

TimeOut

Barcelona

ENGLISH EDITION!

OFFICIAL GUIDE OF BCN



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The Best of BCN

Time Out Barcelona English Edition
February 2016

Features

14. Keep out the cold

Hot chocolate, inviting bars, Catalan comfort food – we have everything you need to stay warm in Barcelona this month.

20. Take it easy

María José Gómez and Maria Junyent fight off the competition to take on the difficult task of checking out the best spas in town.

24. The best of the rest

Barcelona's top sights are world-famous – the Sagrada Família and the Camp Nou need no introduction. Erica Aspas introduces us to ten other spots that deserve to be seen.

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Gastón Acurio has revolutionised the gastronomy of his home country. Ricard Martín speaks to him about his Barcelona restaurant and ambitions for the future.

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MARIA DIAS

Track down fancy footwear at Les Chausseurs, one of Barcelona's hottest shoe shops **p. 30**



Savour the flavours of the sea with our recommendations for great seafood **p. 58**



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The hot list

BCN_FEB 2016





MONDAY	THURSDAY		
01	04		
Mamma Mia! Musical theatre Abba's hit show in Spanish. See p. 53	Barbarians Dance Show by the Hofesh Shechter Co. See p. 53		
FRIDAY	SATURDAY	SUNDAY	
05	06	07	
Ellie Goulding Concert The English singer performs. See p. 47	Carnival Traditions The city's last party before Lent. See p. 36	Indoor Trial & Enduro Sport Motorcyclists show off their skills. See p. 37	

DON'T MISS!

Calçot season. Try this local vegetable, grilled and dipped in sauce. visitbarcelona.com/restaurants

Roger Hodgson. Supertramp frontman visits Barcelona as part of the Festival Mil·lenni. **FRI 26.** See p. 49

FRIDAY	SATURDAY	SUNDAY			TUESDAY
12	13	14			16
Santa Eulàlia Traditions Celebration of the city's co-patron. See p. 37	Emergència Music festival Independent music at the CCCB. See p. 37	Eros Ramazzotti Concert Italian pop star plays his hits. See p. 47			Vienna Symphony Orchestra Classical music Conductor Adam Fischer takes the lead. See p. 47
		THURSDAY	FRIDAY	WEDNESDAY	SUNDAY
		18	19	24	28
		Hiroshi Sugimoto Exhibition New show of Japanese photographer. See p. 50	Glen Hansard Concert Irish musician tours his latest album. See p. 48	Lang Lang Classical music Pianist plays Mozart and Rachmaninoff. See p. 43	FC Barcelona vs. Sevilla Football Messi and friends at the Camp Nou. See p. 40

Barcelona 1876



Please enjoy responsibly. 5,4%

People of Barcelona

Samantha de Siena

Musician,
38 years old

You're from London, the capital of pop, but you've chosen to live in Barcelona.

I came to live in Barcelona for a month and it inspired me. There's a creative ambience with musicians from all over the world, whereas in London everything is so competitive and stressful. I studied psychology, but music has always been my biggest love, and it's here that I've made two records.

Perhaps living in a new place, among strangers, made you less inhibited about creating music?

Absolutely. What's more, I feel at home with the Mediterranean culture. I'm half Italian.

So that's your real name, not a stage name?

Yes, my father is called Gino de Siena, he comes from Calabria and we speak to each other in Italian. And my mother is Anglo-Irish. I have a real sense of this mix, which also exists in Barcelona – here there are Brits, Italians, Catalans... And when you're in a new situation, it's easier to meet foreigners in your day-to-day life. In London, I always went round with my long-term friends and I didn't meet anybody from other places.

Your music isn't very British or very poppy.

I'm not really into pop. The music I like isn't from just one genre. Instead it's music that makes you feel something, that has soul. My father used to play the music of the Rat Pack and I love jazz, as well as blues, folk, Italian music, African...

Music from an earlier time?

Yes, I identify mostly with that – Bob Dylan, Ella Fitzgerald, Billie Holiday.

But you've worked with experimental producer Suso Saiz.

Yes, he creates film-like, suggestive



MARIA DIAS



AN OBJECT - FLOOR TILES

The ones in old buildings with special borders. She bemoans the way they're covered by parquet.



PLACE OF ORIGIN - LONDON

She grew up in East Sheen next to Richmond Park, one of the city's largest green spaces.

atmospheres, and he knows how to interpret others' ideas while thinking about their songs.

With the effect that the process is less stressful?

Yes, because for me music isn't a business – I have my work as a coach – and I don't want to feel the pressure of having to earn money. If you depend financially on music, you have to change it to please audiences' tastes. Now I want to do a more intimate project based on recordings by my father, who's a singer and gave me my love of music. I'm thinking about doing an LP

What do they say in London about the music you make in Barcelona?

That you can tell it's made here, that it's influenced by the city's liberal atmosphere. Over there, people have a positive impression of Barcelona and its quality of life.

