 68-70)

www.hotelmajestic.es

ELECTRO OCTOPUS

Take a close look at **Arume** in the Raval and you'll spot the tentacles of an octopus peeking out of a window, like something out of a Jules Verne novel. The restaurant won a Tapa of the Year award in 2015 for its Galician-style

octopus with red pepper, garlic mayonnaise, lime, potato and seaweed foam – ever since, the cephalopod mollusc, which is a traditional dish in Galicia, has been its star dish. Once a month Arume hosts La Pulpada Electrónica (pulpo is Spanish for octopus), which, from 1pm to 4pm, mixes electronic music with gourmet octopus. Keep an eye on the Pulpada Electrónica Facebook page for details of the next event.

Arume (Botella, 11) 0 93 315 48 72 arumerestaurant.com

APRONS ON

There can be few better ways of getting the most out of your day than by learning something new – so why not sign up for a cooking course while you're here, and learn how to make some local specialities. Cook&Taste have been organising cookery workshops for 11 vears, and offer various sessions in which visitors and locals can master four or five classic recipes: these always include paella and other local dishes such as escalivada (grilled vegetable salad) or brandada de bacalao (a creamy salt cod purée). They offer daily classes at 11am, with the option of including a visit to La Boqueria market, and again at 5pm if you really can't make it to the morning session.

www.cookandtaste.net



BRUNCH!

At Malpaso every
Saturday and
Sunday, from 11am
to 2pm, you can
eat as many dishes
as you want from
among the bagels,
pancakes, enchiladas, eggs, fruit and
more plus one drink
for just €10.
Malpaso
(Girona, 59.

T. 93 461 30 60)



WAKEY WAKEY!

Vermouth hour: a BCN must-do

JONNY ALDANA

Everything they do is great at this multicolour bar close to Av. Paral·lel. Examples? They serve the best vegan tapas in the world, and every other Sunday host a Brazilian party from 1pm. Will yours be a vermouth or a caipirinha? Aldana, 9 (Sant Antoni) • 93 174 20 83 www.facebook.com/jonnyaldanabar

GRAN BODEGA SALTÓ

If those magical walls could talk, they'd have a thousand tales to tell. At the end of last year, Saltó reintroduced its musical vermouth sessions after a long break. Head down any Sunday, and most Saturdays, to enjoy acoustic sessions in their uniquely kitsch surroundings. Blesa, 36 (Poble-sec)

9 3 441 37 09
bodegasalto.net

CERVESERIA CLANDESTINA

We're not sure which of the following they like more at this bar in the shadow of the Sagrada Família: craft beer, vermouth or rock 'n' roll. But then, it scarcely matters – every Sunday, they worship all three. Còrsega, 611 (Sagrada Família) **Q** 93 530 72 77 www.facebook.com/
LaCerveseriaClandestina





DO YOU KNOW
OF A JAPANESE
RESTAURANT THAT
DOESN'T COST AN
ARM AND A LEG?

WHERE DO THEY MAKE THE BEST BURGERS IN THE CITY?

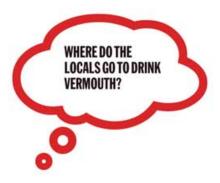


ARE THERE ANY OPEN-AIR FAIRS OR FESTIVALS?

CAN YOU RECOMMEND THINGS TO DO WITH THE KIDS?

If you're coming to Barcelona, you'll find all this information and more at WWW.TIMEOUT.COM/BARCELONA

ALSO IN SPANISH AND CATALAN



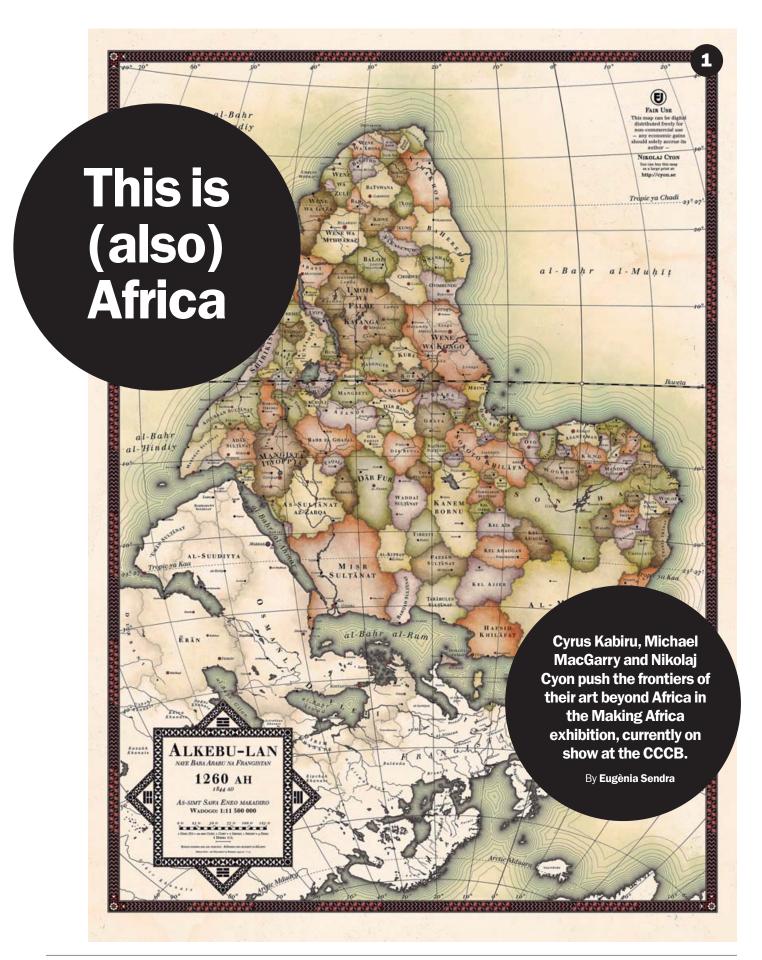












Cyrus Kabiru is the artist hidden behind the spectacle frames with their fantastical assemblages, made from scrap metal collected on the streets of Nairobi - they're known as C-Stunners (2). 'The C is for Cyrus, plus stunners, because they're stunning,' he tells me in the gardens of Hangar, Barcelona's centre for art research and production, where he is in residence. His collection has travelled halfway round the world, from the Milan design fair to the Armory Show in New York, and his Afrofuturist masks have become sought-after artworks. 'I never thought my art would sell,' Kabiru confesses. 'My uncle bought my first artwork, a painting, and he hid from me after that because he thought he'd paid too little for it.'

THE END OF BOOKS

Out of conviction, he has never abandoned hands-on artisanal techniques, the toymaker's skill that gives a second life to abandoned materials, because he believes this is 'the way to save nature'. But Kabiru also salvages the stories of objects that will one day be archaeology, which is why he has filmed the end of Akala shoes and Black Mamba bicycles - and why he's making The End of Books at the Fundació Tàpies's library - a video piece he'll be presenting at the next Loop Festival. 'What will become of libraries without books? I don't like to play the messenger with my works, but I do like to shake things up, help people see what's happening.'

Kabiru defends the idea of the global artist: 'I am an artist from Africa, not an African artist.' This is one of the ideas behind Making Africa, an exhibition produced by the Vitra Design Museum and the Guggenheim Museum Bilbao, which focuses on creativity and contemporary design as driving forces of change on a complex continent that is being transformed by digital technology and the African diaspora. The show, which emerged from collaborative research with creators within and outside Africa, brings together the work of photographers, designers and artists such as Kabiru, Malick

Sidibé, Ikire Jones, Bodys Isek
Kingelez, Omar Victor Diop and
Mikhael Subotzky (5). It also
includes the work of Michael
MacGarry, the maker of Excuse me,
while I disappear (3), a short film
that travels through Kilamba Kiaxi,
a ghost town in Angola built by

Common nature
gaini
chea
which
besig
(4) is

Chinese investors, where no one

conceptions of what Africa means

as an entity,' says the artist from

Johannesburg, who is known for

can afford to live. 'My work

revolves around different

his sculptures of AK-47s.

MacGarry highlights the situation of artists in South Africa: lacking state support, and faced by the proliferation of

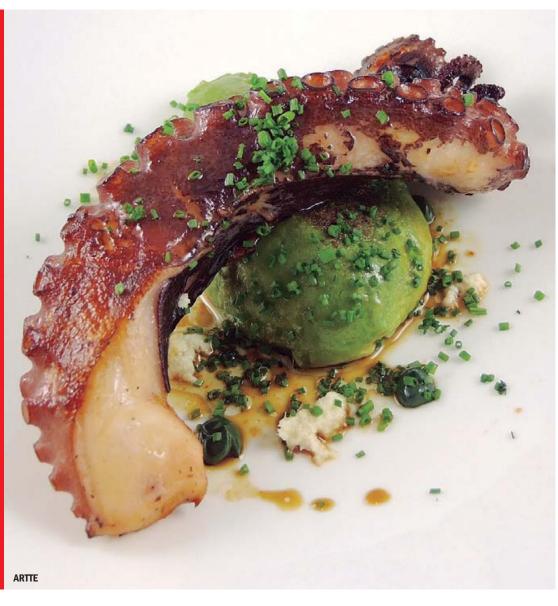
commercial work of an abstract nature, performance works are gaining ground – because they're cheap to put on – and also design, which 'arises out of necessity, to solve practical problems', he says. Design studio Dokter and Misses (4) is also represented in the show.

NEW MAPS

'There's a utopian idea of the continent as a zone of opportunity, but Africa doesn't really exist except as a geographical concept,' MacGarry says. 'Africa is still a

project in the making, hence the title of the exhibition.' His theses connect with the work of Swedish artist Nikolaj Cyon, who, inspired by histories of African kings, novels about the African invasion of Norway, and the bemusement he feels about borders drawn with rulers, created an alternative map of the continent, based on history, natural geographical boundaries and linguistics (1). 'I try to be scientific and, as a white person, I think it's important to distinguish between appropriation and cultural investigation,' he says. Cyon is now working on a map of Europe as if it were invaded by Africa.

Making Africa is at the CCCB until Aug 28.



The revival and reinvention of the classic Galician octopus dish 'polbo á feira' has given rise to some delicious new dishes.

By **Laura Conde** Photographs **Iván Moreno** Barcelona writer Quim Monzó says that one of the words that makes him most nervous is reinvention. However, it's the only way to describe what's happening to a dish that used to be served up on round wooden platters in Galician bars and restaurants but is now an essential fixture on any self-respecting creative menu.

#01

UNDERGROUND 'MAR I MUNTANYA'

The octopus at La Mundana is a contemporary take on the classic Catalan theme of mar i muntanya, seafood and meat, and is a fantastic dish, an ode to creative cooking properly understood, which sums up the spirit of one of our favourite restaurants. Alain Guiard, the chef behind it, slow-

cooks the octopus all night long, then pops it on the barbecue before serving it accompanied by a sliver of Iberian bacon and red pepper. There's more: seaweed, saffron aioli and crispy rice on toast complete a dish that is presented with mustard leaves and a drizzle of lobster oil.

La Mundana

Vallespir, 93 (Sants) • 93 408 80 23

#02

POP + SUPERFOOD: A MATCH MADE IN HEAVEN

If there's one ingredient that's all the rage at the moment, especially with the rise of health-conscious restaurant dining and green juices, it's avocado. We've seen it in all kinds of combinations, and now it accompanies barbecued octopus

with seaweed, aji sauce, bean sprouts, spicy radish and a spirulina emulsion. It's a recipe that reflects the commitment to superfoods that is the USP of Artte, a spacious eatery with a contemporary aesthetic that functions as a teahouse, art space and a healthy-eating restaurant.

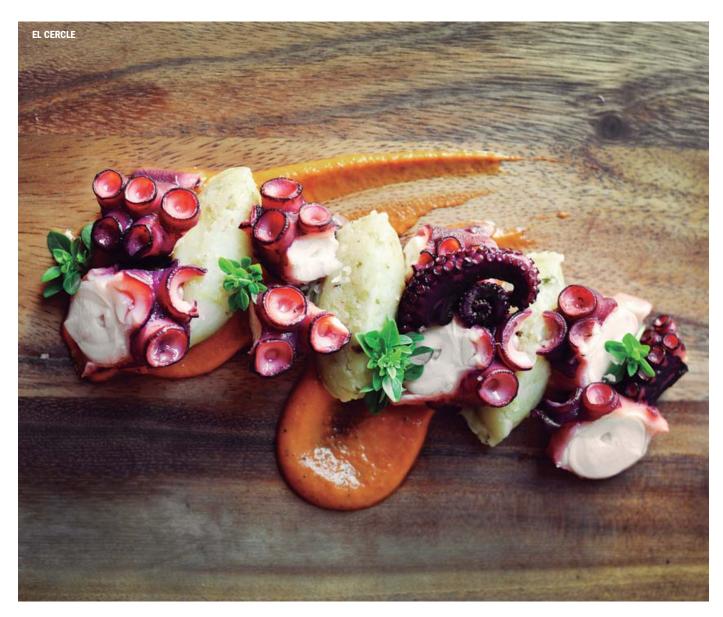
Artte

Muntaner, 83 (Eixample Dret)
3 454 90 48

#03

GALICIA TO THE CANARIES

The secret of the octopus at El Cercle, the stately and distinguished restaurant located inside the Reial Cercle Artístic, is its tenderness, the result of sous vide cooking without water. It's served with *trinxat de la Cerdanya*, the Pyrenean version of bubble and



squeak, with a well-judged hint of basil and olive oil, and mojo picón, the classic Canary Islands sauce, a combo that proves once again that the Atlantic–Mediterranean pairing works like a dream and that the versatility of octopus knows no limits. If you get the chance to sit at one of the tables on the magnificent terrace on Portal d'Angel, you'll enjoy it even more.

El Cercle

Arcs, 5 (Gòtic) 0 93 624 48 10

#04

TROPICAL TENTACLES

There is (gastronomic) life on the immense and uncharismatic Plaça Espanya. At Filigrana, in the Catalonia Barcelona Plaza Hotel, you can fill your boots with their seasonal Mediterranean grill. Their slow-cooked octopus, finished over charcoal and served with crunchy Iberian ham and mango, also charcoalgrilled, is notable for its tenderness and exceptional flavour. Don't miss their rice dishes either. Chef Paco Hernández has worked at Brasserie Flo and is a dab hand with a Josper oven.

Filigrana

PI. d'Espanya, 6-8 (Eixample Esquerre)

0 93 426 26 00

#05

PRIZE-WINNING OCTOPUS

BCN's ultimate 21st-century Galician restaurant is called Arume, it's in the Raval, and it serves outrageously good octopus that won a Tapa of the Year award in 2015. What makes their octopus different is that it's cooked without water, in its own juice, so it doesn't lose an iota of flavour. It's then fried in sunflower oil, dipped in chickpea flour and served on a potato and Codium seaweed foam and a mayonnaise made with allada, a sauce made with red pepper, typical of Galician seafood dishes. And as a finishing touch, a hint of lime peel. For an added bit of spice, know that the multifaceted writer and gourmet Manuel Vázquez Montalbán was born in this very building!

Arume

Botella, 11-13 (Raval) **3** 93 315 48 72

#06

GALICIAN-STYLE OCTOPUS 2.0

This restaurant in L'Hospitalet

is one of those snippets of good news that Barcelona sometimes offers up, a place that proves that the city's outlying districts are buzzing, thanks, in this case, to the culinary wizard Pablo Carrizo, a chef who has clocked up stints at El Bulli and El Celler de Can Roca, among other restaurants. At This & That you'll find delicious and creative tapas, and one of the hits is a delicate, aesthetically pleasing dish of griddled octopus (that has previously been boiled Galicanstyle, by first dipping the tentacles in the water three times) served with a creamy potato purée and kimchi sauce.

This & That

Amadeu Torner, 41 (l'Hospitalet de Llobregat)

0 93 337 22 77

Edited by

esendra@timeout.cat





A personal dressing room

Three years ago, Laura López and Mercedes Valdi created the Colm clothing range. On the back of its success they've just opened their own boutique. By **Laia Beltran**

Teamwork can create either tension or chemistry. With Laura López and Mercedes Valdi, it was the second. Indeed, they worked so well together that they decided to leave the textile company where they'd met and start their own joint (ad)venture. The two women had experience, an excellent feel for understanding the demands of the market (their pieces were always among the bestsellers of whichever multinational they designed for), and, in particular, a desire to experiment with more ethical fashion. Using this philosophy, they founded Colm, a range of clothes for women that's

designed and produced here in Barcelona.

Over the past three years, Colm has grown to such an extent that López and Valdi decided to open an eponymous shop in Sant Gervasi. It's a pretty, delicate space with bohemian and French touches, and which could be someone's personal dressing room. It might be the antique wardrobe, or the fresh flowers, or something else entirely that makes Colm such a feast for the eyes. The clothes also give off a serene essence, thanks to relaxed silhouettes, quality materials, the use of varied textures, and unexpected details.

In their spring collection, standout items include long silk dresses and safari jackets that are a nod to the 1970s, printed blouses adorned with fringes, and tops that are the colour of rose quartz.

Reinventing the basics

Clearly, the pair don't ignore the latest trends. But they also like to design timeless, versatile pieces – which is why each season they reinvent their own basics, such as an elegant trouser suit, a little black dress (this season their LBD is adorned with gold buttons), and an essential stripy Breton top. Among star creations that consistently appear in their

collections are exceptional leather jackets, high-waisted and boyfriend-style jeans, and dungarees.

If you take a trip to Colm, you might well find yourself leaving with a whole new outfit under your arm, as López and Valdi have brought in various accessory ranges – lines such as leather bags from My Little Diary, the sharp heels of Más 34, and vintage-style costume jewellery created by Simoon (take a look at the gorgeous long earrings).