–Jordi Bianciotto

BCN-

TOP SECRET

By Begoña García

Among the city's various animal landmarks is the giant owl that stands atop a building at the crossroads between Pg. Sant Joan and Av. Diagonal.

Another is the splendid mosaic butterfly crowning the modernista Casa Fajol building at Llança, 20.

Farmàcia Guinart, Gran de Sant Andreu, 306 (Sant Andreu), still has the modernista tiles and decor it had when it opened in 1896.

Until 1972, line 4 of the metro had a station between Barceloneta and Jaume I, the Correos stop. It was close to the main PO (correos means 'post office').

I love BCN

Palau Reial de Pedralbes

Av. Diagonal, 686

Head to Les Corts for this urban
oasis with its palace, gardens and
the odd Gaudí treasure.



What am I doing here?

Jan Fleischer



Barcelona dream date

We can't really complain about winter here in Barcelona. As I write this in late January it's 16 degrees under bright, sunny skies. But there are still dark days, and of course 16 isn't 25, so naturally my mind turns to thoughts of hibernating on overstuffed sofa cushions or a feather bed, under warm blankets, and with the company of a good book or a guilty-pleasure TV series. And my body follows. If you're feeling the same, but you're determined to get out every day and enjoy the city, the good news is that there are plenty of ways you can do a bit of both.

This issue of the magazine describes my perfect date with Barcelona – comfort food, dipping chocolate, cosy bars, spas... Sure, there's also loads of active stuff you can do if that's your thing, but if I have to go out, I'm doing it as comfortably as possible. I mean, I see everyone walking around the streets in what I use for house slippers and passing them off as shoes, and I've witnessed other women in leggings with no skirt or shorts over (what I call pyjamas), so why can't I? This weekend when I don't feel like changing out of my around-the-house sloppies but someone's invited me to a bar, I might just go as I am and flop in a retro armchair, pull my imitation-crushed-velvet dressing gown in close, and sip on a cocktail or two. If you see me slumped down into a nice winter doze, the neighbourhood stray cat on my lap, please do not disturb.



Weeks into a sugar-free diet,
Jan's off dipping chocolate.

WTF IS...

Learn to speak Barcelona with our vocab guide | By **Jan Fleischer**

Bunyols de Quaresma

These little fried and sugared doughnuts (*boon-YOLS day kwa-RES-ma*), eaten during Lent and Holy Week, are flavoured with aniseed, spices and sometimes a drop of anise.



Buy tickets

[visitbarcelona.com/tickets.visitbarcelona.com](https://www.visitbarcelona.com/tickets.visitbarcelona.com) | 7

48 HRS IN BARCELONA

The Arc de Triomf dates from the 1888 World's Fair.



A mosaic dragon greets visitors to Park Güell.



14:00-16:30

Down in the Born

Start at the Gothic Cathedral just off Via Laietana. It's at least 1,500 years old and has recently undergone extensive renovation works. Next, stop in at the spectacular Santa Maria del Mar church (Pl. de Santa Maria, 1), then head to El Born Centre Cultural (Pl. Comercial, 12), an iron and glass structure built in 1876 as a market. Just a few minutes away, you'll come to Parc de la Ciutadella, the city's largest park (Pg. Lluís Companys, 2). There's a lot going on there, with a boating lake, children's park and Barcelona Zoo among the attractions, while a short walk north stands the majestic, and photogenic, Arc de Triomf.

17:00-19:30

Sustenance and shopping

Stop for a break in one of the Born's lesser-known squares, such as

Sant Pere de les Puel·les or Sant Agustí Vell. The Born is an area that's packed with boutiques where you can pick up some designer shoes or one-of-a-kind gifts to take home. As you're strolling around, keep an eye out for The Box (Brosolí, 8), set up by three clothes designers; OnLand (Princesa, 25), where both men and women can find new threads; and Studiostore (Comerc, 17), with everything from clothes and eyewear to original cushions.

20:00-23:30

It's time to eat

For dinner, try the Asian tapas at Mosquito (Carders, 46) – they'll melt in your mouth. Always a sure thing is a meal in one of the city's fresh markets, such as Santa Caterina (Av. Francesc Cambó, 16) with its attention-drawing rooftop, or try Mercat Princesa (Flassaders, 21), where you don't have to limit your choice to just one restaurant

COOL HUNTING

Once called the 'Barrio Chino', the Raval has inspired many a writer. Nowadays, it's a place where local businesses thrive in the form of unique shops and restaurants, while still maintaining some of its seedy underworld glamour. Street culture is booming here, alongside gems such as the CCCB and Filmoteca.

but can graze from 17 different food 'stalls'. To top off the night, head in the direction of the sea and have a drink in Absenta (Sant Carles, 36) to be sure of getting a good night's sleep, or try the more upscale Zahara Cocktail Club (Pg. Joan de Borbó, 69) or Café de los Angelitos (Almirall Cervera, 26).

09:00-11:30

Trees and parks

Start your day with a big breakfast among the tree-lined streets of the Eixample Esquerre. El Velódromo (Muntaner, 213) opens at 6am, for those of you really keen to get going, while Travel & Cake (Rosselló, 189) opens every day from 9am and has an eclectic menu of sweet and savoury options. Once you've got your energy levels up, jump on public transport and head up to Gaudí's natural wonder, Park Güell – book on www.parkguell.cat/en to ensure you get in to the 'monumental' zone and save a euro. Bonus!

12:00-14:00

Gracious living

Grab a bite down the hill in Gràcia, at the woodsy and spacious Café Salambó (Torrijos, 51) or at La Pubilla

DID YOU KNOW? ► To kick off Barcelona's Carnival celebrations, locals eat egg sausage (*botifarra d'ou*) on what is known as 'Fat Thursday'.



MAKE THE MOST OF YOUR TIME IN BARCELONA. HERE'S OUR GUIDE TO THE CITY'S ESSENTIALS

Get great
views of the
port from
La Rambla
de Mar.

(Pl. de la Llibertat, 23), specialising in old-school local food or, if the weather's nice, in a square such as Plaça del Diamant or Plaça de la Vila de Gràcia. While you're in the area, have a look around for some unusual souvenirs in the shop-lined streets – suggestions include Boo for clothes (Bonavista, 2) and Mueblé (Martínez de la Rosa, 34) for homewares.

14:30-18:00

Explore modernisme

Next stop: the Sagrada Família. Gaudí's masterpiece gets very crowded, but it's worth taking your time to appreciate his vision. Afterwards, walk over to Av. Diagonal to keep the modernisme theme going by taking a look at Casa de les Punxes (Rosselló, 260), Palau del Baró de Quadras (Diagonal, 373) and Casa Planells

(Diagonal, 332). Alternatively, take L5 of the metro from the Sagrada Família station to the Diagonal stop and stroll down Passeig de Gràcia to hit the modernisme biggies: La Pedrera (Provença, 261), Casa Amatller (Pg. de Gràcia, 41) and Casa Batlló (Pg. de Gràcia, 43).

WANDER OFF

Many visitors stick to the centre, but the city is so much more. Gràcia is full of life at all hours of the day, Sarrià retains much of its small-town feel, while Poble-sec and Sant Antoni are currently the places to be, thanks to their top cuisine and quality nightlife. And don't forget the modernista beauty that is the former Sant Pau hospital.

19:30-02:00

Big night out

Try the out-of-this-world double terrace of Invisible–Pizza Ravalo (Pl. Emili Vendrell, 1), Teresa Carles for a healthy vegetarian option (Jovellanos, 2), or the Mediterranean banquet that is Lo de Flor (Carretes, 18). After lining your stomach, get a couple of drinks in Negroni or Tahiti, both in the bar-laden street of Joaquín Costa (46 and 39, respectively), and then ease on down to the dance floors at Apolo (Nou de la Rambla, 113) and/or Marula (Escudillers, 39).

10:00-12:00

Mountain climbing

Head to the 'mountain' of Montjuïc. Depending on what you're in the mood for, you can visit the Joan Miró Foundation (Parc de Montjuïc, s/n), the Olympic Stadium and other nearby constructions from the 1992 Games, or walk around the

plentiful gardens, such as the Jardins Laribal (Pg. Santa Madrona, 2). Another highlight is the Museu Nacional d'Art de Catalunya (MNAC), with its ample collections and varied temporary exhibitions.

13:00-15:00

End on a beach spot

Take the cable car from Montjuïc to Barceloneta, with its beaches and boats, where you can relax with a vermouth and a paella. Most restaurants in Barceloneta specialise in seafood, taking advantage of the nearby Med. The prime real estate means some of the better spots aren't cheap, but if you're feeling flush, they're worth it. Try Can Solé (Sant Carles, 4), La Mar Salada (Pg. Joan de Borbó, 58) or El Suquet de l'Almirall (Pg. Joan de Borbó, 65). A great place for the more budget-conscious, with a huge terrace and fresh, scrummy dishes to go with their relaxed vibe, is Santa Marta (Grau i Torras, 59).

► And the end of the festivities are marked by the burial of a sardine on Ash Wednesday, including a mock funeral procession for said fish.

Barcelona... just a click away

Find more than 200 suggestions
to suit a wide range of tastes



Barcelona is a vibrant, cosmopolitan city that offers visitors a wealth of different products and services. You will be surprised at what you can find when you visit the tickets. visitbarcelona.com website and the Turisme de Barcelona Tourist Information Points around the city.