COLM

Avenir, 58 (Sant Gervasi). www.colmstyle.com

You inspire us

Catalina Raceu always wanted to design hats. Fate intervened to make her wish come true. By **Laia Beltran**

Willpower can move mountains. That's something that Catalina Raceu knows only too well, after she doggedly spent months persuading an expert hat maker in Constanța - her home city, on the shores of the Black Sea - to let her do an internship in his workshop. At that time, this young Romanian worked in a bank, but her passion for hats eventually won out. A holiday in Madrid changed her life - she fell in love with a Catalan and, shortly afterwards, moved to the Garraf area, just down the coast from Barcelona. She left finance behind and fulfilled a dream by training as a hat designer. 'Jovial, fresh, full of colour and with lots of personality' - that's how she talks about Raceu Atelier, her headwear label. The summer collections - with hats for both women and men - are always made by small artisanal workshops in Ecuador. 'I know that's where they make the best panamas in the world,' she says.

www.raceuhats.com

GET THE LOOK!

DENIM LOVER

Her jacket is a design by her sister (a fashion student), the skirt is Replay and the shirt from Mónica Lendinez.

HEAD-AND-TOE STYLE

The bicolour hat is from her Raceu Atelier, while the trainers are Adidas Superstar.

Leading the way



Tomate opened 15 years ago, when C/ dels Banys Nous looked somewhat different from today and the shops were starting to feature young designers and small labels. Located in the premises of an old coal shop, Tomate was one of the first to follow this formula – the decision to opt for timeless, well-made and reasonably priced clothes has seen them win a faithful clientele.

Among their range of local brands, highlights include BIU by Bartomeu i Uribe, with natural and flattering pieces; the unisex trousers of Biljana Camilloni; T-shirts from Maestro and Margarita, adorned with powerful prints; and feminine dresses from the Valencia company Amarillo Limón. They also stock Scandinavian labels such as Desires, Solid, Blend and Rains the bestseller of the latter are the sleek rucksacks. At Tomate they want to offer a complete range of sartorial options, and that means a full complement of accessories (such as belts and underwear, bags that include those made by Babau which have an interior light, and the leather products made by Kiniria). They also have clothing for kids with specially sourced collections from the likes of El Hombre Sapo. -E.S.

TOMATE

Banys Nous, 22 (Barri Gòtic).



1,001 HATS

In Sitges, she runs Raceu Hats

(Major, 47), which stocks a range

of labels. Her studio is in the same space, and it's where she creates

her collections and bespoke pieces.

Shopping list

Bold colours, nourishing oils and straw hats... seasonal essentials from top to bottom. By **Eugènia Sendra**



THE GLASSES

ETNIA BARCELONA

The latest sunglasses from Etnia are inspired by local creatives, come in diverse colours and take their names from local streets, such as the Boqueria (€170).

Santa Eulàlia: Pg. de Gràcia, 93.



THE OIL

HENNA MORENA

This Barcelona brand reinterprets traditional botanical preparations: its classic almond oil and henna flower nourishes skin and hair (€28.70). Esparteria, 12.



THE HAT

NINA PAWLOWSKY FOR MISUI

This straw and silk gem honours Elsa Schiaparelli and is the work of Pawlowsky, milliner and co-founder of Barcelona's Hat Parade (€575). Av. Diagonal, 482.



THE SHOES

OCTAEVO BY MAIANS

From a collaboration between stationery line Octaevo and shoe company Maians comes this very Mediterranean unisex shoe, with echoes of the Memphis Group (€95). Camino: Princesa, 49

SALE SAMPLES

SINGULAR BAGS

When it comes to their products, Catalan company Hagamús invest as much effort in the shape as the material. They create original bags designed and produced in local towns using offcuts of material. They've been expanding their range and now, as well as rucksacks, they make clutches and shopping bags. Ozz: Banys Vells, 10

EMBROIDERED SNEAKERS

Urban clothing company Miss Kleckley and illustrator Rul Bayo have launched a limited-edition sweatshirt (in versions for men and women) that pays homage to the Air Max trainer,

designed by Tinker Hatfield in 1987 after visiting the Centre Pompidou in Paris. The top features the AM97 embroidered in neon colours (40). Miss Kleckley: Robí. 26.

EYES IN FASHION

Uniqbrow is in celebratory mood. The 100 percent made-in-Barcelona brand that creates glasses you can personalise has just opened its own shop in the Born neighbourhood (Argenteria, 45) and started expanding abroad. Head down there to create your unique pair with high-quality, light lenses and interchangeable frames. uniqbrow.com

SHOE UP FOR SUMMER

With a new range inspired by the Bolivian Siloli desert, Spanish shoemakers Naguisa

have once more taken the essence of the espadrille and embellished it with new designs. Colours include navy, mustard and, naturally, sand, with styles such as lace-ups, wedges and strappy sandals. Pellaires. 30. –L.B./E.S.

Move or die

MUSCLE SUPPORT

H&M designs extra-firm, fast-drying and tight-fitting

leggings for men. 39.99. La Rambla, 131

Chic leggings, absorbent tops and comfy trainers – get just the right outfit to keep on running. By **Eugènia Sendra**

For more trainers jog to Limited Editions (C/ del Duc, 8) and Ashi Running (Muntaner, 126)

WELL-FORMED LEGS UPPER HALF FLYING FEET RUN WITH THE WIND ADVANCED LEVEL A floral print and reflective logo make these Desigual Nike is still perfecting its iconic pieces: this one uses Asics make this light, seamless shoe that has leggings stand out. 65.95. Arcs, 10 breathable material. 185. Pg. de Gràcia, 29 a stable sole for pros. 120. Av. Diagonal, 543 **DOUBLE UP SEE AND BE SEEN HYPERBOLIC STEPS** These layered Mango shorts are ideal for running The lightness is a plus of Salomon's neon top. Rihanna's Adidas shoes are over-the-top, in warm weather. 22.99. Rambla Catalunya, 90 150. Benito Sport: Rambla Catalunya, 81 sporty and striking. 190. Odd: Mallorca, 279

DESIGNER SPORT

Stella McCartney's line for Adidas means

staying stylish while exercising. 70. Avinyó, 6

COVER THE GROUND

Saucony's Jazz trainers are all-terrain

classics. 99.95. Bikila: Pujades, 7

Things to Do

Archaeology of the image

La Virreina's latest exhibition covers some 150 years of Barcelona's history in photos. By **Maria Junyent**

The history of photography is also the history of the power to sway public opinion, depending on who is holding the camera and what image they want to show to the world. The institutions behind Barcelona's Universal Forum of Cultures in 2004 wanted to show a very different image to the one captured by Iván Bercedo and Jorge Mestre, in a monograph published in *Quaderns*, the magazine of the Architects' Association of Catalonia.

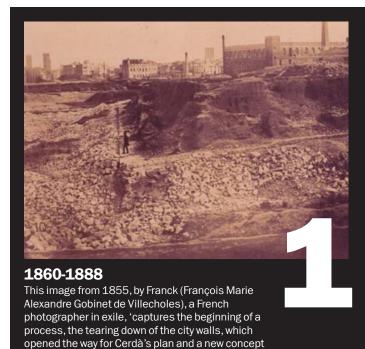
The history of photography is also the history of power to sway public opinion

Barcelona - The Metropolis in the Era of Photography, an exhibition curated by Jorge Ribalta, looks back over the history of the city's modern urban development. beginning with the tearing down of its medieval walls in the mid-1800s and Ildefons Cerdà's plan to create a gridwork of streets and grand avenues – what we know today as the Eixample - that coincided with the arrival of photography in Barcelona, brought by foreign journalists. The show continues until 2004, the year of the Universal Forum, the most recent event to affect the city's urban fabric on a large scale. It draws on almost a thousand documents - especially photographs, but also postcards,

magazines and brochures; most come from Catalan collections, while the rest of Spain, Paris, New York, public institutions and private collections are also represented. A century and a half of history is spread over 18 rooms, and structured around six key periods.

The first encompasses the years between the approval of Cerdà's plan and the Universal Exposition of 1888, as well as the first photographic catalogues of the city's most emblematic sites. The second period, up to 1929, saw the rise of illustrated newspapers and magazines around the turn of the century, and takes in the opening up of Via Laietana through the old city, the emergence of modernisme as an architectural style, and the construction, through photography, of an image of Barcelona as a great city - one that was reduced to rubble during the Civil War in the 1930s, the third era into which the exhibition is divided. The fourth period extends from the new avant-garde photography of the 1940s to the new journalism that emerged during Spain's transition to democracy in the late 1970s, in contrast to the grim reality of the city under Franco. The fifth period continues up to the 1992 Olympics and describes the origin of the new topographic documentary style, which coincided with the city's recovery, the rise of neighbourhood associations and the revival of democratic institutions. The show concludes by taking us from the 1992 Olympics to the Forum.

Barcelona. La metròpoli... is at La Virreina until Jun 26.



of inclusive urban planning,' explains curator Jorge

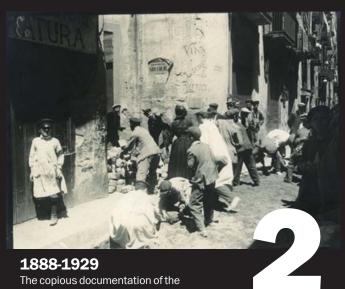
Ribalta. This is how the story begins.

4

1940-1970

A boy looks out over the city's sprawling outskirts in Santa Coloma, 1970. In this image, Joan Guerrero. one of the country's great social photographers, 'brings together the emergence of the working classes as a social force, the democratisation of the city and of photography,' says Ribalta. This is the exhibition's central image.





The copious documentation of the anti-clerical violence during the 'Week of Tragedy' in 1909 symbolically marks the emergence of photojournalism in Barcelona. Frederic Ballell, part of the city's first generation of photojournalists, captured this image, which stands in stark contrast to the new modern city represented by Via Laietana.



forces that was widely reproduced in the

pro-Republican international press.

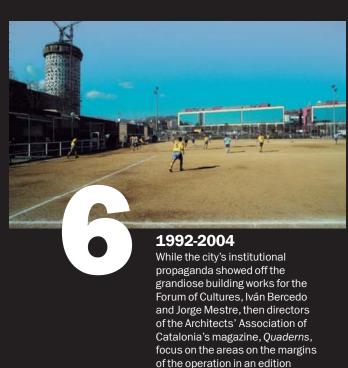


the exhibition, this image represents the

way punk culture emerged as one of the

re-establishment of democracy in Spain.

few outlets for dissidence after the



critical of the Forum project.

Things to Do

Day by day

► Information and sales: Tourist Information Points and www.visitbarcelona.com

FREE This activity is free

* The dates of league matches may be moved forward or back one day, depending on TV broadcast schedules

Sunday 1

Open air

Tibidabo theme park

Enjoy fun activities for all ages at Barcelona's historic theme park. (Pl. Tibidabo, 3-4). Funicular del Tlbidabo (Pl. Doctor Andreu). FGC: Av. Tibidabo + Tramvia Blau or bus 196. Sat, Sun noon-9pm. €28.50 (under-120cm, €10.50).

▶ Barcelona Urban Forest

Zip wires, trampolines and bungees for high-adrenaline fun. (Pl. del Fòrum, s/n). M: El Maresme/Fòrum (L4). Weekends, public hols 10am-8pm. Closed May 23-Jun 8. €8-€19 (depending on circuit & age).

Family

Clown festival at La Pedrera

Learn all about clowns and clowning at this family event with peformers and workshops.

La Pedrera (Pg. de Gràcia, 92). M: Diagonal (L3, L5); FGC: Provença.

11am-7pm. €9. lapedrera.com

A tea with mint

Musicians from the Maghreb reflect on the influence Arab music has had on the Iberian peninsula. CaixaForum (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1,L3; FGC). Sat 5.30pm, Sun noon. €6. For over-fives.

Festivals

D'A – Barcelona International Festival of Auteur Cinema

Final day of wide-ranging festival that includes films from around the globe

and local productions.

Various venues. €7.50; five-ticket pass €30 (selected venues only).

More info: www.cinemadautor.cat

Football

► * League fixture. RCD Espanyol - Sevilla FC

Espanyol face the team from the south of Spain. Date & time TBC. Estadi Cornellà–El Prat (Av. del Baix Llobregat, 100. Cornellà de Llobregat). FGC: Cornellà. www. rcdespanyol.com

Traditions

FREE Sardanes

Catalonia's national dance performed in front of the cathedral. (Pla de la Seu). M: Jaume I (L4). Sat 6pm; Sun 11.15am

Tours

► Torre Bellesguard Gaudí

Tours of Gaudí's modernista castle on the slopes of Tibidabo. (Bellesguard, 6-9). M: Av. Tibidabo (FGC). Visit with audio guide: Tue-Sun 10am-3pm. €9. Reduced: €7.20. Guided tour: Sat noon (Spanish); Sat, Sun 11am (English). €16. €12.80 (reduced).

FREE Sant Pau, Art Nouveau site + Sardanes

Monthly open day at the historical site, which today includes a performance of Catalan dance. (Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5). 10am-2.30pm. Sardanes from 11.30am.

FREE Guided tour of Poblenou Cemetery

Reconstruction of 100 years of history from the 19th century. (Av. Icària, s/n). M: Llacuna (L4). 1st Sun 10.30am (Catalan) & 12.30pm (Spanish). 3rd Sun 10.30am (Spanish) & 12.30pm (Catalan).

Monday 2

Spa

► Aire de Barcelona, Arab Baths Experience the old-age tradition of

bathing to care for body and mind. (Pg. de Picasso, 22). M: Barceloneta (L4), Jaume I (L4). T. 93 295 57 43. Mon-Fri: first entry 10am, last entry between 10pm and midnight; Sat, Sun and days before public hols: last entry between midnight and 2am.

Tours

Sant Pau, Art Nouveau site

Once a working hospital, this network of pavilions was designed by Lluís Domenech i Montaner. (Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5). Tours in various languages; consult for schedule. Mon-Fri 10am-1pm. Sat. Sun, public holidays 10.30am-1.30pm. €14. €9.80 (reduced).

► Santa Maria del Mar rooftop

Guided tours to the top of this historic church for great city views. (Plaça de Santa Maria, 1).
M: Jaume I (L4). Mon-Fri noon to 5.15pm. Sat, Sun, public hols 11am to 7pm. Tours various times and languages. €10. Reduced: €8.
Booking: www.riostabarcelona.com and tickets.visitbarcelona.com.

Tuesday 3

Family

Planetarium at CosmoCaixa

The dream of flying, from the Montgolfier brothers to the 747. (Isaac Newton, 26). FGC: Av. Tibidabo. Tue-Fri 5pm; Sat noon, 6pm; Sun noon, 2pm, 6pm. €4.

Human towers

▶ Castellers practice session

See local group of castellers rehearse, from districts of Sants or Gràcia, or the Barcelona city one.

Tue, Thu, Fri. €24.20; reduced €20.50. For info about availability and times: www.castellscat.cat.

Wednesday 4

Tours

▶ Basilica de Santa Maria del Pi

Visit the 14th-century Basilica of Santa Maria del Pi and its belltower.

(Pl. del Pi, 7). M: Liceu (L3). Mon-Sat 10am-6pm; Sun 4pm-7pm. €4. Reduced: €3.

► Palau de la Música

Tour this emblematic building of Catalan modernisme .(Palau de la Música, 4-6). M: Urquinaona (L1, L4). Daily tours 10am-3.30pm. €18. Reduced: €11.

Thursday 5

Tours

► Santa Maria del Mar rooftop

See Mon 2. (Plaça de Santa Maria, 1). M: Jaume I (L4).

► Gaudí's Pedrera. The Origins

Spectacular night-time event with rooftop video mapping, screenings and a glass of cava. (Provença, 261, entrance on Pg. de Gràcia). M: Diagonal (L3, L5). From May 2 9pm-11pm (ticket office opens at 8pm). €34. Reduced: €17.

Human towers

► Castellers practice session

See Tue 3. For info about availability and times: www.castellscat.cat.

Friday 6

Tours

► Secret Basilica del Pi

Evening visits to the 14th-century Basilica of Santa Maria del Pi. (Pl. del Pi, 7). M: Liceu (L3). Wed-Fri 9pm. Sat 9.30pm. €19 (general). €16 (in advance). Info and tickets: www.adsentiabarcelona.com or tickets. visitbarcelona.com.

► Torre Bellesguard Gaudí

See Sun 1. (Bellesguard, 6-9). M: Av. Tibidabo (FGC).

Saturday 7

Cinema

Festival Xcèntric: The enigma of photography

Three films reflect on photography's power to make the invisible visible. CCCB (Montalegre, 5). M: Universitat

Explore Colonia Güell

This modernista gem is just 20 minutes from Barcelona and was designed in part by Antoni Gaudí

onstruction of Colonia Güell began in 1890 on the initiative of entrepreneur Eusebio Güell, who aimed to improve the social conditions of his workers. Güell wanted the community to have cultural and religious facilities, and they were created with a modernista design by different architects, most notably Gaudí, to whom Güell entrusted the building of the church.

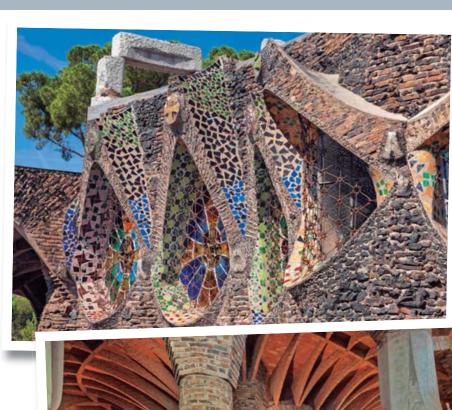
The path through the estate captivates visitors with its charm and tranquility – this vestige of the modernista era retains a palpable 19th-century atmosphere among its streets and buildings. Walk around to observe beautiful, singular buildings that feature many of modernisme's most archetypal characteristics such as the use of ceramic trencadis mosaics and materials like iron.

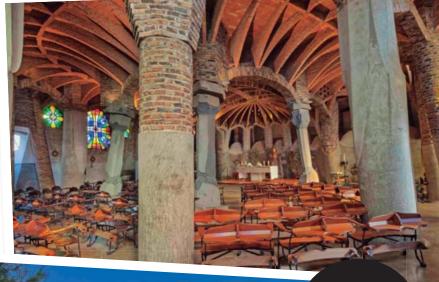
The church is of interest to Gaudí aficionados because it's where he brought together all his architectural innovations for the first time. As Gaudi said, had the church been finished, it would have been a 'monumental model of the Sagrada Família'.