There are many ways to visit Barcelona – in the company of friends, or with your family or partner – and a multitude of reasons to come here: the culture, cuisine, music, art... Whether you're planning to see the best-known attractions or you're looking for a truly special experience, at tickets. visitbarcelona.com you will find more than 200 suggestions to suit a wide range of tastes.

You're here to see Barcelona, but how will you get around? Here are just a few ideas. There are guided tours on foot, by bicycle or with special vehicles like the

Segway, which cover both the city centre and the lesser-known neighbourhoods; running tours and gastronomic excursions; panoramic hop-on hop-off bus tours or themed routes through specific districts; cooking workshops, wine and chocolate tasting, or craft workshops for the little ones; visits to historic buildings like the Palau de la Música, or to museums, taking advantage of the ArTicket or Barcelona multi-tickets, with free transport and discounts; and babysitting services, wheelchair, pram and pushchair hire, in addition to the standard left-luggage services and airport transfers.

There are many Barcelonas to explore. Which one is yours? Discover the full range of possibilities on offer by visiting tickets.visitbarcelona.com.

tickets.visitbarcelona.com



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levels, as well as 39 ski lifts. Jump aboard the SkiBus and you'll find yourself swooshing along in a matchless natural setting quicker than you can imagine. Because, don't forget, Barcelona also means snow.

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PERFECT FOR FOODIES!



Tapas lovers

Sample typical tapas that will delight all your senses on a special route. Experience an array of aromas and flavours from Barcelona that will leave a delicious taste in your mouth.



Chocolate lovers

Welcome to the sophisticated world of chocolate. Take a walking tour where you'll discover some of Barcelona's oldest shops and master chocolatiers who will dazzle you with new flavours.

Buy your tickets at tickets.visitbarcelona.com



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MARIA DIAS



Catalonia's medieval villages

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KEEP WARM AND TOASTY

Light-filled. A bike on the wall. And just look at those cakes. What's not to love about OMA Bistró? Consell de Cent, 227



MARIA DIAS

COSY BARS

Comfort, warmth, and a variety of drinks and nibbles. What more could you ask for?

LILIPEP

We discovered this snug corner with a vintage aesthetic tucked away in the Born neighbourhood. Home-made dishes and cakes, delicious teas, comfy armchairs and books all make Lilipep an ideal spot to relax, take a break and replenish your energy levels. At lunchtime, they have a set menu that includes one dish and a drink. If you prefer, there are sandwiches with fillings such as *sobrassada* (spicy spreading sausage from Mallorca), cheese and caramelised onion, and brie with dates. And perhaps most important, it's all at a great price!

Pou de la Cadena, 8 (Born)

☎ 93 310 66 97

33/45

A life lived horizontally is much more pleasant than one lived vertically. This is a well-known fact at 33/45, where clients really do follow the path of least resistance. In this bar, there are always people sprawled out on the endless number of sofas and retro armchairs. It's the perfect spot to chat all night with friends or enjoy a great view of the busy street outside. Unlike some other bars with recycled furniture, this one has style – it feels a bit like a trendy furnishings store.

Joaquín Costa, 4 (Raval)

☎ 93 187 41 38

3345.struments.com

COSMO CAFÉ AND ART GALLERY

As you walk into Cosmo, you'll be plagued with doubt – whether to sit on a sky blue sofa, purple chair or stool covered with the same material

as the menu. Don't ponder it for too long. It really doesn't matter, since they're all equally well-served. The white walls are spotless and the ceilings are high. Their scribbled chalkboard offers nachos and hummus. This café and art gallery is the ideal place to read a book or drink a juice made with three different fruits and ginger while shamelessly reading the latest issue of your favourite interior design magazine (let's be honest, we all have one).

Enric Granados, 3 (Eixample Esquerre)

☎ 93 105 79 92

www.galeriacosmo.com

LA CLANDESTINA

This colourful tea shop is a great place to stop by and lose track of time. Its most notable design feature is the extensive collection of paintings by young artists. Plus, you can smoke hookahs, the popular Arab pipes. But you really should try the teas, which come from all over the world – so your infusion-tasting journey could start in Tibet and end in Morocco. If tea's not your thing, or the weather outside is showing early signs of spring, we recommend trying one of their juices or milkshakes.

Baixada de Viladecols, 2 (Barri Gòtic)

☎ 93 319 05 33

www.teterialaclandestina.com

SOLANGE

This is an amazing golden space, one where you wouldn't be surprised to find Scaramanga drinking an Old Fashioned or see Vesper Lynd



GARAGE BEER CO

winking at the bartender. With vintage sofas, a wooden bar and liquid gold as the official colour, the exquisite decor makes the superb cocktails at Solange taste even better. You can, of course, enjoy classic cocktails and they'll be delicious (and come without any unnecessary flowery adornment). What a Bloody Mary! What a gin fizz! However, if you're feeling adventurous, talk to the bartender and he'll come up with a new mix just for you.

Aribau, 143 (Eixample Esquerre)

☎ 93 164 36 25

www.solangecocktail.com

GRANJA PETITBO

Until the early 20th century, a city dairy farm (*vaquería*, where urbanites would go to get fresh milk) stood on this site. But times change, and it's now a Scandi-inspired café with an excellent design. They serve all kinds of food for breakfast (including different scrambled egg dishes), and afternoon snacks such as home-made cakes and interesting sandwiches. There's also a midday set menu that's worth a try, while on Saturday and Sunday they serve brunch. To sum up, whenever you go, you could find yourself staying the whole day.

Passeig de Sant Joan, 82 (Eixample Dret)

☎ 93 265 65 03

www.granjapetitbo.com

GARAGE BEER CO

Once through the door of the Garage Beer Co you know you're in a different kind of craft brewery. The bar resembles a garage –



GRANJA PETITBO

MARIA DIAS

WRAP UP



URBAN SHEPHERDS

Their boots come from a fusion between the culture of Portuguese shoemaking and the Barcelona landscape. They're made of leather and have rubber soles. Siempre Yo (Magdalenes, 12).

industrial, deep, high, greyish – although this sensation is broken up by the high tables and bar stools around the place. The granite bar is an ideal refuge for those reluctant to head into the bowels of this modern-day tavern. There's also a lounge filled with retro sofas. However, if you do make it to the back of the establishment, you'll find the jewel in the crown – a small factory where the guys of Garage Beer Co make their own beer.

Consell de Cent, 261 (Eixample Esquerre)

📞 93 528 59 89
garagebeer.co

VINIL()

Music lovers should have the address to Vinilo tattooed on their hand for when they're in need of good sounds but their memories have started to fail them. Dark, with aged wood and rock notes engraved with blood into the walls, this is the bar for musos who prefer to listen to their favourite hits in the old-school style. They love vinyl and quality bands. The huge blue gramophone that adorns the bar is where visitors pay their respects to the way things used to be. And if this bar sounds right up your street but you're not quite convinced about making the trip to Gràcia, know this – there are countless sofas. You may never want to leave.

Matilde, 2 (Gràcia)

📞 93 441 59 90

PURA VIDA

Simple and warm. Pura Vida's mix of Latin American and European influences offers a soothing, relaxing environment. The omnipresent white fits perfectly with the warmth of the wood fittings and parquet floors. It's a welcoming space inside a classic Born building, a clean sweep of somewhere you can imagine was previously pretty unappealing. It has three rooms – one with a marble bar (window with a street view included); an inner room with comfy sofas and cushions; and last but not least, the pièce de résistance for when you want a break from the human race, a mezzanine with panoramic views of the bar. An excellent choice for couples wanting to snuggle down.

Mercaders, 20 (Born)

📞 603 72 69 04
www.puravidacocktailsbarcelona.com

33/45



CARLA TRAMULLAS

What's great about Le Standard is that it doesn't feel like a bar but your best friend's living room. And where could you be relaxed than that?
Topazi, 24



IRENE FERNÁNDEZ



DÈPIO

A touch of fantasy, sophistication and class for your feet. Dèpio's socks come straight from Italy, where they're made by a small family of artisans who've been in the trade since 1959. Almond (Rec, 26).



VINTAGE HATS

OnLand (Princesa, 25) has rescued a collection of hats from a vintage shop in Copenhagen, and brought them to Barcelona, where they'll be adored by the most retro skiers.

FINDING COMFORT IN FOOD



Some of Catalonia's finest national dishes are perfect for chasing away the cold. **Hannah Pennell** gives you the lowdown on what to eat and where.

CANELONS

A rich meaty sauce encased in rolled-up pasta sheets and baked in bechamel with lashings of cheese on top. This local version of cannelloni will see off the cold and leave your tummy more than satisfied. Traditionally eaten in Catalonia on Saint Stephen's Day (December 26) to use up the meat left over from the preceding day's feast, many city restaurants include it on their regular menus.

Casa Agustí – Bergara, 5

☎ 93 301 97 45

www.casa-agusti.com

MANDONGUILLES AMB SÍPIA

One of the tenets of Catalan cooking is the concept of *mar i muntanya* ('sea and mountain'), which involves combining elements from those places. So rice with prawns and rabbit, meat-stuffed squid or, in this case, meatballs with cuttlefish. The place we suggest trying this dish is, ironically, run by Madrid native Enrique Valentí. But he says being from outside the region lets him try a different approach, resulting in beef-only meatballs, a gentler flavour and a bigger role for the cuttlefish.