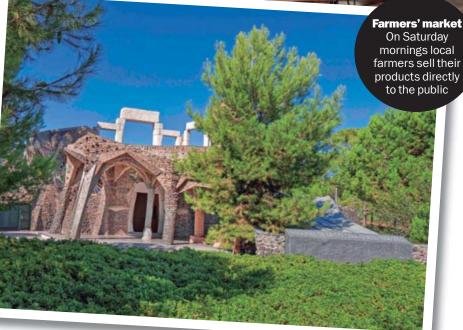
See the exhibition

Enjoy this global vision on what the estate was, how its people lived and the works of Gaudí. The ground floor is dedicated to the history of Catalonia's industrial colonies, and a video shows the daily life of Colonia Güell's workers. On the top floor is a reproduction of the model made by Gaudí to visualise the church's structure in three dimensions, a technique that was also used in the construction of the Sagrada Família.

Colonia Güell can be reached with the FGC train from Plaça Espanya to Colònia Güell station. www.gaudicoloniaguell.org







Things to Do

(L1, L2), Catalunya (L1,L3). 8pm.

Family

Bim Bom Children at the Palau

Music workshop and show for youngsters. (Palau de la Müsica, 4-6). M: Catalunya (L1,L3, FGC), Urqinaona (L1). 4.30pm, 6pm. Adults €14; children €6. For 12 years and under.

Sunday 8

Family

Zig-Zag Passets at the Palau

Sharing our feelings through musical games. (*Palau de la Müsica*, 4-6). *M*: Catalunya (L1,L3, FGC), Urqinaona (L1). 11am, 12.30pm, 4.30pm. Adults €14; children €6. For kids aged 1-2.

What a gong!

Learn about the gamelan, a traditional percussion group from south-east Asia. Museu de la Música (L'Auditori, Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 5.30pm. €3.50. For ages six and over.

Tours

FREE Guided tour of Montjuïc Cemetery

Barcelona's hillside graveyard is as much an art museum as a final resting-place. Cementiri de Montjuïc (Mare de Déu del Port, 56-58). M: Espanya (L1, L3; FGC). 2nd & 4th Sun 11am (Catalan) and 11.15am (Spanish).

Football

►* League fixture. FC Barcelona - RCD Espanyol

This year's penultimate league match is a local derby. Date and time TBC. For more info: fcbarcelona.cat. Camp Nou (Aristides Maillol, s/n). M: Les Corts (L3).

Monday 9

Spa

► Aire de Barcelona, Arab Baths

See Mon 2. (Pg. de Picasso, 22). M: Barceloneta (L4), Jaume I (L4).



Spanish F1 Grand Prix

The biggest weekend on the city's agenda for fans of loud engines arrives once more. With a challenging drive for the world's best drivers, it's no wonder Catalonia's circuit has now hosted this event for over 25 years. Circuit de Barcelona–Catalunya. May 13-15. www.circuitcat.com

Tours

► Palau de la Música

See Wed 4. (Palau de la Música, 4-6). M: Urquinaona (L1, L4).

Tuesday 10

Family

Planetarium at CosmoCaixa

See Tue 3. (Isaac Newton, 26). FGC: Av. Tibidabo.

Human towers

► Castellers practice session

See Tue 3. For info about availability and times: www.castellscat.cat.

Wednesday 11

Gastronomy traditions

FREE Sant Ponc

The traditional festival of herbs and candied fruit.

Ciutat Vella (C/ Hospital and Pl. del Padró). 9am-9pm. barcelona.cat

Tours

► Santa Maria del Mar rooftop

See Mon 2. (Plaça de Santa Maria, 1). M: Jaume I (L4).

Thursday 12

Literature

Kosmopolis: The world according to Irving

US writer John Irving chats about his latest novel. *CCCB (Montalegre, 5). M: Universitat (L1, L2), Catalunya (L1, L3). 7pm.*

Human towers

► Castellers practice session

See Tue 3. For info about availability and times: www.castellscat.cat.

Friday 13

Sports

Spanish F1 Grand Prix

See box on this page. Circuit Barcelona-Catalunya (Ctra. de

Granollers-Parets, 2km, Montmeló).

Open air

Visit PortAventura theme park

An hour south of Barcelona, this theme park has attractions, parades, eateries and shops. (Av. Alcalde Pere Molas. Km. 2. Vila Seca, Tarragona). Train (Renfe): Port Aventura. T. 902 20 22 20. Tickets: tickets. visitbarcelona.com or www.portaventura.es

Saturday 14

Tours

Dramatised visit to Casa Batlló

Enjoy a new way to explore this Gaudí beauty. (Pg. de Gràcia, 43). M: Pg. de Gràcia (L2, L3, L4). May 14, 21. 4pm in English, 6pm in Spanish. €35. Under-7s free.

Family

III Poble Espanyol Playmobil Fair

Tiny plastic people on show, with dioramas, activities and competitions. (Av. Francesc Ferrer i Guàrdia, 13). M: Espanya (L1,L3, FGC). May 14-15. 10am-8pm.

Sunday 15

Open air

► Tibidabo theme park

See Sun 1. (Pl. Tibidabo, 3-4). Funicular del Tibidabo (Pl. Doctor Andreu). FGC: Av. Tibidabo + Tramvia Blau or bus 196.

Football

► * League fixture. RCD Espanyol – SD Eibar

La Liga draws to a close. Date and time TBC. www.rcdespanyol.com. Estadi Cornellà - El Prat (Av. del Baix Llobregat, 100. Cornellà de Llobregat). FGC: Cornellà.

Tours

FREE Guided tour of Poblenou Cemetery

See Sun 1. (Av. Icària, s/n). M:

Things to Do

Llacuna (L4).

Monday 16

Spa

► Aire de Barcelona, Arab Baths

See Mon 2. (Pg. de Picasso, 22). M: Barceloneta (L4), Jaume I (L4).

Tours

Sant Pau, Art Nouveau Site

See Mon 2.

(Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5).

Tuesday 17

Family

Planetarium at CosmoCaixa

See Tue 3.

(Isaac Newton, 26). FGC: Av. Tibidabo.

Human towers

► Castellers practice session

See Tue 3. For info about availability and times: www.castellscat.cat.

Wednesday 18

Open air

PortAventura theme park

See Fri 13.

(Av. Alcalde Pere Molas. Km. 2. Vila Seca, Tarragona). Train (Renfe): Port Aventura.

Tours

FREE Museums Open Day

Celebrating the International Day of Museums. www.barcelona.cat

Thursday 19

Spa

► Aire de Barcelona, Arab Baths

See Mon 2.

(Pg. de Picasso, 22). M: Barceloneta (L4), Jaume I (L4).

Tours

► Gaudí's Pedrera. The Origins

See Thu 5.

(Provença, 261, entrance on Pg. de Gràcia). M: Diagonal (L3, L5).

Friday 20

Tours

► Torre Bellesguard Gaudí

See Sun 1.

(Bellesguard, 6-9). M: Av. Tibidabo (FGC).

Family

Planetarium at CosmoCaixa

See Tue 3. (Isaac Newton, 26). FGC: Av. Tibidabo.

Saturday 21

Family

A bridge of songs at L'Auditori

Children's choirs make a bridge between Catalan folk and jazz. (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 12.30pm. €10.

Tours

FREE Night of the Museums

See page 51. www.barcelona.

Sunday 22



Things to Do

Open-air

▶ Barcelona Urban Forest

See Sun 1.

(Pl. del Fòrum, s/n). M: El Maresme/ Fòrum (L4).

Tours

FREE Guided tour of Montjuïc Cemetery

See Sun 8. Cementiri de Montjuïc (Mare de Déu del Port, 56-58). M: Espanya (L1, L3; FGC).

Monday 23

Spa

► Aire de Barcelona, Arab **Baths**

See Mon 2. (Pg. de Picasso, 22). M: Barceloneta (L4), Jaume I (L4).

Tours

► Palau de la Música

See Wed 4. (Palau de la Música. 4-6). M: Urquinaona (L1, L4).

Tuesday 24

Human towers

► Castellers practice session

See Tue 3.

For info about availability and times: www.castellscat.cat.

Tours

► Sant Pau, Art Nouveau Site

See Mon 2. (Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5).

Wednesday 25

Open air

► Portavenura theme park

See Fri 13. (Av. Alcalde Pere Molas. Km. 2. Vila Seca, Tarragona). Train (Renfe): Port Aventura.

Thursday 26

Festival

Loop Festival 2016

International video art festival with exhibitions, conferences and activities across the city. Various venues. May 26-Jun 4. For info see: www.loop-barcelona.com

Loop Festival at Fundació Suñol

Video artworks by Arash Nassiri, produced by the Han Nefkens Foundation.

(Pg. de Gràcia, 98). M: Diagonal (L3, L5). May 26-Jun 4. fundaciosunol.

Tours

► Gaudí's Pedrera. The Origins

See Thu 5.

(Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5).

Friday 27

Tours

► Secret Basilica del Pi

See Fri 6.

(Pl. del Pi, 7). M: Liceu (L3).

Human towers

► Castellers practice session

See Tue 3.

For info about availability and times: www.castellscat.cat.

Saturday 28

Family

Puppets at the Liceu

Stravinsky's Firebird as performed by marionettes. (La Rambla, 51-59). M: Liceu (L3). May 28 noon; May 29 11am.

Sport

Great Tuna Race

Giant tuna are captured, tagged and released in an eco-friendly fishing contest.

Club Nàutic del Garraf (Escullera

de Ponent, s/n, Garraf-Sitges). May 28-29. www.greatunarace. org

Sunday 29

Traditions

FREE Sardanes

See Sun 1. (Pla de la Seu). M: Jaume I (L4). 11.15am.

Tours

► Palau de la Música

See Wed 4. (Palau de la Música, 4-6). M: Urquinaona (L1, L4).

Monday 30

Spa

► Aire de Barcelona, Arab **Baths**

See Mon 2. (Pg. de Picasso, 22). M: Barceloneta (L4), Jaume I (L4).

Tuesday 31

Human towers

▶ Castellers practice session

See Tue 3. For info about availability and times: www.castellscat.cat.

FESTIVAL TIME



BCN SPORTS FILM

With over 400 films from 40 countries. you'll find every imaginable sport at the 7th BCN Sports Film Festival - and most screenings are free.

May 3-7. www.bcnsportsfilm.org



BCN POETRY WEEK

BCN's biggest Catalan poetry festival fills emblematic venues all over the city - from museums to concert halls -

with readings and exhibitions. May 4-10. www.barcelona.cat



SALÓ DEL CÒMIC

Comic book writers, artists and publishers from all over the world, from industry giants to independents, converge on Montjuïc: nerd heaven. May 5-8. ficomic.com



PRIMERA PERSONA

A festival of stories told in the first person - and the urge to tell them - in writing, film and music, with perfomers including poet John Cooper Clark. May 6. www.cccb.org

Sights

Architecture

Basílica de la Sagrada Família

(Mallorca, 401). M: Sagrada Família (L2, L5). T. 93 513 20 60. 9am-8pm. Guided tour: €24. Tour with audio guide: €22. Panoramic visit (audio guide and towers): €29. Barcelona's most famous landmark, begun by Antoni Gaudí in 1891 and unfinished to this day.

► Basílica de Santa Maria del Mar

(Plaça de Santa Maria, 1).

M: Jaume I (L4). T. 93 310 23
90. Mon-Sat 9am-1pm, 5pm8.30pm; Sun and public
holidays 10am-2pm, 5pm-8pm.
Wheelchair access. Known as
the 'cathedral of the Ribera',
this church is one of the most
perfect examples of Gothic
architecture.

► Basílica de Santa Maria del Pi

(Plaça del Pi, 7). M: Liceu (L3), Jaume I (L4). T. 93 318 47 43. 10am-6pm. €4. €3 (reduced). Guided tour (including up to bell tower): Sat noon, 1.30pm, 5pm, 6.30pm; Sun noon, 1.30pm, 5pm (book in advance). €10. €8 (reduced). La Basílica del Pi Secreta (night-time tour): Thu, Fri 9pm (9.20pm English); Sat 9.30pm (9.50pm English). €19. One of Barcelona's grandest Gothic churches, with great views from its bell tower.

► Casa Batlló

(Pg. de Gràcia, 43). M: Passeig de Gràcia (L2, L3, L4). T. 93 216 03 06. 9am-9pm. Last entry: 8pm. Tour and video guide: €22.50. €19.50 (reduced).

The sensuality and harmony of its interior, combined with Gaudí's use of colours, shapes and light make this a must-see for admirers of the architect's work.

► Gaudí Crypt at Colònia Güell

(Claudi Güell, 6 – Santa Coloma de Cervelló). M: Espanya (L1, L3), FGC (S4, S8, S33): Colònia Güell station. T. 93 630 58 07. Mon-Fri 10am-7pm. Sat, Sun, public hols 10am-3pm. €9 (incl. audio guide). €7.50 (reduced). This UNESCO World Heritage Site is inside Colònia Güell, a planned textile factory and residential area 20 minutes from Barcelona.

► Gran Teatre del Liceu

(La Rambla, 51–59). M: Liceu (L3). T. 93 485 99 14. Express 25-minute tour: Mon-Fri 9.30am-6.30pm (various times and languages). €6. Visit one of the world's great opera houses, with its impressive concert hall and exclusive private rooms.

▶ La Pedrera

(Provença, 261-265). M: Diagonal (L3, L5). T. 902 202 138. La Pedrera by Day (includes audio guide): 9am-8pm. Last entry: 7.30pm. €20.50. €16.50 (reduced). Gaudi's Pedrera. The Origins (evening tour): from May 2 9pm-11pm. €34. €17 (reduced). Many Barcelona residents consider this building to be Gaudí's true masterpiece. In fact, some of its apartments are still private homes. The roof terrace represents modernista architecture at its finest.

Palau Güell

(Nou de la Rambla, 3-5).
M: Drassanes (L3), Barceloneta (L4). T. 93 472 57 75. Tue-Sun 10am-8pm. Last entry: 7pm.
Closed Mon except public hols.
€12. €9 (reduced).
Built by Antoni Gaudí in the late 19th century, this palace belonged to his main patron.

► Palau de la Música Catalana

(Palau de la Música, 4-6). M: Urquinaona (L1, L4). T. 93 295 72 00. 10am-3.30pm. €18. €11 (reduced). Under-10s free. Step inside one of the most beautiful Art Nouveau buildings in the world, today a UNESCO World Heritage Site.

► Sant Pau, Art Nouveau site

(Sant Antoni Maria Claret, 167). M: Sant Pau (L5). T. 93 553 78 01. Mon-Sat 10am-6.30pm; Sun, public holidays 10am-2.30pm. Self-guided tour: €10. €7 (reduced). Guided tour (various times): €16. €11.20 (reduced). Under-16s free. On the first Sunday of the month there are no tours, but there is free entry to enjoy cultural activities. Tour the buildings and grounds of one of the world's largest Art Nouveau monuments, restored and opened to the public in 2014.

▶Torre Bellesguard

(Bellesguard, 6-9). FGC: Av. Tibidabo. T. 93 250 40 93. Tue-Sun 10am-3pm. Last entry: 2.30pm. Closed Mon. Panoramic tour (audio guide to exterior, remains of Martin the Humane's palace, audiovisual centre): €9. €7 (reduced). Full guided tour in English (tower exterior and interior, roof terrace): €16. €12.80 (reduced). Discover the modernista castle that Antoni Gaudí built at the foot of Tibidado mountain.

Leisure

► Aire de Barcelona, Arab Baths

(Pg. de Picasso, 22). M:
Barceloneta (L4), Jaume I (L4).
T. 93 295 57 43. Mon-Fri: first
entry 10am, last entry between
10pm and midnight; Sat, Sun
and days before public
holidays: last entry between
midnight and 2am. These Arab
baths revive the ancient
tradition of bathing as a form
of relaxation.

► Barcelona Urban Forest

(Plaça del Fòrum, s/n). M: El Maresme/Fòrum (L4). T. 93 117 34 26. Sat, Sun, public hols 10am-8pm. Closed May 23-Jun 8. €11-€27 (depends on age and circuit). Zip lines, trampolines and bungee jumping for highadrenaline fun.

▶ Poble Espanyol

(Av. Francesc Ferrer i Guàrdia, 13). M: Espanya (L1, L3). T. 93 508 63 00. Mon 9am-8pm; Tue-Thu 9am-midnight; Fri 9am-3am; Sat 9am-4am; Sun 9am-midnight. €12. €7 (reduced). Built for the Barcelona Exposition of 1929 by modernista architect Puig i Cadalfach, this open-air museum on Montjuïc features replicas of traditional streets, squares and buildings from all over Spain. Regularly hosts live music events.

▶ Gaudí Experience

(Larrard, 41). M: Lesseps (L3). T. 93 285 44 40. 10am-7pm. Last entry: 6.30pm. €9. €7.50 (reduced). A fascinating interactive journey that uses 4-D technology to take you inside Gaudí's creative universe – it's a new way to discover the architect.

► Tibidabo Amusement Park

(Plaça del Tibidabo, 3-4). Bus Tibibus (T2A) from Plaça Catalunya. M: Av. Tibidabo (L7, FGC) + Tramvia Blau or Bus 196 + Funicular del Tibidabo. T. 93 211 79 42. Weekends noon-9pm. Sky Walk: €12.70; children measuring less than 120cm. €7.80. Amusement park: €28.50; children under 120cm, €10.30. With more than 100 years of history, the fundair atop Tibidabo features classic rides, old favourites and new attractions, plus you get spectacular city views.

▶ PortAventura

(Av. Alcalde Pere Molas, km 2. Vila Seca, Tarragona). Train: Port Aventura. T. 902 20 22 20. Tickets: tickets. visitbarcelona. com or www.portaventura.es. An hour south of Barcelona, this theme park has six zones of attractions plus parades, eateries and shops.

▶ Barcelona Zoo

(Parc de la Ciutadella, s/n). M: Arc de Triomf (L1), Ciutadella/ Vila Olímpica (L4). T. 902 45 75 45. May 1-15 10am-7pm. From May 16 10am-8pm. €19.90. Children (3-12): €11.95. One of the city's best-loved attractions is home to more than 2,000 animals, made up of some 315 species.