Bar Bas – Rambla de Catalunya, 7

☎ 93 342 75 16

ESCUDELLA I CARN D'OLLA

Another important part of Catalan Christmas traditions is this mega-mix of meat, vegetables, legumes and pasta. The meat (bones, sausage and large meatballs), veg (cabbage, carrots and celery) and chickpeas are slow-cooked for a few hours to create a flavoursome soup (the *escudella*). Once done,



If you're in need of a rich, satisfying lunch, Catalan *canelons* are an excellent choice.

the solid items are taken out and put on a separate platter (the *carn d'olla*). Big pasta shells (*galets*) are then cooked in the soup. This becomes the first course followed by the *carn d'olla*. Some restaurants serve *escudella barrejada* ('mixed soup'), which has a bit of everything in it.

Ca l'Estevet – Valldonzella, 46

☎ 93 302 41 86

www.restaurantestevet.com

CIGRONS AMB COSTELLA DE PORC

Legumes are popular in Catalonia – lentils (*lenties*), chickpeas (*cigróns*) and beans (*mongetes*) appear in any number of recipes, hot and cold. Head to any local market and you'll find stalls specialising in these products. This particular recipe, chickpeas with pork ribs, is another slow-cooked dish, leaving the pork juicy

and the chickpeas smooth. The place we recommend for it is Barcelona's slow food pioneer, which uses only locally sourced products.

Mam i Teca – Lluna, 4

☎ 93 441 33 35

BACALLÀ A LA LLAUNA

Cod (*bacallà*) has long been a favourite in Catalan homes, and this dish is a star. The name literally means 'cod cooked in a tin', but that's not really how it works (the moniker is thought to come from a cooking style that used a high-sided baking tray, making the cod look as though it had the shape of a tin). Instead the fish is flash-fried in a pan, then popped in the oven for about ten minutes with garlic, wine and paprika. Delicious.

Can Vilari – Comte Borrell, 61

☎ 93 325 05 78

MEAT-FREE OPTIONS

You can scarcely have failed to notice that Catalan recipes tend to be quite meat-centric. If you're vegetarian or in the mood for something meat-free, don't despair. Vegetarian restaurant Teresa Carles serves excellent canelons, while at omelette restaurant La Ceba, the lengthy menu includes various veggie options, such as mushroom and cheese, artichoke, and spinach, raisins and pine nuts – a classic Catalan combination.

Teresa Carles – Jovellanos, 2

☎ 93 317 18 29

teresacarles.com

La Ceba – La Perla, 10

☎ 93 217 06 01

www.restaurantlaceba.com



ELI URPI

Earmuffs takes on a whole new concept thanks to the hands and unmistakable style of designer Eli Urpí, who makes her flowery ones with wool, silk and cotton. [eliurpí] (Montsió, 11).



WOOLRICH

The parkas created by Woolrich are synonymous with comfort, longevity and toughness. An excellent investment if you feel the cold and are a lover of streetwear. M69 (Muntaner, 69).

DIPPING CHOCCY

Sweet, thick, hot chocolate,
perfect for dipping sponge
fingers, churros and croissants

VIADER

Some traditions, customs and trends never go out of style. Fortunately, one of Barcelona's best is treating yourself to a breakfast or afternoon snack (*berenar* or *merienda* in Catalan and Spanish, respectively) in one of the city's historical café bars called *granjas*. Viader is an iconic granja. Not only is it where Cacaolat, Catalonia's own drinking chocolate, was invented, they also serve a mean *suizo* – sweet thick drinking chocolate topped with unsweetened whipped cream. The charm of the place, the career waiters and the picturesque clientele make even the coffee take on a nostalgic and evocative flavour.

Xuclà, 4-6 (Raval)

📞 93 318 34 86

www.granjaviader.cat

GRANJA DULCINEA

Transformed from tavern to café bar in the '40s, Dulcinea serves up excellent hot chocolate. Popular among the great and the good of Barcelona (ex-Barça president Joan Laporta recently popped up on their Facebook page), this is a classic spot where you're guaranteed a delicious experience. If you're feeling a bit peckish, and you've got a big sweet tooth, get stuck into the croissants and *ensaimades* (coiled pastries covered with icing sugar and typical of Mallorca).

Petritxol, 2 (Barri Gòtic)

📞 93 302 68 24

granjadulcinea.com

CAELUM

Jesus, Mary and Joseph! And don't take that as blasphemy: it's the exclamation you might

VIADER



SCOTT CHASSEROT

come out with when you visit this shop in Barcelona's old quarter. They sell all kinds of sweet treats made by monks and nuns in monasteries and convents around Catalonia – think cinnamon biscuits, orange wine and apple dumplings. There's also a small café with a good selection of teas as well as blessed chocolate, and a huge selection of accompanying bites. A divine temptation.

Palla, 8

📞 93 302 69 93

www.caelumbarcelona.com

CHOCOLATERÍA LA NENA

With whitewashed stone walls, piles of books and games, and a gaily painted table-and-chair set for children, La Nena is wonderfully cosy and understandably popular in the area with all ages, and especially families. Their speciality is sugar and spice and all things nice: waffles, crêpes, fresh juices, ice cream and, of course, hot chocolate. They also whip their cream on-site and offer fresh milk (a product you won't find in every Barcelona café, it has to be said). Savoury delights include sandwiches and toasted bread with various toppings.

Ramon y Cajal, 36 (Gràcia)

📞 93 285 14 76

www.chocolaterialanena.com

LA XOCOLATERIA BY ORIOL BALAGUER

This newcomer to the world of churros (deep-fried doughnut fingers) is a haven for all those who mourn the gradual decline of the *berenar* in contemporary society. An impeccably restored shop in the Born has been turned into a chocolate-lover's paradise, where master chocolatier Oriol Balaguer offers several types of hot chocolate accompanied by crepes, churros and butter croissants – the latter were crowned the best in Spain in 2014.

Fusina, 5 (Born)

📞 93 348 52 67

www.laxocolateria.cat



EZCARAY

It's a divine pleasure to wrap yourself up in one of the pieces created by this La Rioja blanket company, which uses mohair, cashmere and wool in its products. La Local (Bòria, 21).



AINHOA HERRERA

This designer has a small collection of knitted accessories, and reuses pieces of leather to make bags such as this reversible clutch, which has fur on the other side. ainhoaherrera.com

A little Mediterranean oasis in the middle of Barcelona,
where the best paellas and fresh seafood are served nearby the sea.



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www.maritimrestaurant.cat



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FLASSADERS, 21

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YOU'RE WORTH IT

Nothing beats a spa session, or a really good massage. So we did some exhaustive research into finding Barcelona's best spas. A tough job, but someone had to do it...

By **María José Gómez**
and **Maria Junyent**



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ALDO CICCOLINI
SATIE OEUVRES POUR PIANO

HEAVENLY HEIGHTS

Located right at the top of the Hotel Arts, on the 43rd floor no less, the hotel's spa enjoys incredible views of the beach. There are two areas – one for women and one for men, although mixed couples can ask to be together when making the reservation – with a hydromassage pool, a hammam and a sauna in which to sweat to your heart's content while gazing at the horizon. The spa offers beauty treatments from Spanish skincare brand Natura Bissé, as well as massages: put yourself in the capable hands of the charming Anita Gomes, and you'll believe you've made it to heaven. Admission to the water circuit area is €45. An affordable luxury.

43 THE SPA (Hotel Arts)

Marina, 19-21 ☎ 93 221 10 00
www.hotelartsbarcelona.com

ZERO STRESS

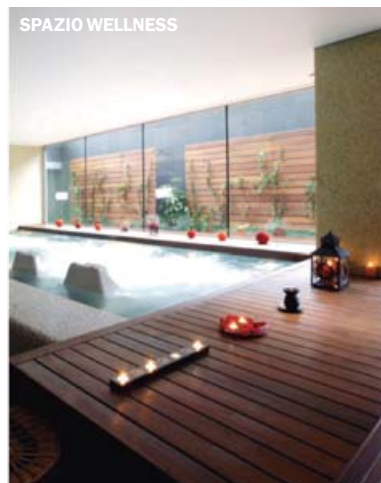
Situated in the basement of Hotel Diagonal Zero, but with natural light and views over a small patio, the Spazio Wellness offers everything you need to relax at a competitive price: admission to the water circuit – which also gives you access to a fully equipped gym – costs €15. And from Monday to Thursday (except public holidays) they offer a two-for-one deal if you reserve online. They also do massages (for couples, if you want) and beauty treatments.

SPAZIO WELLNESS (Hotel Diagonal Zero)

Pl. de Llevant, s/n ☎ 93 507 80 06
www.hoteldiagonalzero.com

THE CLASSIC

A gift pass to Barcelona's Arab Baths is one of those reliable presents that



SPAZIO WELLNESS

CALM INSPIRATION

'THE DUDE'



OK, we agree that he's not exactly a healthy role model, but we still envy Lebowsky's talent for coping with problems, White Russian in hand.

MARGE



Frances McDormand's role as the pregnant police chief in *Fargo* provides a counterpoint of calm and common sense to a brutal world.



SPACIOMMM SPA
BARCELONA

never disappoints. Few places can compete with facilities like these: saltwater, icy, cold, warm, hot and bubble pools, plus saunas and a hammam in a setting straight out of the Arabian Nights. It's so popular that booking can be difficult and, unlike other spas, there's a time limit on your stay: two hours. A sure bet, from €31.

AIRE DE BARCELONA

Pg. de Picasso, 22 ☎ 93 295 57 43
airedebarcelona.com

THE PEOPLE'S POOL

It's not the most exclusive or the most intimate by a long chalk, but its down-to-earth character makes for a fun atmosphere. Sitting in the hot tub and letting the bubbles do their work, while you eavesdrop on the regulars chatting, is an excellently authentic Barcelona experience. There are saunas – women-only and men-only – a hammam, a hot tub and a pool with water jets that will rearrange every fibre of your tired muscles. A one-off pass is €6.59 (on top of the basic €12.47 entrance fee).