Edited by Eugènia Sendra

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Your art bucket list

Works by numerous renowned 19th- and 20th-century artists are now on show in Barcelona. By **Hannah Pennell**

Along the line of lists such as '100 Books You Should Read Before You Die', we'd like to offer up the art equivalent in the form of 'The Masterpieces You Have To See At Least Once in Your Lifetime' (and preferably all in the same place). The Impressionists and Moderns exhibition at CaixaForum, featuring works from The Phillips Collection - the first modern art museum in the USA, which opened in Washington DC in 1921 - offers a panoptic view of the main artistic movements that developed



Sorrow overwhelmed me, so I turned to my love of painting for the will to live

between the early 19th century and the second half of the 20th, starting with Realism and Romanticism and leading up to Abstract Expressionism via Impressionism and Cubism. The show includes around 60 paintings and a line-up that would be the envy of any museum around the world: Van Gogh, Cézanne, Matisse, Modigliani, Pollock and Rothko – it's a feast for art lovers. Works gleam with their own light: 'The Small Bather' by Ingres (1826), 'Dancers at the Barre' by Degas (1888), Picasso's 'The Blue Room' (1901) and 'Woman with Green Hat' (1947), and 'Autumn II' by Kandinsky (1912).

The man who was originally behind the collection was Duncan Phillips, a US art writer and collector. He founded The Phillips Memorial Art Gallery with his mother, following the sudden deaths of his father and brother in 1917 and 1918, respectively. 'Sorrow all but overwhelmed me,' Phillips later wrote. 'Then I turned to my love of painting for the will to live.' His passion was extensive. In his 20s, he travelled to Europe to study painting, and a few years later published his first book, The Enchantment of Art (1914), which included articles and reviews. His family wealth made it easy for him to indulge his interest: in 1916, he and his brother wrote to their father asking for an annual stipend of \$10,000 to buy artworks. Early acquistions tended to focus on contemporary North American art, but the scope quickly expanded: in 1919, two Monets were among 15 purchases for the year, and in 1923,

Phillips paid \$125,000 for Renoir's 'Luncheon of the Boating Party' (1880-81) – nowadays this is the most popular work in the collection. Just before the 1921 inauguration, Phillips married artist Marjorie Acker, who combined her career with working alongside her husband until his death in 1966, when she took over as the Collection's director.

FOOTNOTE Some of these works are being shown in Barcelona for the first time.



Cuixart. Geometria experimental

Galeria Mayoral (Consell de Cent, 286). Until May 26.

There's a group of Catalan artists who were active between 1925 and the end of the 20th century that has been kept hidden away from public view. Antoni Tapies is the exception – but the Dau al Set group also included philosopher Arnau Puig, poet and playwright Joan Brossa, and painters Joan Josep Tharrats, Joan Ponç and Modest Cuixart (who was Tapies's cousin).

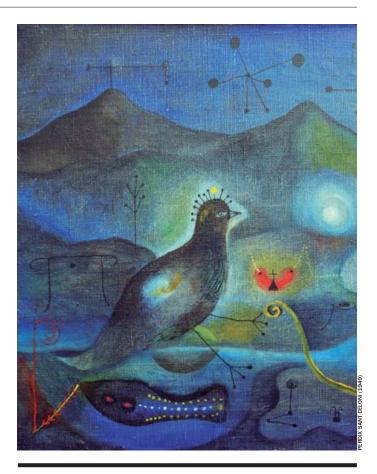
Cuixart died in 2007, in the Costa Brava, and Barcelona hasn't seen his works exhibited since. The MACBA has some 50 Cuixarts from the art archives of the Generalitat (autonomous Catalan government), acquired for a hefty sum along with the collection of gallery owner Salvador Riera, but mysteriously they're never displayed.

Fortunately, Galería Mayoral is bringing Cuixart back – with the help of the artist's foundation and the curation of the only surviving member of Dau al Set, Arnau Puig, this exhibition features 27 paintings, drawings and sculptures from between

1948 and 1964, the painter's most interesting period. Cuixart. Experimental Geometry features museum-quality pieces that detail how a group of young artists in an environment of cultural and spiritual devastation, that of post-war Spain, discovered avantgardists such as Kandinsky, Klee, Miró and Sert. Cuixart and Tàpies managed to get to Paris, where they discovered art brut ('dirty art'), a creative otherness that led them to Informalism – in Tàpies's case the result was matèrica (involving the use of non-artistic materials) and zen, for Cuixart it was existentialism and pop.

At the gallery entrance is an object that's fundamental for understanding Cuixart: a pianola that plays Poulenc's 'Mélancolie'. The artist was surprised how a piece of mechanical paper perforated with geometric shapes could produce something so magical. Take this as the starting point for discovering his work. —Ricard Mas

FOOTNOTE This is where the music loving, transgressive Cuixart appears.



PRIME MATERIAL

DESTROYED DOLLS

Before heading to Paris in the 1950s, Cuixart's girlfriend gave him a doll. This bittersweet offering can be seen embedded in his most famous collages.

PREPARING PAINTINGS

Cuixart used a range of powdered pigments to create his paintings. When the maid saw his arsenal of artistic materials, she reported him to the police.

A man of his time

This year marks the 150th anniversary of the birth of Catalan artist Ramon Casas, and it's reflective of his huge impact that no less than seven exhibitions dedicated to him are lined up in the coming months. With around 130 works on display, this retrospective at the Barcelona Modernisme Museum promises to be one of the most complete, featuring both iconic paintings and previously unseen creations brought from private collections.

Casas came from a wealthy family, a background that can

clearly be seen in the subjects of his works, many of which focused on the elites not only of his home town of Barcelona but also Paris and Madrid – indeed he spent much of his career, which started while he was still in his teens, moving between France and Spain. In 1907, his mother bought the Sant Benet de Bages monastery, and the building and its surrounds regularly appear in his art. Motor vehicles were another of his passions and another popular theme in his work, while, as a graphic designer, he also created



advertising posters in the modernisme style.

Casas was a mover and shaker in artistic and intellectual circles of the time. He put up a significant amount of the money for Els Quatre Gats, a café that opened in 1897 and became a gathering place for creatives; it's also where Picasso had his first solo show.—H.P.

Ramon Casas. La Vida Moderna

is showing at the Museu del Modernisme de Barcelona (Balmes, 48) until June. www.mmbcn.cat

Music

Sunday 1

Classical

► Masters of the Spanish Guitar

Manuel González performs classic Spanish guitar tunes. *Basilica de* Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC). 9pm. €23. Discount at tourist offices. Info: tickets.visitbarcelona.com.

Jordi Savall conducts the OBC

Viola da gamba maestro and world authority on Early Music conducts music by Bach, Mozart, Geminiani and Handel. L'Auditori (Lepant, 150). M: Giòries & Marina (L1), Monumental (L2). 9pm. €10-€56.

Jazz

Live Jazz at Jamboree

Barcelona's iconic club hosts two sessions. Check website for details. Jamboree (Pl. Reial, 17). M: Liceu (L3). 8pm, 10pm. €12 (box office). €10 (online in advance). www. masimas.com/jamboree

Flamenco

► Tablao Cordobes

The best flamenco dancers in the most authentic BCN tablao. (La Rambla, 35). M: Drassanes (L3) & Liceu (L3). Daily 6.30pm, 8.15pm, 10pm, 11.30pm. €44-€78.50. tablaocordobes.com

▶ Stories of Love

A full cast performs the traditions of opera, zarzuela and flamenco. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9.30pm. €20-€50. More info and tickets at tourist offices and tickets.visitbarcelona.com.

Monday 2

Jazz

WTF Jam Session

Anything goes at the long-running jam hosted by Aurelio Santos.

Jamboree (Pl. Reial, 17). M: Liceu (L3). 8pm. €5 (box office). €4 (online in advance). www.masimas. com/jamboree.

Flamenco

Flamenco show dedicated to Camarón de la Isla

Casa Camarón celebrates the legacy of a flamenco legend.
Casa Camarón (Roger de Flor, 230).
M: Verdaguer (L4,L5), Sagrada
Família (L2,L5). Mon-Sat 8pm
(supper), 9pm-10pm (show). Closed
Sun. casacamaron.com

Classical

Masters of the Spanish Guitar

See Sun 1. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC).

World music

Caetano Veloso & Gilberto Gil

Two giants of Brazilian music and icons of the Tropicalia movement. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9pm. €38-€146.

Tuesday 3

Classical

► Masters of the Spanish Guitar

Dúo del Mar give a recital of flamenco and Spanish guitar. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC). 9pm. €23. Discount at tourist offices. Info: tickets.visitbarcelona.com

Josep Ramón Olivé

Catalan baritone performs Catalan songs and Schumann's Dichterliebe. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.3pm. €8-€12.

► The art of the Spanish guitar: music and wine

Carmen, Barcelona Duo de Guitar perform a candlelit concert featuring work by Albèniz, Granados and Rodrigo, among others.

Santa Anna Church (Santa Anna,

29). M: Catalunya (L1, L3; FGC). Tue, Thu, Sat 9pm. Fri 7pm. €20. Discount at tourist offices. More info: tickets.visitbarcelona.com.

Flamenco

► Palacio del Flamenco show

A full cast of guitarists, singers and dancers, and the rhythms of the cajón, heels and palms. (Balmes, 139). M: Diagonal (L3, L5; FGC). Daily 6.25pm, 8.15pm & 10.30pm. Options: show only; show + one drink; show + different menu options (including tapas). \leq 45- \leq 160. \leq 10 discount at tourist offices. palaciodelflamenco.com

Jazz

Jazz Night at El Molino

Elena Lasco (piano) and Oriol Romaní (clarinet) make an explosive combination. (Vila i Vila, 99). M: Paral·lel (L2, L3). May 3, 10, 17, 24. 9.30pm. From €15.

Punk

Counterfeit

Unsigned London punk outfit tour debut EP Come and Get Some. Sala Bikini (Av. Diagonal, 547). M: Les Corts, Maria Cristina (L3). 9pm.

Contemporary music

Yann Tiersen

The Breton musician transports audiences to the island of Ushant in a solo concert for piano and violin.

Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9pm. €20-€42.

Wednesday 4

Classical

Sir András Schiff

The great Hungarian pianist plays Mozart, Haydyn and Beethoven. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €20-€40.

Flamenco

▶ Live Flamenco

The passion of flamenco in an intimate tablao on Plaça Reial. Sala Tarantos (Plaça Reial, 17). M: Liceu (L3). Daily 8.30pm, 9.30pm, 10.30pm. €10 (on the door). €8 (web). www.masimas.com/tarantos

Jazz

Live Jazz

Live jazz at Milano Cocktail Bar. (Ronda Universitat, 35). M: Catalunya (L1, L3). 9pm (double session). Cover charge \in 8.

Sevillanas

Sevillanas Dance Night

Traditional Andalusian songs for expert dancers and beginners.
Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5),
Sagrada Família (L2,L5). May 8, 11.
10.30pm. bodegaflamenca.com

Thursday 5

Flamenco

► Tablao Flamenco Nervión

City centre restaurant hosts flamenco performance. (Princesa, 2). M: Jaume I (L4). Thu, Fri, Sat 8pm-10pm. Show + drink €16.90; show + supper €27.90.

▶ Stories of Love

See Sun 1. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urguinaona (L1, L4).

Classical

► Masters of the Spanish Guitar

Xavier Coll gives a show of classic Spanish guitar sounds. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC). 9pm. €23. Discount at tourist offices. Info: tickets.visitbarcelona.com.

► The art of the Spanish guitar: music and wine

See Tue 3.

Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3; FGC).

Soul - Jazz

Roy Ayers - Ubiquity

A legend of soul, funk and jazz, Ayers revisits his classic albums.

Jamboree (Pl. Reial, 17). M: Liceu (L3). May 5-6. 9pm. €35 (box office).

€30 (online in advance). www. masimas.com/jamboree

Opera

Opera at Palau Dalmases

La Petita Companyia Lírica de Barcelona perform in a historical venue, with the singers moving among the audience. (Montcada, 20). M: Jaume I (L4). Every Thu. 11pm. €20. Info: www. palaudalmases.com.

Friday 6

Blues

▶ Blues at the MEAM

Live music surrounded by modern art and with drinks and snacks. (Barra de Ferro, 5). M: Jaume I (L4). Every Friday. 6pm. €14. More info and tickets at tourist offices and tickets.visitbarcelona.com.

Classical

La Pathetique

Tchaikovsky's last symphony and Mendlesohnn's Hebrides overture with the Liceu orchestra. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). May 6. 8.30pm. €10-€56.

Flamenco fusion

DJ Panko

Electric rumba sessions: flamenco meets African and American beats and DJ skills. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5). 11pm. bodegaflamenca.com

Flamenco

► Flamenco show dedicated to Camarón de la Isla

See Mon 2. Casa Camarón (Roger

de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5).

Rock

Blaumut

In only 3 years, Catalan rockers
Blaumut have earned a reputation
for ambitious, poetic pop.
BARTS (Av. del Paral·lel, 62).
M: Paral·lel (L2, L3). 9pm. From €18.

World music

FREE North India Trio

Travel through time and space to discover music from elsewhere. Museu de Cultures del Món (Montcada, 12). M: Jaume I (L1). 8pm.

Saturday 7

Classical

► Classical music at the

Regular event at historical venue in the city centre with music and afternoon snack.

(Barra de Ferro, 5). M: Jaume I (L4). Every Sat. 6pm. €19. More info and tickets at tourist offices and tickets. visitbarcelona.com.

XVII Cycle of Classical Music at Sant Pau, Art Nouveau site

The Ferlandina Ensemble in concert. (Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5). 7.30pm.

► Spanish Guitar Maestros

Barcelona 4 Guitars: two men, two women, four guitars and pure virtuosity. (*Palau de la Música, 4-6*). *M: Urquinaona* (*L*1, *L*4). 9pm. €30-€35.

Blues

Guitar BCN 2016: Jack Broadbent

The young, ultra-talented English blues guitarist presents last year's album Along the Trail of Tears. BARTS (Av. del Paral·lel, 62). M: Paral·lel (L2, L3). 8.30pm. €18 (in advance). €22 (on the door).

Sunday 8

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Classical

► The art of the Spanish guitar: music and wine

Robert Majure presents 'Flamenco Soul' . Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3; FGC). 6pm. €20. tickets.visitbarcelona.com.

Music Days at Sant Pau, Art Nouveau site

Guillamí Consort in 'a defence of the viola da gamba.. against the presentions of the violin'.

Sant Antoni Maria Claret, 167). M:

Sant Pau/Dos de Maig (L5). 7pm.

€10. santpaubarcelona.org

Sevillanas

Sevillanas Dance Night

See May 4. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5).

Electronica

Brunch Electronik Barcelona

Open-air dance party on Montjuïc. Poble Espanyol (Av. Francesc Ferrer i Guàrdia, 13). M: Espanya (L1,L3; FGC). May 8, 22. Noon-9pm. €10 (in advance). €15 (on the door, 1 adult + 1 child). Under-12s free.

Jazz

Avery*Sunshine

The warm, bright voice of jazz vocalist and pianist Avery*Sunshine.

Jamboree (Pl. Reial, 17). M: Liceu (L3).

8pm, 10pm. €22 (on the door). €20 (web in advance). masimas.com/jamboree

Monday 9

Flamenco

► Tablao Cordobes

See Sun 1. Tablao Cordobes (La Rambla, 35). M: Drassanes (L3) & Liceu (L3).

Classical

Albert Guinovart

Guinovart is joined by the BCN Brass

Ensemble to perform his *Homage* to *Barcelona*.

Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 7pm. €15-€25.

► Masters of the Spanish Guitar

Pedro J. González performs flamenco guitar tunes.

Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC). 9.30pm. €23. Discount at tourist offices. Info: tickets.

Tuesday 10

Flamenco

► Flamenco at Palau Dalmases

A baroque space is the setting for this live flamenco show. (Montcada, 20). M: Jaume I (L4). Daily 6pm, 7.30pm, 9.30pm. €25 (includes one drink). More info: tickets visitbarcelona.com.

Jazz

Jazz Night at El Molino

Swing Set is a seven-piece formation who play emotions. (Vila i Vila, 99). M: Paral·lel (L2, L3). €15 (in advance). €18 (on the door).

Classical

► Masters of the Spanish Guitar

See Mon 9. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC).

Wednesday 11

Sevillanas

Sevillanas Dance Night

See May 4. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5).

Flamenco

Carmen, Carmen, Carmen

Flamenco extravaganza in homage to the great flamenco dancer, Carmen Amaya. *Tablao Cordobes* (*La Rambla*, 35). *M*: *Drassanes* (*L*3) & *Liceu* (*L*3). 9pm. €12-€54.

Flamenco show dedicated to Camarón de la Isla

See Sat 2. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5).

Thursday 12

Classical

Vienna Philharmonic

Works by Dvorák, Schubert and Schönberg. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 10pm. €30-€60.

► The art of the Spanish guitar: music and wine

See Tue 3. Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3; FGC).

Flamenco

▶ Live Flamenco

See Wed 4. Sala Tarantos (Plaça Reial, 17). M: Liceu (L3).

► Palacio del Flamenco show

See Tue 3. (Balmes, 139). M: Diagonal (L3, L5; FGC).

Opera

Opera at Palau Dalmases

See Thu 5. (Montcada, 20). M: Jaume I (L4).

Rock

Ouimi Portet

Surreal lyrics and whimsical humour from a national treasure of Catalan rock.

BARTS (Av. del Paral·lel, 62).

M: Paral·lel (L2, L3). 9pm. From €18.

Indie - Pop

Carlos Sadness

Mulitfaceted artist mixes indie, folk and electronic influences.

Sala Apolo (Nou de la Rambla, 113).

M: Paral·lel (L2, L3). 9pm. €15 (in advance). €18 (on the door).

Friday 13

Blues

▶ Blues at the MEAM

See Fri 6. (Barra de Ferro, 5). M: Jaume I (L4).

Classical

Janine Jasen

Dutch violinist performs works by Brahms, Bartok and La Falla. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm. €28.

Catalan rumba

Catalan rumba at Bodega Flamenca

Discover the Catalan rumba, BCN's home-grown musical style, with rumba band Triampa. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5). May 13, 20, 21. 11pm. bodegaflamenca.com

Soul

Nora Norman

Young Spanish neo-soul sensation in a solo concert.

BARTS (Av. del Paral·lel, 62).

M: Paral·lel (L2, L3). 9pm. €12 (in advance). €15 (on the door).

Saturday 14

Classical

Classical music at the MEAM

See Sat 7. (Barra de Ferro, 5). M: Jaume I (L4).

A coffee with... G.F. Händel

Concert featuring professors and students of ancient music. Museu de la Música (L'Auditori, Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Noon. $\in 3.50 - 5$.

Film music

Danny Elfman

The OBC performs the Danny Elfman's soundtracks to Tim Burton's films.

L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Sat 14 17pm; Sun 15 11am. €48.

Jazz

Benny Green Trio

The pianist's pianist revisits jazz old and new with his trio.

Jamboree (Pl. Reial, 17). M: Liceu (L3). 8pm, 10pm. €22 (on the door). €18 (web in advance). masimas.com/jamboree.

Pop

Manolo García

Expect a rapturous welcome for the hometown boy and hugely popular veteran singer.

Parc del Fòrum (Rambla Prim, 2). M: El Maresme-Fòrum (L4). €43.

Rock

Bruce Springsteen

BCN has a soft spot for the Boss who visits on his The River Tour. Camp Nou (Aristides Maillol, s/n). M: Les Corts (L3).

David Duchovny

The Hollywood star debuts his album Hell or Highwater.

BARTS (Av. del Paral·lel, 62).

M: Paral·lel (L2, L3). 9pm. From €30.

Sunday 15

Classical

Joan Manen

Examining the legacy of composer an violin virtuoso Manen. Museu de la Música (L'Auditori, Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Documentary: 10.45am; Concert: 12.30pm. $\pounds 2 \pounds 7$.

Flamenco

► Grand Flamenco Gala

Enjoy a grand performance of the classic Spanish music genre.

Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9pm. €20-€49. More info and tickets at tourist offices and tickets.visitbarcelona.com.

Young musicians

Ricard Rovirosa

Young pianist performs as part of the Musical Residencies cycle. Fundació Catalunya-La Pedrera (Provença, 261-265). M: Provença (FGC) and Diagonal (L3, L5). 6pm. €10. Info: www.lapedrera.com.

Monday 16

Classical

► Masters of the Spanish Guitar

See Tue 3. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC).

Jazz

WTF Jam Session

See Mon 2. Jamboree (Pl. Reial, 17). M: Liceu (L3).

Tuesday 17

Classical

► The art of the Spanish guitar: music and wine

See Sun 8. Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3; FGC). 7pm.

Flamenco

Barcelona Guitar Trio & Dance

Three maestros of Spanish guitar unite for unique dance and music show. (Palau de la Música, 4-6). M: Urquinaona (L1,L4). 9.30 pm. ϵ 30. ϵ 35.

Jazz

Jonathan Kreisburg Quartet

Virtuouso New York jazz guitarist with his quartet.

Jamboree (Pl. Reial, 17). M: Liceu
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Jamboree (Pl. Reial, 17). M: Liceu (L3). 8pm, 10pm. €18 (on the door). €15 (web). masimas.com/jamboree

Opera

I Capuleti e i Montecchi

Mezzo soprano Joyce DiDonato plays





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Romeo in Bellini's romantic opera. Gran Teatre del Liceu (La Rambla, 51-59). M: Liceu (L3). May 17, 20, 22, 23, 25, 26, 28, 29, 31. 8pm; Sun 22 6pm; Sun 29 5pm. €12-€265.

Wednesday 18

Classical

Luis Fernando Pérez

Great Spanish pianist performs Mompou, Albéniz and Granados. Palau de la Música (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 6pm. €20.

Flamenco

► Flamenco show dedicated to Camarón de la Isla

See Mon 2. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5).

Jazz

Suite Festival: Michel Camilo

Jazz, Latin and classical music with the Dominican pianist and composer. Gran Teatre del Liceu (La Rambla, 51-59). M: Liceu (L3). 9pm. €30-€70.

Blues

Lisa Fischer

One of the world's great backing singers steps into the spotlight. BARTS (Av. del Paral·lel, 62). M: Paral·lel (L2, L3). 9pm. From €25.

Thursday 19

Classical

Brandenburg Concerto

The Akadmie für Alte Musik, Berlin, performs some of Bach's best works. L'Auditori, (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm.€10-€52.

Nathalia Gutman

Cellist Gutman plays three of Pau Casal's best-known suites. Palau de la Música (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €38.

Concert EsMuc

Students from Catalonia's principal music school in concert. Fundació Catalunya-La Pedrera (Provença, 261-265). M: Provença (FGC) and Diagonal (L3, L5). 8pm. €20. Info: www.lapedrera.com.

Friday 20

Classical

Shostakovich's Leningrad symphony

Vassily Sinaisky, conductor, and the OBC perform. L'Auditori, (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Fri 20 8.30pm; Sat 21 7pm; Sun 22 11am. €10-€56.

Flamenco

Vivir Flamenco

Discover the history of the romany people through flamenco. (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9pm. €12-€54.

Pop

Festival del Mil·lenni: Macaco

Mixing reggae, rumba and Latin rythyms, Macaco keep the spirit of BCN's mestizaje scene alive. BARTS (Av. del Paral·lel, 62). M: Paral·lel (L2, L3). 9pm. €25-€32.

Malú

Massively popular Spanish singer on her Caos tour of the platinum-seling album of the same name. Palau Sant Jordi (Pg. Olímpic, 5-7). M: Espanya (L1, L3). Bus 150. 9pm. €20-€142.

Soul

Damià Olivella

Solo concert with the up-andcoming Catalan folk singer. BARTS (Av. del Paral·lel, 62). M: Paral·lel (L2, L3). 8.30pm. €12 (in advance). €15 (on the door).

World music

FREE Maya Yoshida

Japanese musical traditions. Museu de Cultures del Món (Montcada, 12). M: Jaume I (L1). 8pm.

Saturday 21

Flamenco

► Palacio del Flamenco show

See Tue 3. (Balmes, 139). M: Diagonal (L3, L5; FGC).

Tango

Tangos with Pasión Vega

Singer Vega takes a journey through the great works of tango. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 7pm. €18-€68.

Sunday 22

Classical

► Masters of the Spanish Guitar

See Thu 5. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC).

Flamenco

Opera and flamenco

Unique fusion of lyricism, zarzuela and flamenco dance.
Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9.30pm. €20-€50.

Pop

Queen + Adam Lambert

Lambert takes on the hardest job in music: filling the role of Freddy Mercury. Palau Sant Jordi (Pg. Olímpic, 5-7). M: Espanya (L1, L3). Bus 150. 9.30pm. From €40.

Monday 23

Classical

Benjamin Grosvenor

Gifted young English pianist plays Chopin, Ravel, Liszt, and more. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 10.30pm. €30-€35.

Royal Philharmonic Orchestra

The Royal Philharmonic under conductor Pinchas Zukerman plays

Elgar and Brahms.

L'Auditori, (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm. €25€122.

Tuesday 24

Flamenco

Barcelona Guitar Trio & Dance

See Tue 17. (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 10.30pm.

Pop

Adele

Megastar from the UK belts out her much-loved hits. Palau Sant Jordi (Pg. Olímpic, 5-7). M: Espanya (L1, L3). Bus 150.

Wednesday 25

Jazz

Robin McKelle at Jamboree

Talented jazz and soul vocalist presents new album. (Pl. Reial, 17). M: Liceu (L3). 8pm, 10pm. €18 (on the door). €15 (web). masimas.com/jamboree.

Flamenco

► Grand Flamenco Gala

See Sun 15. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9pm.

Thursday 26

Classical

► Masters of the Spanish Guitar

See Mon 9. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC).

Serguei Malov, Bach Solo

Malov plays the music of Bach, Marais and Biber. L'Auditori, (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm. €12-€17.

Lars Vogt

The German pianist plays Beethoven and Brahms. Palau de la Música Catalana (Palau

de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €25.

Pop

Coldplay

Too bland for some but just the ticket for legions of fans, the Brit indie boys turned stadium giants hit town. Estadi Olímpic (Pl. Nèmesi Ponsati, 1). M: Espanya (L1, L3; FGC). Bus 150. May 26-27. 9pm. €60-€195.

Friday 27

Jazz

Ramon Aragali + Pol Cruells

Two voices from the Catalan scene in a double concert. Luz de Gas (Muntaner, 246). FGC: Provença. 9pm. €15 (in advance). €18 (on the door).

Classic

Bernstein's Mass

The monumental mass performed with the OBC under Kazushi Ono. L'Auditori, (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm.€10-€57.

Brussels Virtuosi + Marc Grauwels

Flautist Grauwels leads his trio. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3; FGC). concertsabarcelona.com.

Joyce DiDonato

The mezzo-soprano – one of the finest of our time - offers a solo recital. Gran Teatre del Liceu (La Rambla, 51-59). M: Liceu(L3).8pm.€10-€91.

Saturday 28

Classical

Beethoven's Ninth

The Vallès Symphony Orchestra perform Beethoven's 'Choral' symphony. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 7pm. €16-€51.

Choral

90th Anniversary of the Orfeó

Atlàntida

Celebrating the history of one of the oldest choral societies in Catalonia. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 6pm. €15.

Sunday 29

Choral

Women's Symphonic Choir of Catalonia

Women's choirs perform Vaughan Williams, Britten, Brahms and Schubert, Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 6pm. €12.

Classical

Simfonova: Only for a few?

Innovative show higlighting the power of opera to move the widest possible audience. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2).11am. €26-€36.

Monday 30

Rock

Bryan Adams

Veteran Canadian rocker touches down on his 2016 Get Up tour. Palau Sant Jordi (Pg. Olímpic, 5-7). M: Espanya (L1, L3). Bus 150. 9.30pm.

Classical

► Masters of the Spanish Guitar

See Tue 3. Basilica de Santa Maria del Pi (Pl. del Pi, 7). M: Catalunya (L1, L3: FGC).

Tuesday 31

Flamenco

Barcelona Guitar Trio & Dance

See Tue 17. (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 9pm.

Opera

I Capuleti e i Montecchi

See Tue 17. Gran Teatre del Liceu (La Rambla, 51-59). M: Liceu (L3).

CANNABIS FILM CYCLE

May 12-26, 2016

To celebrate its 4th anniversary the Hash Marihuana & Hemp Museum of Barcelona, located in a stunning edifice built in the 15th century, hosts the 3rd edition of Barcelona's Cannabis Film Cycle from May 12-26.

Come enjoy a fine selection of cannabis related short films and documentaries!



Opening documentary The Culture High (USA, 2014, 120 min) Thursday, May 12 19:30h Free admission · limited seating



Closing documentary Maribuana, entre el verí i el farmac (Catalonia, 2016, 62 min) Thursday, May 26 Free admission · limited seating

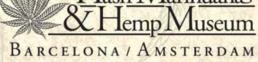
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Exhibitions

Arxiu Fotogràfic de Barcelona

(Pl. Pons i Clerch, 2). M: Arc de Triomf (L1) & Jaume I (L4). T. 93 256 34 20. Mon-Sat 10am-7pm. Closed Sun and public hols.

FREE Pérez de Rosas Until May 21. A visual history of Barcelona from 1931 to 1954.

Arxiu Històric de la Ciutat de **Barcelona**

(Santa Llúcia, 1). M: Jaume I (L4) & Urquinaona (L1, L4). T. 93 256 22 55. Mon-Fri 9am-8.45pm; Sat 9am-1pm. Closed Sun, public hols.

FREE The Voices of Women May

5-Oct 31. Interviews with women who lived through the Spanish Civil War, the Franco dictatorship and the later move to democracy.

CaixaForum

(Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC).T.93 476 86 00.10am-8pm. €4. Under-16s free.

- ► Impressionists and moderns Until Jun 19. See page 42.
- ► Windows on the World Until Aug 28. Short films portray different communities in Africa, Asia and South America.
- ► Iconoclastic gestures Until Jun 5. A reflection on the destruction and demystification of the image.

Can Framis, Fundació Vila Casas

(Roc Boronat, 116-126). M: Glòries (L1) & Poblenou, Llacuna (L4). T. 93 320 87 36. Tue-Sat 11am-6pm; Sun 11am-2pm. Closed Mon, public hols. €5. Reduced: €2.

Ràfols-Casamada Until Jul 17. Celebration of colour with 40 works by Catalan artist.

Castell de Montjuïc

(Ctra. de Montjuïc, 66). M: Espanya (L1,L3;FGC). T. 93 256 44 45. 10am-8pm. €5. Reduced: €3. Sunday 3pm-8pm, free.

Doble Creu Sculpture by Carles Berga. Permanent exhibition. From mountain to urban park Until Oct. Work of French architect,

Jean-Claude Nicolas Forestier.

CCCB

(Montalegre, 5). M: Catalunya (L1, L3). T. 93 306 41 00. Tue-Sun & public hols 11am-8pm. Closed Mon (except public hols). One exhibition: €6. Two exhibitions: €8. Wed (except public hols) and for pensioners and students: €4. Under-16s, unemployed and Sunday 3pm-8pm, free.

Making Africa. A continent of contemporary design Until Aug 28. See pages 26-27.

CosmoCaixa

(Isaac Newton, 26). FGC: Av. Tibidabo. T. 93 212 60 50. Tue-Sun, public hols 10am-8pm. Closed Mon (except public hols).€4 (permanent and temp exhibitions). Under-16s: free.

- ► The Material Room No end date. Voyage through Universe's history.
- ▶ 3D Planetarium No end date. Installation for exploring space.
- ► Flooded forest No end date. Living exhibit with over 100 species from Brazilian jungle.
- ► The Birthplace of Humanity No end date. Discover how our ancestors lived.

El Born Centre Cultural

(Pl. Comercial, 12). M: Jaume I & Barceloneta (L4). T. 93 256 68 51. Tue-Sun 10am-8pm. Closed Mon (except public hols). €6. Reduced: €4.20. Under-16s free. Sun 3pm-8pm, free. First Sun every month 10am-8pm, free.

FREE Barcelona 1700. From stones to people (Sala Villarroel)

18th-century Barcelona was dynamic but marked by war.

FREE Until it is done! (Sala Casanova) Examining 14-month siege of Barcelona that ended with capitulation to the Bourbons.

Espai VolART-Fundació Vila Casas

(Ausiàs March, 22). M: Urquinaona (L1, L4). T. 93 481 79 85. Tue-Fri 5pm-8.30pm; Sat 11am-2pm, 5pm-8.30pm; Sun 11am-2pm. Closed Mon and public hols. €1.

Rafael Bartolozzi. Laudem vitae May 5-Jun 26. Celebrating the

fullness of life through 40 pieces from the private collection of the

late pop artist, Bartolozzi. Alfonso Alzamora. Staircase of understanding May 5-Jul 17. Homage to the theories, such as the 'staircase of understanding',

of 13th-century Catalan philosopher, Ramon Llull.

Fundació Antoni Tàpies

(Aragò, 255). M: Passeig de Gràcia (L2, L3, L4). T. 93 487 03 15. Tue-Sun 10am-7pm. Closed Mon. €7. Students and pensioners: €5.60.

Documents of action Until May 22. Around 60 works from collections of Anthony Denney and Daniel Cordier. Antoni Tàpies. Collection, 1955-1965 Until May 22. Work by the late Catalan artist.

Fundació Catalunya-La Pedrera

(Pg. de Gràcia, 92). M: Diagonal (L3, L5). T. 902 202 138. 10am-8pm (last entry 7.30pm). €3. Reduced: €2.

Toni Catany. Come and Go Until Jul 17. Contemporary photography that uses classical themes.

Fundació Joan Miró

(Parc de Montjuïc, s/n). M: Espanya (L1, L3; FGC). T. 93 443 94 70. Tue-Sat 10am-7pm; Thu 10am-9pm; Sun & public hols 10am-2.30pm. Closed Mon (except public hols). €11. Temp exhibition: €7. Espai 13: €2.50.

Permanent exhibition As the culmination of its 40th anniversary, the foundation has updated its permanent show.

Fundación MAPFRE

(Diputació, 250). M: Passeig de Gràcia (L2, L3, L4). T. 93 401 26 03. Mon 2pm-8pm; Tue-Sat 10am-8pm. Sun and public hols 11am-7pm. €3.

Hiroshi Sugimoto Until May 8. Work by key post-war photographer. Bruce Davidson May 26-Aug 28. Retrospective of leading exponent of humanist photography.

Fundació Suñol

(Pg. de Gràcia, 98). M: Diagonal (L3, L5).T. 93 496 10 32. Mon-Fri 11am-2pm, 4pm-8pm; Sat 4pm-8pm. Closed Sun, public hols. €4. Reduced: €3.

Dialogues of the gaze Until Sep 10. Collective exhibition exploring the communicative function of art.

Gaudí Exhibition Center

(Pla de la Seu, 7). M: Jaume I (L4) and Liceu (L3).T.93 268 75 82. 10am-8pm. €15. Reduced: €12.

Walking with Gaudí Interactive exhibition which looks at the life and work of Antoni Gaudí.

Hash Marihuana & Hemp Museum

(Ample, 35). M: Drassanes (L3). T. 93 319 75 39. 10am-10pm. Public hols 2pm-10pm. €9. Under-13s free.

► Permanent exhibition Past. present and future of cannabis.

Jardí Botànic de Barcelona

(Doctor Font i Quer, s/n). M: Espanya (L1, L3; FGC). T. 93 256 41 60. Daily 10am-7pm. €3.50. Reduced: €1.70.

Jardí Botànic (MCNB) Plants from global Med climate zones. **Bonsai Exhibition** Collection donated by the Duran i Farell family.

La Virreina Centre de la Imatge

(La Rambla, 99). M: Liceu (L3). T. 93 316 10 00. Tue-Sun, public hols, noon-8pm.

FREE Barcelona, the metropolis in the age of photography, 1860-2004 Until Jun 26. See page 34.

MACBA

(Plaça dels Àngels, 1). M: Universitat (L1, L2) & Sant Antoni (L2). T. 93 412 08 10. Mon-Fri 11am-7.30pm; Sat 10am-9pm; Sun, public hols 10am-3pm. Closed Tues (except public hols). €10. Reduced: €8.

Andrea Fraser, The 1%, that's me Until Sep 4. The US artist tries to answer the question, 'What do we want from art?'.

Punk. Its traces in contemporary art May 13-Sep 25. Taking a look at the influence of the punk movement on modern art.

MEAM: Museu Europeu d'Art Modern

(Barra de Ferro, 5). M: Jaume I (L4). T. 93 319 56 93. Tue-Sun 10am-8pm. Closed Mon. €9. Reduced: €7.

▶ 21st-century art Permanent exhibition. In the workshop of Josep Clarà Until Jun 19. Eighty works by Catalan sculptor.

Museu Etnològic

(Pg. de Santa Madrona, 16-22). M: Poble Sec (L3), Espanya (L1,L3:FGC). T. 93 424 68 07. Tue-Sat 10am-7pm; Sun, public hols 10am-8pm. Closed Mon (except public hols). Ticket for Museu Etnològic + Museu de les Cultures del Món: €5. Reduced: €3.50.

Permanent exhibition Comparing places and times to understand society. Land of potters Until Jun. Trades associated with water.

The sacred, the profane and the festive Until Jun. Origins of religious expression in Catalonia.

MIBA. Museu d'Idees i Invents de Barcelona

(Ciutat, 7). M: Jaume I (L4). T. 93 332 79 30. Tue-Fri 10am-2pm, 4pm-7pm; Sat 10am-8pm; Sun, public hols 10am-2pm. Closed Mon (except public hols). €8. Reduced: €6.

► Permanent exhibition The world of creativity and inventing.

MUHBA El Call

(Placeta de Manuel Ribé, s/n). M: Liceu (L3), Jaume I (L4). T. 93 256 21 22. Mon, Wed, Fri 11am-2pm; Sat-Sun 11am-7pm. Closed Tue, Thu. €2.20. Reduced: €1.54.

The Jews in Medieval Barcelona

Permanent exhibition about the life of this key community in the city.

MUHBA Oliva Artés

(Espronceda, 142-146, Parc Central del Poblenou). M: Poblenou (L4). T. 93 256 21 22. Mon-Fri visits with prior booking only; Wed 10am-2pm; Sat-Sun 11am-3pm, 4pm-6pm.

FREE Interogate Barcelona, from industrialisation to the 21st century Permanent exhibition of recent city history.

MUHBA Park Güell

(Olot, s/n. Casa de la Guarda). M: Vallcarca (L3). T. 93 256 21 22. Tue-Sun 8.30am-9.30pm. The Casa de la Guarda museum is part of park's 'monumental area', and visits are covered by general conditions for admission. Access with ticket only.

Permanent exhibition The Casa de la Guarda, Park Güell and modernista Barcelona.



La Nit dels Museus

Barcelona once more joins in the cultural celebration that sees museums all over Europe open into the night for visitors to enjoy a different perspective of exhibits, as well as specially organised activities. May 21, 7pm-1am, www. lanitdelsmuseus.cat #bcnesmuseu

MUHBA Placa del Rei

(Pl. del Rei). M: Jaume I (L4). T. 93 256 21 22. Tue-Sat 10am-7pm; Sun 10am-8pm. Closed Mon. €7. Reduced: €5. Under-16s free. Free Sun from 3pm.

Permanent exhibition Tour of the Roman colony of Barcino.

Renaissance Barcelona Until May 22. Journeys made by some of the stones of the museum.

Dawn of agricultural development in the Pla de Barcelona Until Nov 18. Looking at a key aspect of the local economy.

MUHBA Refugi 307

(Nou de la Rambla, 169). M: Paral·lel (L2, L3). T. 93 256 21 22. Guided tours with prior booking: Sun 10.30am (Eng), 11.30am (Spanish), 12.30pm (Catalan). Closed public hols. €3.40.

MUHBA Refugi 307 Underground passageways highlight the city's suffering during the Civil War.

MUHBA Santa Caterina

(Pl. de Joan Capri). M: Jaume I (L4). T. 93 256 21 22. Mon. Wed. Sat 7.30am-3.30pm; Tue, Thu-Fri 7.30am-8.30pm. Closed Sun, public hols.

FREE Permanent exhibition

Remains among the foundations of the Santa Caterina market.

MUHBA Temple d'August

(Paradís, 10). M: Jaume I (L4). T. 93 256 21 22. Mon 10am-2pm; Tue-Sat 10am-7pm. Sun 10am-8pm.

Permanent exhibition Remains of site where urbanism and political and religious power combined in Roman Barcelona.

MUHBA Turó de la Rovira

(Marià Labèrnia, s/n). Bus: 119,V17. T. 93 256 21 22. General access has no fixed timetable. Museum area: Sat, Sun 10am-3pm.

Permanent exhibition Barcelona to the limit.

MUHBA Via Sepulcral Romana

(Pl. Vila de Madrid). M: Catalunya (L1,L3;FGC). T. 93 256 21 22. Tue, Thu 11am-2pm; Sat-Sun 11am-7pm. Closed Mon, Wed, Fri. €2. Reduced: €1.50.

Permanent exhibition This secondary Roman road was also a burial site for the popular classes in the first and third centuries AD.

Museu Blau

(Pl. de Leonardo da Vinci, 4-5, Parc del Fòrum), M: El Maresme/Fòrum (L4), T. 93 256 60 02. Tue-Sat 10am-7pm. Sun & public hols 10am-8pm. Closed Mon (except public hols). €6. Reduced: €2.70. Museum & Botanical Gardens: €7. Reduced: €3.50. Temp exhibition: €5. Reduced: €3.50.

Nutrition, vital instinct Until May 29. Fundamental concepts of food.

Museu de Badalona

(Pl. Assemblea de Catalunya, 1. Badalona). M: Badalona-Pompeu Fabra (L2).T.93 384 17 50.Tue-Sat 10am-2pm, 5pm-8pm; Sun & public hols 10am-2pm. €6. Reduced: €4.80.

Permanent exhibition Remains of the Roman city of Baetulo.

Posters and photographs from **Easter and Corpus Cristi** Until May 29. A look at the history of the city's religious celebrations.

Museu de Montserrat

(Abadia de Montserrat. 08199 Montserrat). FGC: Monistrol de Montserrat + zip train. Mon-Sun 10am-5.45pm. €7. Reduced: €6. Temp exhibition: €3.30.

Emotional geography Until May 22. Landscapes by Josep Guinovart. Martí Gasull May 13-Sep 11. Catalan photographer.

MEB: Museu de l'Eròtica

(La Rambla, 96). M: Liceu (L3). T. 93 318 98 65. 10am-midnight. €9. Reduced: €8.

► Permanent exhibition History of eroticism and its portrayal in art.

Museu de la Moto de Barcelona

(Palla, 10). M: Jaume I (L4). T. 93 318 65 84. Mon-Sat 10.30am-7.30pm; Sun, public hols: check with museum. €7. Reduced: €5. Under-8s free.

- ► Motorbike. Society, industry, competition Permanent exhibition of the history of the motorbike.
- ► Scooters Until Jan 2017. A look at urban motorcycles such as Vespas and Lambrettas.

Museu de la Música

L'Auditori (Lepant, 150), M: Glòries & Marina (L1). T. 93 256 36 50. Tue-Sat 10am-6pm; Sun 10am-8pm. Closed



Mon. €5. Reduced: €3.50. Sun from 3pm and under-16s, free.

➤ Permanent exhibition Take a trip through musical history.

The big night of Catalan rock May 20-Aug 28 Remembering a huge concert in 1991 by four of the biggest names in Catalan music.

Museu de la Xocolata

(Comerç, 36 - Antic Convent de Sant Agustí). M: Arc de Triomf (L1). T. 93 268 78 78. Mon-Sat 10am-7pm; Sun 10am-3pm. €5. Group: €4 p/p.

► **Permanent exhibition** The story of chocolate from its origins.

Museu de les Cultures del Món

(Montcada, 12-14). M: Jaume I (L4). T. 93 256 23 00. Tue-Sat 10am-7pm; Sun and public hols 10am-8pm. Closed Mon (except public hols). €5. Reduced: €3.50.

▶ Permanent exhibition Items gathered in Asia, Africa, Oceania and the Americas.

Museu del Disseny de Barcelona

(Pl. de les Glòries Catalanes, 37-38). M: Glòries (L1). T. 93 256 68 00. Tue-Sun 10am-8pm. Closed Mon (except public hols). €6. Reduced: €4. Temp exhibition: €4.40. Reduced: €3. Combined: €8. Reduced: €5.50. Sun 3pm-8pm and first Sun of the month, free.

From the world to the museum. Product design, cultural heritage Daily objects from a museum perspective. Dressing the body. Silhouettes and fashion (1550-2014) How women change their shape with clothes. Extraordinary! **Decorative and applied arts** collections (3rd-20th century) Art from across the centuries. Graphic design: from trade to profession Tracing the professionalisation of graphic design. **Tangibles** *Until May 22.* Show about the transfer of pieces from the old Design Museum to its new location at the DHUB.

Museu del FC Barcelona

(Aristides Maillol, s/n. Gates 7, 9). M: Les Corts (L3). T. 902 18 99 00. 9.30am-7.30pm. Some parts closed on match day. €23. Children: €17. Under-6s, FCB members, free. ► Camp Nou Experience Discover the club's history and the stadium.

Museu del Mamut

(Montcada, 1). M: Jaume I (L4). T. 93 268 85 20. 10am-8pm. €7.50. Reduced: €5. Children (6-15): €3.50.

► Permanent exhibition Woolly mammoths and other Ice Age creatures.

Museu del Modernisme de Barcelona

(Balmes, 48). M: Pg. de Gràcia (L2, L3, L4).T. 93 272 28 96. Tue-Sat 10.30am-7pm; Sun, public hols 10.30am-2pm. Closed Mon. €10. Reduced: €7.

- ► **Permanent exhibition** Works by key Catalan modernisme artists.
- ► Ramón Casas and modern life Until Jun See page 43.

Museu Egipci de Barcelona

(València, 284). M: Pg. de Gràcia (L2, L3, L4). T. 93 488 01 88. Mon-Fri 10am-2pm, 4pm-8pm; Sat 10am-8pm; Sun 10am-2pm. €11. Reduced: €8.

▶ Permanent exhibition

Hundreds of exhibits give a glimpse of life in Ancient Egypt.

- ► Tutankhamun. Story of a discovery No end date. 1922 archaeological expedition that uncovered the pharaoh's tomb.
- ➤ Osiris, Egyptian god Until Jun 30. Find out all about the god of death, resurrection and afterlife.

Museu Frederic Marès

(Pl. de Sant Iu, 5). M: Jaume I (L4). T. 93 256 35 00. Tue-Sat 10am-7pm; Sun, public hols 11am-8pm. Closed Mon (except public hols). €4.20. Reduced: €2,40.

Permanent exhibition Valuable artworks and objects.

Museu Marítim de Barcelona

(Av. de les Drassanes, s/n). M: Drassanes (L3). T. 93 342 99 20. 10am-8pm. Temp exhibitions & visit to Santa Eulàlia schooner: €7. Reduced: €3.50. Permanent exhibition closed for remodelling.

7 vessels, 7 stories *Until Dec* 31. A trip through various stories featuring different sea vessels. **Stop the boat!** *Until May* 29.

Attacks on the Spanish Merchant Navy during WWI.

Vessels made from waves, salt and sun Until Jun 30. Artist Jordi Comas uses items carried by the Tramuntana wind to create sculptures.

Toy boats *May 20-Jan 8, 2017*. Exhibition of a private collection from Menorca of toy boats.

Museu Nacional d'Art de Catalunya

(Parc de Montjuïc). M: Espanya (L1, L3;FGC). Tue-Sat 10am-8pm; Sun, public hols 10am-3pm. Closed Mon (except public hols). €12. Roof terrace €2. Free entry Sat from 3pm. Temp shows: ask at museum.

- ▶ Permanent exhibition World's most important collection of Romanesque art and Catalan modernisme.
- ► New masterpieces for the museum *Until Jul 3*. Show of recently donated medieval works.

Museu Olímpic i de l'Esport Joan Antoni Samaranch

(Av. de l'Estadi Olímpic, 60). M: Espanya (L1, L3; FGC). T. 93 292 53 79. Tue-Sat 10am-8pm; Sun, public holidays 10am-2.30pm. Closed Mon (except public hols). €5.10. Students: €3.20. Under-7s and over-65s: free.

- ► Permanent exhibition Explore the worlds of sport and the Olympic Games.
- ▶ **3,2,1...Rio** *May* 3-Sep 18. How other host cities have followed Barcelona's example when staging Olympic Games.

Museu Picasso

(Montcada, 15-23). M: Jaume I (L4). T. 93 256 30 00. Tue-Sun 9am-7pm; Thu 9am-9.30pm. Closed Mon. €14 (combo ticket for museum + temp exhibition). Collection only: €11. Temp exhibition: €4.50.

Permanent exhibition Works from different periods in Picasso's life. **Latest donations and acqusitions** *Until May 15* Works and documents recently added to the archive.

Palau Robert

(Pg. de Gràcia, 107). M: Diagonal (L3, L5). T. 93 238 80 91. Mon-Sat 10am-

8pm; Sun, public hols 10am-2.30pm.

FREE Rafael Patxot. Patrons, scientist... the man Until May 8. Exploring the work of Patxot in promoting culture and science.
FREE We're all Supers! Until Aug 28. 25 years of Catalan TV's output for kids.

FREE Perelada's big moments. 30 years, 30 images Until May 11. 30 years of the Festival Castell de Peralada.

FREE Comediants. Inventors of a new language *Until Aug* 28. Looking back at 44 years of Catalan theatre company.

FREE European man May 18-Sep 4. Photographic show reflecting on European values.

Pis-museu Casa Bloc

(Pg. Torras i Bages, 91). M: Torras i Bages (L1). Guided tours in Catalan, Spanish and English: reservations must be made before Thu. Guided tours: Sat 11am. Information line: Tue-Fri 10am-1pm; Thu 3pm-5.30pm. Individual visits: €4. Info: tel. 93 256 68 01 or museudeldisseny.cat.

Casa Bloc A symbol of rational social housing in Barcelona.

Reial Monestir de Santa Maria de Pedralbes

(Baixada del Monestir, 9). FGC: Reina Elisenda. T. 93 256 34 34. Tue-Fri 10am-5pm; Sat 10am-7pm. Sun 10am-8pm. Closed Mon (except public hols). €4.40. Reduced: €3.10.

The treasures of the convent

Unique collection of artworks, furniture, and secular and liturgical objects.

Plants, remedies & apothecaries Natural remedies from the convent's medieval garden.

Murals under the magnifying glass The study and conservation of the earliest Italian Trecento paintings in Catalonia.

Petras Albas History of the monastery and the Montcada family between 1326 and 1673.

Theatre

El Molino

(Vilà i Vilà, 99). M: Paral·lel (L2, L3). T. McCafferty. In Catalan.

93 205 51 11. elmolinobcn.com. Box office: Thur-Sat, 5-9pm. Tickets from: Ticketea, Atrapalo, Telentrada, Entradas.com and box office.

- ► Cabaret Experience Until May 29. Thu 9.30pm; Fri, Sat 6.30pm, 9.30pm. From €24. Cabaret, circus, song and dance.
- ► Jazz Night May 3, 10, 17, 24. 9.30pm. €15. Top local and international jazz musicians perform.

Rumba Experience €18.50. There are few things that say 'Barcelona' more than rumba.

Teatre Gaudí Barcelona

(Sant Antoni Maria Claret, 120). M: Sagrada Família (L2,L5). T. 93 603 51 52. Ticket office: opens an hour before function starts.

Orson surt, perseguit per un ós

Until May 8. Thu 8pm; Fri, Sat 9.30pm; Sun 8pm. €20. Play inspired by 100th anniversary of birth of Orson Welles. In Catalan. Carmen Until May 8. Fri, Sat 6.30pm; Sun 5pm. €24. Adaptation of Bizet's classic. In French with subtitles in Catalan.

El botxí May 12-22. Thu-Sun 8pm. €20. Monologue examining the experiences of executioners. In Catalan.

Alice in Wonderland – The Musical May 12-19. Thu-Sat 9.30pm; Sun 6pm. €24. Black comedy based on famous story. In English, with subtitles in Catalan.

Teatre Lliure (Gràcia)

(Montseny, 47). M: Fontana (L3). T. 93 289 27 70. teatrelliure.com

Maria Estuard May 5-Jun 5. Tue-Fri 8.30pm; Sat 5.30pm, 9pm; Sun 6pm. €29. Verse play by Friedrich Schiller that explores the final days of Mary, Queen of Scots. In Catalan.

Teatre Lliure (Montjuïc)

(Pg. Santa Madrona, 40-46/Pl. Margarida Xirgu, 1). M: Espanya (L1, L3;FGC) & Poble Sec (L3). T. 93 289 27 70. teatrelliure.com

En veu baixa May 18-Jun 12. Wed-Fri 9pm; Sat 6pm, 9.30pm; Sun 6.30pm. €29. Translation of Quietly by Northern Irish writer Owen McCafferty. In Catalan.

El curiós incident del gos a mitjanit May 26-Jun 22. Wed-Fri 8.30pm; Sat 9pm; Sun 6pm. €29. Stage version

9pm; Sun 6pm. €29. Stage version of The Curious Incident of the Dog in the Night-Time. In Catalan; English and Spanish subtitles at Sat show from Jun 4.

Teatre Nacional de Catalunva

(Pl. de les Arts, 1). M: Glòries (L1), Monumental (L2). T. 93 306 57 00. Ticket office: Wed-Fri 3pm-7pm; Sat 3pm-8.30pm; Sun 3pm-5pm. tnc.cat

Victòria May 4-Jun 12. Wed-Sat 8pm; Sun 6pm. For 14 year olds and over. €28. A love triangle in 1951 in Barcelona. In Catalan. Quines bones obres farà May 19-22, 25. Wed-Sat 8pm; Sun 6pm. For 16 year olds and over. €23. New version of Chekov's The Seagull. In Catalan.

Teatre Poliorama

(La Rambla, 115). M: Catalunya (L1, L3) T. 93 317 75 99. Ticket office: Tue-Fri from 5pm. Sat, Sun from 4pm until start of show.

Florido Pensil (Nenes) Wed-Fri 9pm; Sat 6pm, 9pm; Sun 6pm. €20-€29. Five girls in the Spanish post-war education system. In Catalan.

Teatre Victòria

(Av. Paral·lel, 65-67). M: Paral·lel (L2, L3). T. 93 329 91 89. Ticket office: Wed-Fri, from 5pm. Sat, Sun, from 4pm until performance starts.

Fang i setge Until May 28. Thu 8.30pm; Fri 5.30pm, 9.30pm; Sun 6.30pm. Musical exploring life during 1713 Siege of Barcelona. In Catalan.

Dance

Mercat de les Flors

(Lleida, 59). M: Espanya (L1,L3; FGC), Poble Sec (L3).T. 93 426 18 75. Ticket office opens an hour before show starts. mercatflors.cat

GötesborgsOperans Danskompani

May 6-8. 8.30pm (Sun 6pm). €25. Contemporary dance from Swedish company.

Israel Galván *May* 20-21. 9.30*pm*. €25. Contemporary flamenco.



Not just another hotel bar

Argentinian chef Estanis Carenzo arrives in Barcelona via the Casa Bonay hotel and its eateries, Têt and Libertine. By **Ricard Martín**

It's one of the most depressing moments of any holiday: you've had an exemplary gastrotourism experience at lunchtime, so for dinner you decide to stay in your hotel. You can't force your stomach to take on the battle of eating in a standard three- or fourstar dining room (entrecôte, Caesar salad, pseudo French sauces, etc.), but neither do you want to have to settle for a sadlooking sandwich in a lobby that feels like a dentist's waiting room.

The brand-new Casa Bonay hotel is, according to director and co-owner Inés Miró-Sans, 'a place where you'll want to have lunch and



I don't believe in flat rates for food. Everything we serve is unique

dinner every day of the week'. In the majority of cases, the multipurpose bar-restaurant inside a hotel is the ugly duckling compared to the hotel's restaurant. However, Casa Bonay is different. Libertine, the bar-restaurant in question, is not a gastropub, but a gastrohub serving food from all over the world as created by Estanis Carenzo. The Argentinian chef revolutionised the dining scene in Madrid with his Chifa and Sudestada restaurants, and here he's 'using Asian techniques to offer Latin sensations'. Breakfast is the domain of hip café Satan's

Coffee Corner (Arc de Sant Ramon del Call, 11) and cold pressed juices come from Mother, the firm that pioneered the drink in Spain (Joaquín Costa, 26). The restaurant is also connected to Têt, Carenzo's take on the Vietnamese pub (see right). 'The full name is Libertine. House of meals and dances,' says Miró-Sans, 'a place where you can eat like you're at home. And, like at home, if one night you're in the mood, you can listen to music and dance without having to go to a club.' The floor is lined with typical Barcelona paving stones and the decor is classic. welcoming - it's a place for letting yourself go and making the most of the surrounds. At the bar you can order cocktails and quality spirits (note the top selection of whisky and sherry) until 3am, and there are DJs and live music: the idea is for the Bonay to be an old-school meeting point for the city.

Eight is the magic number

For the time being, Libertine is focusing on a style of cooking that Carenzo defines as soul food: not the African-American kind of soul food, but the kind of food that reminds you of home. Every day, non-stop from noon to midnight, Libertine offers a set menu with eight starters and eight mains that have nothing to do with typical hotel fare. 'To me, hotel chains whatever the category - and their buffets are heartbreaking. It's such a waste of food,' says Carenzo. 'I don't believe in flat rates either. Everything you eat here is unique, the result of someone's imagination.' It may









seem that eight starters and eight mains isn't enough, but done as well as they are at Libertine, it's more than adequate – it's really eight dishes that are good to share, along with eight favourites that have been reinterpreted. There are eight because of the number's positive meaning in China. Among the starters, the marinated pumpkin is gorgeous, and the patatas bravas are a miracle – mashed potato with a crispy coat served with an excellent Mexican salsa.

The new-look main dishes are designed so that anyone can find something they fancy eating. Hotel food tends to be pretty standard - it's like edible elevator music. Carenzo's is the opposite: 'Take classics and serve them in the same place throughout the day with the same quality. That's very difficult to do.' Examples: veal cheeks in a bourguignon sauce that tastes like it's come straight from a bistro (€17.50); Korean soup made with mussels and Galician seaweed (€5.20): and roast pumpkin tortellini, which has gone right into the top 10 of Italian dishes served in the city (€12.50). 'If I eat that, I'll end up sleeping on the sofa because it's so heavy,' you might think. But actually, it's light. 'Culinary fusion,' says Carenzo, 'is a way of looking at cooking, not of stacking up dishes. These recipes are so light because I've added Asian touches.'

Casa Bonay: Libertine Gran Via, 700 (Eixample Dret). T. 93 545 80 50. P: €20-€30.

Into the fire



By **Pau Arenó**:

Pho, the super soup

Two weeks before he was due to open his restaurant at the Casa Bonay hotel, Argentinian chef Estanis Carenzo decided to change his plans. After months deep in discussion with Inés Miró-Sans, Casa Bonay's co-founder and creative director, he suddenly came up with Têt, a Vietnamese barbecue, bistro and tavern. To keep things complicated, Têt changes its name and its character at night, turning into Elephant Crocodile Monkey, which in the original plan was going to occupy both time slots. What exactly will this safari consist of? 'It's going to be closely connected to the ingredients that come in every day.' He saw the name on a rusting sign in the Thai jungle: 'It was advertising a zoo.'

The important thing about Casa Bonay, Miró-Sans and Carenzo insist, isn't what has happened up until now (the building) but what is going to happen (the human factor). For Miró-Sans, it's a multigenerational project: she's made partnerships with Satan's Coffee Corner, the juice and smoothie bar Mother, and publishers and booksellers Blackie Books, all of whom have premises in the building. Carenzo, who was born in Buenos Aires and made his name with three restaurants in Madrid, signed up for the ride when he saw that he wasn't being offered just another typical hotel restaurant. He heads up three ventures: Têt, Elephant Crocodile Monkey, and Libertine, where he reinterprets classic international hotel food, and serves cocktails and teas. Miró-Sans has great plans for it (see left).



This review, however, will focus on Têt. The name refers to the Vietnamese New Year, but also to the American military campaign during the Vietnam War. I drink Sextant Métisse, a light Gamay, to prepare me for the freshness of the herbs and chilli peppers. 'A different approach to day-to-day dining,' they say. It's a difficult location: this part of the Eixample is a food desert at night, and at lunchtime, an emergency meal dispenser. How can they build a clientele?

The nem ('more earthy than at Sudestada', one of Carenzo's Madrid eateries) are good, although the downside is the usual one: sliced up and mixed together, it's difficult for the main ingredients (Duroc pork and spiny lobster) to shine. Chicken and sea bass are barbecued to perfection, served with jasmine rice and pickles. The best thing about the Filipino spring rolls is the banana ketchup. There are fried dishes, stimulating

marinades (a fermented chilli vinaigrette) and nice veg. And hardly any light. What is this craze for semi-darkness?

I want to dedicate a whole paragraph to the dish that scoops the prize, the one that will make this place a hit: their pho, the famous Vietnamese soup, which they serve in its most sophisticated form. The mature picaña (beef rump), the rice noodles, the herbs, the pickled chilies, the dash of lime -I delight in every drop, I savour every spoonful. 'Could pho catch on like ramen? Could it?' asks Miró-Sans. Why not? It's a complete dish that seduces chefs. Carenzo is a super chef and he's created a super soup. OK. But will he get the city to dance to the sound of monkeys. elephants and crocodiles?

TÊT

Gran Via, 700 (Eixample Dret). T. 93 545 80 77. Price: €15-€20 (without wine).

Cal Robert



Requesens, 27 (Raval) T. 93 441 40 47. P: €18-€20.

Robert Serra Mundet, formerly of Ca l'Isidre, Colibrí and Casa Leopoldo, has set up his own place in the area he has a lifelong connection to, the Raval, near the boundary with the Sant Antoni district. It's a zone where new and interesting eateries are opening alongside historical places. Cal Robert is a neighbour of the legendary club JazzSí, so lively nights are guaranteed.

Great value for money has made it popular at lunchtime too. You can enjoy a selection of small dishes for between €15 and €20, with wine by the glass or the bottle from a strong wine list – especially in terms of price and quality. The

kitchen benefits from sporadic input from Manel Garriga, an expert in meat dishes and hearty stews. 'We keep our prices affordable because everyone has the right to eat well at a reasonable price,' he

THE BILL
(For 2)
2 omelettes €7.00
1 chickpeas €6.00
1 cannelloni €5.00
1 pork cheeks €6.00
1 baked salted cod €7.00
2 glasses of wine, 1 cava €6.75
TOTAL (inc VAT) €37.75

Time Out Barcelona Food & Drink critics review anonymously and pay their own bills.

says. The food is based on local produce, fresh from the market. There's no set lunch menu, but they do have a dish of the day for between €6 and €8, and most of the dishes on the blackboard are about the same price. Their omelettes are always a highlight – the best are the artichoke and the potato and onion ones. After a plate of five different croquettes and the omelettes, we have the dish of the day, canelons de l'avia (grandma's cannelloni), tasty and nicely balanced.

Among the fish dishes, their bacallà a la llauna (baked salted cod) is a standout, as is their lluç a l'andalusa (Andalusian-style hake). There's always capipota (calf's head and foot stew) and sometimes oxtail, stewed in a good wine and with plenty of patience.

—Marcelo Aparicio

Pure white

Només Garnatxa Blanca 2005 DO Empordà. 13%

The first thing that strikes you about this single-variety white is its pale yellow colour, with reflections that begin to evolve immediately. I can't lie: I have a particular weakness for garnatxa blanca - it's the Mediterranean in wine form. And not just because it's balanced, fresh and rounded, coating the mouth, but because of its persistence, its personality and the hints of sweet fruit and subtle notes of spices. Grapes from vines that are between 50 and 60 years old, and stand on a stony terroir, are brought up to date with a presentation that is modern. eclectic and essential. A wine for lovers of garnatxa blanca. - Meritxell Falgueras **Buy your bottle at Celler** de Gelida (Vallespir, 65) for €6.35

THIS MONTH'S SPECIALS What's new in town

►WORTH SHELLING OUT FOR

Just opened next to La Boqueria market is Joël's Oyster Bar (Plaça de Sant Josep, 13). Open every day except Sunday from 10am-7pm, you can bring a certain, ahem, vigour to your visit to Barcelona with their quality molluscs, sourced from Joël Dupuch, one of France's leading oyster farmers. On the menu you'll also find king crab, fresh crayfish, lobster, tuna and salmon sashimi, and caviar.

►TOTAL CAÑETE

To mark their fifth anniversary, the division between tapas bar Cañete and its twin, the sit-down restaurant Cañete Mantel (both at Unió, 17), is being abolished: the same tapas menu will be available in both. Owner José María Parrado explains that, 'The bar at Cañete is such a hit we've had to maximise the space to offer what we call "fine tapas".' They will still serve a set lunch menu for €16.



►CANE SUGAR

A new Caribbean eatery in Barcelona has just opened: Caña de Azúcar (Muntaner, 69) is a restaurant that transports its clientele to a typical Venezuelan dining room. The owners, brother and sister Adnaloy and Adriana Osio, who have experience of haute cuisine in Spain, want to bring their creativity to bear on traditional Venezuelan food.

Bar La Masia



4444

Elisabets, 16 (Raval). Mon-Sat 9am-midnight.

When you go to La Masia, as with many spots in the Raval, you'll want to ask: Is it a bar? A café? A tavern? A restaurant? This iconic establishment in the north of the district is La Masia, a retro vortex that abandoned the space-time continuum long ago to occupy a unique dimension all its own. With an unadulterated Catalan identity the estelada (the yellow-and-red striped Catalan flag with a white star for independence) at the back is not just for show - for donkey's years, this family business has been feeding locals and connoisseurs in search of a little authenticity in the Raval. Tourists are also seduced by its rustic atmosphere, delighted to find a corner of the city impervious to fashion and hipster design.

Small and crowded, the bar has supported three generations of the Pijoan family and shows no sign of letting up – rather the opposite – and on busy nights you'll find it hard

to get a table. La Masia's destiny is to be part of the eternal Raval. Jazz in the background, football on the TV and overlapping conversations. If you let your gaze sweep the room from the bar, you pan across what I like to call classic Catalan tavern decor: casks of wine, objects gathering dust, a terror of empty wall space, calendars featuring lightly attired women, and tapas on display under glass.

The secret of La Masia's success is its refusal to change. And this stubbornness has kept it alive from the mid-20th century to today. They don't do cocktails: regulars drink draught beers, vermouth and wine from the barrel. They definitely don't need to hire bartenders in vintage specs or a Scandinavian designer to update the interior: over 60 years on the front line on one of the most turbulent streets in Ciutat Vella have made them immune to criticism. Welcome to the Raval. The same as it ever was. -Òscar Broc

FOOTNOTE A historic bar where to sit and wait for independence.

WHAT'S MORE

FORÇA BARÇA!

Real Madrid supporters will have to grin and bear it. At La Masia they're uncompromising Barça fans, and they say it loud all over the walls, which are plastered with posters and souvenirs.

GRANDMA'S TAPAS

Don't be fooled by the rundown appearance of the bar: they have good grub, lovingly prepared, full of flavour and very greasy, as tradition dictates. Home-made tapas at affordable prices.



IDEAL COCKTAIL BAR

At one of the city's most old-school drinking spots, the barman is a G&T afficionado, and he serves it in a variety of styles. Aribau, 89 (Eixample Esq.).



BAR ULTRAMARINOS

This welcoming bar makes well-priced G&Ts created using a local brand of gin, from the Catalan town of Vilanova. Sant Pau, 126 (Raval).



NEGRONI

Don't bother looking for the menu – there isn't one. Talk to the bartender and you'll soon be sipping on a memorable concoction. Joaquín Costa, 46 (Raval).



DRY MARTINI

Cinnamon, raspberry, coffee, blackcurrant - they

have G&Ts with all these flavours, while the gimlet foxtrot is unmissable. Aribau, 162 (Eixample Esq.).

TORRE ROSA

One of the best places in Barcelona for an al fresco G&T is the magnificent garden of this century-old house. Francesc Tarrega, 22 (Sant Andreu).



G&Ts: cocktail hour

Barcelona is enjoying a boom in this classic drink, and many bars now serve their own take on it – here are a few of our faves.



By **Hannah Pennell**

XIX BAR
The space may be small but their commitment to, and love for, gin is infinite – come and worship at this G&T temple. Rocafort, 19 (Sant Antoni).



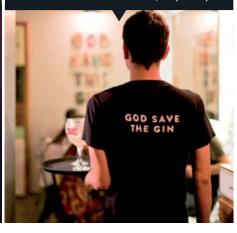
ELEPHANTA

A gin bar where innovation is the name of the game; they create drinks to mark special occasions, and offer gin tastings. Torrent d'en Vidalet, 557 (Gràcia).



BOBBY GIN

At this modern bar the staff will be happy to guide you through the extensive range of both gins and tonics on offer. Francisco Giner, 47 (Gràcia).









Glòries Shopping Centre

A tour through the world of tapas

Until May 30, 14 restaurants in Glòries shopping centre pay homage to the art of tapas, with different culinary offerings to suit all tastes

t least once a month, foodies all over Spain ask the all-important question: 'Who wants to go for tapas? Sometimes they get what they want, and sometimes the plan falls flat... However, the good news for tapas lovers is that we've got a great recommendation to enjoy during May. Throughout this month Glòries shopping centre is a hotspot for the popular pastime of 'tapeo' (going out for tapas), as it hosts its second Tapas Route. After the success of the inaugural event in 2015, this year 14 restaurants from the centre are taking part and, as you would expect, they've come up with the tastiest, most appetising and exclusive tapas.

But that's not all. The best thing about this tapas tour is that the restaurants' chefs have created tapas to suit all tastes: eggs with chistorra sausage (Casa Palet),

cod with wild mushrooms (EI Rebost de Can Culleretes), eggs with cream of potato (Drink & Eat), and pork buns (Udón). And that's only a small sample of all the tapas dreamed up for the occasion. Isn't your mouth watering just thinking about them? A tapa and a drink costs €2.95 (or just €2.50 if you have a Glòries VIP card, or you get a free card when you start the route).

MERCAT DELS

So, if you're planning on visiting Plaça de les Glòries – with the bustling Els Encants market, the DHUB design museum and the world-famous Torre Agbar by Jean Nouvel – the essential pit stop for lunch or dinner has to be Glòries shopping centre. To make the most of your experience, when you arrive, go straight to the Customer Service point to pick

Juget a free e route).

PLAÇA DE LES GLORIES

TORRE AGBAR

TORRE AGBAR

up your tapaporte, the map that will guide you to the participating restaurants. Feast your eyes and delight your sense of smell before you taste your tapas! You can take the route alone, with your partner or with all the family – enjoy the moment and, if you can, try all the tapas on offer! What's more, on Thursdays there's live music, the ideal way to try something different or surprise a friend.

And we've got a final piece of advice – as you visit the various restaurants be sure not to lose your tapaporte, because if you get five stamps or more and take it to the Customer Service point after May 30 (the last day of the route), you'll be entered into a draw to win two Dohan folding bikes. Are you ready for some seriously tasty tapas?

Glòries Shopping Centre

Diagonal, 208. T. 93 486 04 04. www.lesglories.com

Catalan cuisine

7 Portes

The eponymous seven doors open on to as many dining salons, all kitted out in elegant 19th-century decor. Long-aproned waiters bring regional dishes, including a fishy zarzuela stew with half a lobster, a different paella each day, a wide array of fresh seafood, and heavier dishes such as herbed black-bean stew with pork sausage, and orujo sorbet to finish. Reservations are available only for certain tables; otherwise, get there early. Passatge Isabel II, 14. T. 93 319 30 33. M: Barceloneta (L4)

Agut

Barcelona has a wealth of eateries that have improved over the years. Many are back on the map after having been forgotten, while some provide the added bonus of having modernised without going mad, allowing them to catch up with the demand for quality products that clients want. One such case is Agut. Gignàs, 16. T. 93 315 17 09.

M: Drassanes (L3), Jaume I (L4)

Freixa Tradició

The return of Josep Maria Freixa to his family home, now that his son Ramón has gone off to enjoy fame in Madrid, has resulted in a real celebration of traditional cuisine – pig's trotters with prunes and pine nuts, cuttlefish with artichokes, and perhaps the finest macaroni in Barcelona.

Sant Elies, 22. T. 93 209 75 59.

M: Sant Gervasi (FGC)

Restaurant Gaig

It's all the rage for Barna's top chefs to set up more affordable offshoots, and this one is under the guiding hand of Carles Gaig. His approach is a return to grandmotherly Catalan basics, and the favourite dish here is the canelons – hearty, steaming tubes of pasta filled with shredded beef and topped with a fragrant béchamel. The various dining rooms manage to be both modern and wonderfully comfortable. Còrsega, 200. T. 93 453 20 20. M: Hospital Clínic (L5)



Frankie's

Gourmet frankfurts are the star in this newly opened eatery. The sausages are made with quality meat, while they also have tofu ones for vegetarians. Choose familiar toppings or fresh takes, such as prawns or curry. *Muntaner*, 233 (Sant Gervasi). frankiesgourmet.com

Bar El Velódromo

This classic serves quality dishes from early morning until the wee hours. With one of the city's cooking maestros at the helm, they produce an endless succession of dishes and tapas that will teach you about Catalonia's gastronomic heritage. The full menu is available all day, so if you fancy some lberian ham at 7am or a croissant for a midnight snack, this is the place to go. Muntaner, 213. T. 93 430 60 22. M: Hospital Clínic (L5)

Seafood

Rías de Galicia

This restaurant is the setting for the Iglesias family's wonderful relationship with the finest seafood. The menu includes Cantabrian lobster with garlic, John Dory and txangurro crab cannelloni. And when it's in season, they have the exquisite Bordeaux lamprey.

Lleida, 7. T. 93 423 45 70.

M: Espanya (L1,L3,FGC)

Els Pescadors

Josep Maulini and his wife have turned this into a lovely spot,

combining antique furniture with modern decor, and retaining its air of a small-town bar. One delicious recommendation: grilled sardines in sauce, though they don't always have them. Rice dishes are a staple on the menu, and never disappoint.

Plaça Prim, 1. T. 93 225 20 18. M: Poblenou (L4)

Tabarca Langosta's Club

Tino Martínez, sailor and chef extraordinaire, has an unusual restaurant in Barcelona specialising in lobster. He has recovered the recipes of the lobster fishermen from the island of Tabarca, and uses them to create a menu that includes lobster and rice cooked in the lobster stock.

Comte Borrell, 160. T. 661 074 704.

M: Universitat (L1,L2)

Tapas

Bar del Pla

Positioned somewhere between a
French bistro and a tapas bar, Bar
del Pla serves tapas and small
plates (divine pig's trotters with
foie, superb pa amb tomàquet).
Drinks include Mahou on tap (a fine

beer that's often ignored here because it's from Madrid), plus some good wines by the glass. Montcada, 2. T. 93 268 30 03. M: Jaume I (L4)

El Jabalí

This deli bar, which is reminiscent of Av. Paral·lel in its heyday, is a great place to eat wonderful tapas – try the patatas bravas, the chicken salad and the cured sausage – while sipping on good wine. It's also a nice place to sit on the terrace and do some serious people watching.

Ronda Sant Pau, 15.

T. 93 441 10 82.

M: Paral·lel (L2,L3)

Tapas 24

Another nu-trad tapas bar focusing on quality produce. Among the oxtail stews, fried prawns and cod croquettes, however, fans of chef Carles Abellan will also find playful snacks more in keeping with his signature style. The McFoie Burger is an exercise in fast-food heaven, as is the *bikini*, a small version of his take on the ham-and-cheese toastie.

Diputació, 269. T. 93 488 09 77. M: Passeig de Gràcia (L2,L3,L4)

La Tieta

Chickpeas with prawns, potato omelette, mushrooms with garlic and parsley, amazing olives – the problem is knowing where to start. La Tieta offers good wine (whatever takes their fancy each week), bottles of vermouth and an endless flow of draught beer, while the food is good traditional fare made from fresh ingredients, with skill and enthusiasm. Blai, 1. T. 93 186 35 95. M: Paral·lel (L2,L3)

Taverna Mediterrània

Traditional dishes are combined with a determination to do things differently – classic tapas are made with a touch of added imagination and effort.

Recommendations include Andalusian-style fried squid rings and delicious stuffed roast pork.

Enric Granados, 58. T. 626 86 68 21. M: Diagonal (L3,L5);

FGC: Provenca

Edited by Martí Sales

msales@timeout.cat @itramselas

Sue's domain

The only permanent bar for lesbians on the Barcelona nightlife scene has been a haven of peace and good vibes for four years. By **Cristina Carbonell**

At first, La Sue BCN wasn't supposed to be called that at all. Mercè and Sue, who had run De Taco and Triqueta together, had another name in mind, but, explains Sue, 'people always said, "let's go to Sue's place" when they were talking about our bar, so that had to be the name'. It's really not so surprising, considering that 'La Sue' is a well-known figure on Barcelona's lesbian scene. Born in Caruaru, Pernambuco (Brazil), she arrived in Barcelona 13 years ago, and, without having planned to, ended up staying. Since then she's worked in many of the city's LGBT bars, including the legendary La Rosa.

Sue is a fighter. That explains why hers is the only permanent lesbian bar in BCN, open in the evenings from Thursday to Sunday. All the other options are weekly or occasional parties, without a permanent home. So it's hard to avoid disappointing visitors who are looking for lesbian nightlife in the city. 'When people ask us about places to go, we can't help looking embarrassed, because for women there's not much out there: the image of Barcelona they've been sold isn't the reality.'

I ask her if she feels like a survivor and she corrects me immediately: 'We're just determined! The fact is that we'd do better business if we ran a bar with a less specific clientele, because young lesbian women don't exactly have a lot of disposable income and they don't go out or spend as much as men. But we want to offer exactly what we offer. We do it out of conviction.'

La Sue is a place for a drink, dinner or game of pool. It also hosts presentations and talks, and sometimes offers up its wall



space as a place where emerging artists can hang their works. It's divided into three distinct zones: the bar by the entrance, the main room in the middle and the pool hall at the back next to the kitchen, which, by the way, doesn't close until 1.30am.

Said kitchen is headed up by Mercè, who has been Sue's wife since last October, although they've been together for seven years. I ask Mercè if it's easy, living and working with your partner, and with a calm smile and a knowing look she tells me that it is: it helps that they each have their own space. 'The kitchen is my domain and the bar



We'd do better with a less specific clientele - but we're doing what we want

is hers, and now and again we meet in between.' But running a lesbian bar and trying to make sure that 'people feel at ease and safe, without anyone bothering them' is not an easy path to tread, even today, says Sue. She adds that there are still people who get the wrong idea and, although it's an awkward subject, they have to ask some difficult customers to leave. When someone who doesn't fit the spirit of the bar comes through the door, Sue spots them immediately, and doesn't mess around. She's been on the front line for a long time.

LA SUE BCN

Villarroel, 60 (Eixample Esq.). Thu-Sun 7pm-3am

Clubs

Edited by Ricard Martín

rmartin@timeout.cat @RicardMartn



There are many similarities between Dave Clarke and the manager of FC Barcelona, Luis Enrique: they're not particularly friendly, there's an unmistakable element of arrogance in their public image, and even though they might not be at one of their highest professional peaks at the moment (especially true of Luis Enrique at the time of writing), there have been times when they've been right at the top of their respective games. Really, it's impossible to talk about the current state of techno around the world without taking into account everything that Clarke has done for the industry: for two decades this English DJ has contributed to revolutionising the scene, finding new intensities and speeds, and making it popular among a public that sweats buckets whenever he's behind the mixing desk.

Indeed there was a particularly memorable period during which, if you were trying to lose weight, it was better value to get a ticket to a club where he was performing than to join a gym.

Clarke ensures that every mix is earth-moving – like a jungle

In its essence, little has changed about what Dave Clarke does. He still selects the great and the good of dirty techno – he's always favoured hard house, the black sounds of the ghetto from the 1990s, and inflated electro – and when he's at the

decks, he usually transforms the simple act of DJing into an unforgettable show. Clarke's oldschool technique and ability are learnt from hip-hop DJs and, as such, use tricks like scratching and continuous abuse of the crossfader and channel equalisers. He's also one of those musicians who never rejects the option of including home-grown touches in the mix. It's not just a question of his extremely aggressive and savage sound – but also the way he plays it: he ensures that every mix is an earthquake, like an incursion into a Vietnamese jungle.

It should be said that we're unlikely to see Dave Clarke the producer again: he was exceptional in the 1990s, when he breathed new life into European techno with the three EPs in the 'Red' series; and the

culmination of his experimentation in LP records was the glorious album, Archive One (1995), a masterpiece of electronic dance music that's a classic today. He's never got back to that creative high point, but Clarke is, above all else, a DJ with amazing dexterity and an unfailing power to communicate and connect with his public. And that's what his May 6 performance is all about: connecting once more through his habitual lashes of the techno whip from behind the decks.

Dave Clarke takes to the decks at The Loft in Sala Razzmatazz (Almogávers, 122) on May 6 at 1am. Tickets are €13 in advance (plus booking fee), €17 on the door, and prices include one drink.

www.salarazzmatazz.com

incursion



Bonus Track

Nitsa Club launches a new run of this after-party for Brunch Electronik, whose daytime Sunday sessions in Poble Espanyol are a big hit with music fans. If you want to keep enjoying the vibe, or can't get to the main event, head to La [2] de Apolo (Nou de la Rambla, 111) on May 22 at 10pm.

Sessions

Nasty Mondays

Tattoos, sweat and rock 'n' roll: the city's wildest Monday night party. Miss it at your peril. Sala Apolo (Nou de la Rambla, 113). M: Paral·lel (L2, L3). Mon midnight. €15 (on the door). €14 (advance).

Raw Rebels

Dance to the best beats of the '40s, '50s and '60s, with local and international DJs, in the heart of the city.

Sidecar Factory Club (Plaça Reial, 7). M: Liceu (L3). Tue 12.30am. €5. Price includes one drink.

Wednesdays at Moog

Hear big names in international techno and enjoy one of Barcelona's most authentic atmospheres.

Moog (Arc del Teatre, 3). Wed midnight. €5 (on the door). €5 (advance).

Canibal Sound System

Live acts, DJs and roots music make for an underground vibe at

this long-running club night.
Sala Apolo (details above). Wed
12.30am. €12 (on the door).
€9 (advance). Price includes
one drink.

Cupcake

Take a trip down memory lane without forgetting to live in the moment, with hits from the '70s right up to the present day. Sala Apolo (details above). Thu 12.30am. €10 (on the door). €8 (advance). Price includes one drink.

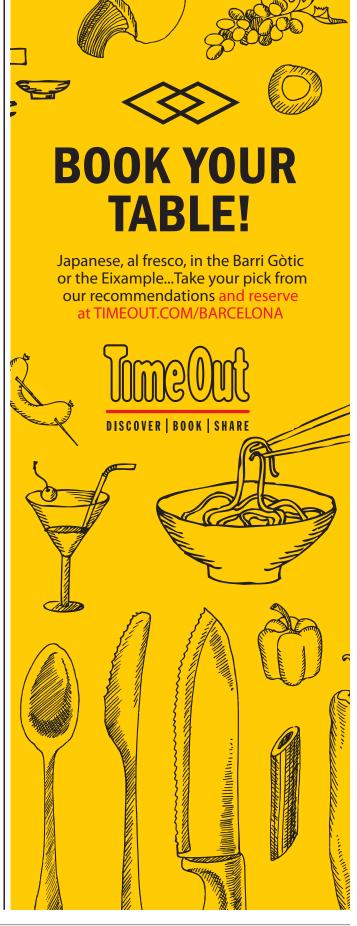
The Bus Music Club

Session celebrating noncommercial, non-mainstream and underground music. Razzmatazz (Almogàvers, 122). M: Marina (L1), Bogatell (L4). Thu midnight. €15 (on the door). €13 (advance). Price includes one drink.

Trill

Spain's biggest future beats club night features the up-and-coming stars of the hardcore continuum.

Razzmatazz (details above). Sat 1am. €17 (on the door). €13 (advance). Price includes one drink.



Getaways

Escape the city

Head out of Barcelona to sample some of the region's unique cultural and gastronomic festivities. By **Nick Chapman**

1. La Patum

It's the pounding beat of the leather drum or tabal that gives Berga's biggest festival its name patum, patum! – a ponderous but relentless rhythm that sets in motion a centuries-old dance of mystical characters: a giant eagle, dwarves, giants, angels, devils, and Christian and Turkish knights. Recognised by UNESCO as a 'masterpiece of the intangible heritage of humanity', the earliest records of La Patum date to 1454, but its origins probably go back even further. It culminates in the Salt de Plens, which turns the town's Plaça de Sant Pere into an inferno of fireworks, smoke, music and jubilation.

May 25-29

www.barcelonaesmoltmes.cat/ web/agenda/-/la-patum

2. Strawberry Festival

The slopes of the Maresme region, stretching northwards up the coast from Barcelona, are dotted with smallholdings and greenhouses, and one of its star products is the Vallalta strawberry. A local variety, noted for its sweetness, intense red colour and perfect shape, it's the centrepiece of the month-long Vallalta Strawberry Gastronomic Exhibition, during which local restaurants vie with each other to create strawberry-based menus. The highlight is the Strawberry Festival, held each year in a local town (this year it's Sant Pol de Mar's turn), with stalls selling strawberries and strawberry plants direct from producers, jam-making workshops and other activities. Vallalta Strawberry Gastronomic Exhibition: until May 29, Maresme







- 1. Berga's La Patum
- **2.** Strawberry Festival in the Maresme
- 3. Fira de l'Ascensió in Granollers
- **4.** La Garriga marks Corpus Christi



region; 8th Strawberry Festival: Sant Pol de Mar, May 6-7 www.catalunya.com

3. La Fira de L'Ascensió

Granoller's Fira de l'Ascensió, celebrating its 67th year, is a trade fair that showcases the Vallès Oriental region and its wide range of industrial, agricultural and food businesses. Attracting over 60,000 visitors, with 170 exhibitors' stands, it's also a chance to discover the region's traditional foods, from cured meats, sausages and cheeses to sit-down menus of regional specialities. There are stands offering handmade goods and craft products as well as activities for all ages. Festive, good-humoured and unpretentious, this fair is a chance to discover a city and a region few tourists usually visit. May 5-8

www.firascensio.com

4. Corpus Christi in La Garriga The carnation is the king of La Garriga's Corpus Christi celebrations, where the flowers are used alongside other natural materials - broom flowers, gerbera daisies, evergreen leaves, and husks of rice and other grains - to carpet the streets with floral mosaics. It's a festival that's been celebrated for over 200 years, and it gives the town a chance to show offits other attractions, the Modernista architecture and the Roman thermal baths. And as darkness falls on Sunday 29, there's a parade and a street battle that uses carnations as ammunition. May 26-29

www.barcelonaesmoltmes.cat/ web/agenda/-/corpus-a-la-garriga

www.barcelonaismuchmore.com





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1 C/ d'Aiguafreda

In the neighbourhood of Horta, this singular street is lined with houses with small front gardens. Each of these outdoor spaces has an area where washerwomen once cleaned sheets and the like from local hospitals and affluent homes. Today, the houses are a luxury – far from the crowds but still part of the city.

2 OneOcean Club

This private members club is in front of the former warehouse that now hosts the Catalan History Museum, and has great views of the Columbus statue, Maremagnum shopping centre and ostentatious yachts tied up nearby. At the club you can do Pilates classes and pay an arm and a leg for a G&T. (Moll de la Barceloneta, 1)

3 A flat in La Pedrera

Yes, it's one of the city's most crowded buildings thanks to the endless stream of visitors, there's noise from the bars on surrounding streets, and the chance of doing renovation works in such a landmark edifice is slim, but still, having the chance to live in an apartment designed by Gaudí would be a real privilege. (Pg. de Gràcia, 92)

4 C/ de la Gran Vista

'Great View Street'. The name of this road in Carmel says it all – the panorama across the city is excellent. You can see the sea and the outer neighbourhoods of Barcelona, and it feels as though the air is particularly pure. Not quite as pure as in the Alps, but it's still up a kind of mountain.

5Base nàutica

This centre for water sports is on Mar Bella beach, and its charm





comes from the fact that it hasn't tried to dress itself up like certain pretentious places. The facilities are minimalist and sand is part of the furniture. What you won't find are knots contained in golden frames, rudders on the wall or marble floors. (Av. del Litoral, s/n)

6

The garden of the Ateneu

The romantic garden of the Ateneu Barcelonès, a private literary club in the heart of the city, could be the epitome of an



urban oasis. Away from the traffic on La Rambla, pop music blaring in local shops and general hubbub, it's a pleasure to sit in this shady spot and hear the water splashing in the fountain. Of course, you have to be a member to even get in. (Canuda, 6)

C/ d'en Boquer

A school that once stood in this short, dark street in Ciutat Vella was knocked down a decade ago, but residents are still enjoying the light and space left in its place, with nothing else yet built in its stead. They must be willing to do almost anything to keep it that way.

8

Flats by Santa Caterina

The higher flats overlooking this market have a colourful view thanks to the rainbow roof created for its 2005 restoration. Sometimes such updates bring joy and improve quality of life. Is the city really so grey?

9

Fishermen's cats

The cats living on Moll del Rellotge (parallel to Pg. Joan de Borbó), where Barcelona's fishermen moor, must be the city's most privileged animals. They're looked after by an animal rights NGO and get to eat all the fish they want, even if they sometimes have to share with the seagulls.

10

New metro

Something as simple as an urban planner deciding where to put a station on a new metro line can make an isolated area into one of the most privileged. Just ask anyone living near the recently inaugurated stops on the southern part of the L9 – and those still waiting for the rest of the line to open.

By Ada Castells



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