CLUB NATACIÓ ATLÈTIC

BARCELONETA

Pl. del Mar, s/n ☎ 93 221 00 10
www.cnab.cat

FUNCTIONAL

A stone's throw from Plaça d'Espanya, this spa has some impressive facilities: as well as dry and wet saunas, there's a bubble pool with waterfalls of different intensities, a small cold-water pool and a pebble circuit that stimulates reflexology pressure points. The bravest souls can even dump a bucket of icy



MAGIC HANDS

Massages and therapies to relax body and mind

BAN THAI MASSAGE

A Thai massage has its own characteristics. For starters, there's no oil or light strokes involved. Instead it's a series of stretches and pressure applied by the masseur. Janphen, one of the masseuses at Ban Thai, says the stretches they do are similar to yoga asanas, the difference being that the person receiving the massage is a bit like a puppet that's moved by the masseur. Have a one-hour massage (€60) and, once the pain's passed, you'll be thanking the puppetmaster. VILADOMAT, 145. ☎ 93 325 54 31. www.banthaimassage.com

CENTRE ALFÀBIA

There are few things more pleasurable than feeling your spine covered by hot stones. And that's even more true when the person placing those stones is someone like Maria Lluïsa, physiotherapist and beautician. When she puts her hands on you, you're transported from her studio straight to paradise. An hour of geothermal massage costs €36 – the pleasure is immediate and lasting. You'll sleep like a baby. PL. DELS JARDINS D'ALFÀBIA, 2. ☎ 93 354 62 30. www.alfabia.es

ALQVIMIA STORE & SPA

Find luxury natural cosmetics made with locally sourced products at Alqvimia. In their city centre shop they sell these products and offer treatments to give clients the chance to try and fall in love with them. The Oasis serenity ritual (€145, 90 mins) includes exfoliation with Dead Sea salt and anti-stress body oil applied from head to toe. Their finest products applied by wise hands. Sensational. RAMBLA DE CATALUNYA, 24. ☎ 93 481 71 32. www.alqvimia.

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VANGELIS
BLADE RUNNER (BSO)

▶ THE BEATITUDES
THE KRONOS QUARTET
MUSIC OF VLADIMIR MARTYNOV

▶ REQUIEM FOR THE DUKE OF BURGUNDY
CAT'S EYES
THE DUKE OF BURGUNDY (SOUNDTRACK)

water on their heads. Access to the water circuit area, with no time limit, costs €20, or you can buy a pack that includes admission to the spa for two, plus a 30-minute massage, for €69.

CROWNE PLAZA – FIRA CENTER

Av. de Rius i Taulet, 1-3

📞 93 426 22 23

www.crowneplaza.com

LIKE AN EMPEROR

Down-to-earth Barcelona is connected to Eastern luxury by a short walkway, and it's the one that separates Passeig de Gràcia from the Mandarin Oriental, a temple to the concept of pampering, whose facilities, obviously, include a spa. And what a spa! After relaxing on a mosaic-encrusted recliner while your pores open up, and cruising a length of the 12-metre spa pool, a therapist will attend you to find the ideal treatment. Their signature service is the Oriental Essence, an ultra-relaxing massage during which you are daubed from head to feet with Quintessence oil, made with mandarin, ginger and frankincense – a luxury that will set you back €130 for 50 minutes.

MANDARIN ORIENTAL SPA

Passeig de Gràcia, 38-40

📞 93 151 88 88

mandarinoriental.com/barcelona

ON THE MOUNTAIN

The first boost to your general well-being hits you on the way up to the Hotel Miramar's lofty location, high up on Montjuïc. The spa's most spectacular feature is an indoor pool – including waterfall – illuminated by natural light from a huge window. They also have two separate spa circuits, for men and for women – with a hot tub and dry and wet saunas. You can enjoy the facilities as long as you like for €30 (free if you buy a treatment or a massage, from €55).

HOTEL MIRAMAR BARCELONA

Pl. de Carlos Ibáñez 📞 93 281 16 00

hotelmiramarbarcelona.com

TOTAL PRIVACY

It can't claim to be the spa with the most character in the city, or the newest, but Aqua offers fantastic value for money: for €28 you can enjoy their 'well-being circuit', which includes a spa pool with water jets, Turkish bath and a circular shower with essential

CALM INSPIRATION

YODA



Short and green, with hairy ears, the master taught us that patience and a cool head are the key if you don't want to be lost to the dark side of the Force.

INIESTA



Evidence of how talent and keeping calm is an unbeatable combo. The Barça player never makes an unnecessary move or says a word out of turn. A footballing Jedi.



AIRE DE BARCELONA



oils. It also includes a glass of fruit juice or cava to help you return to reality after the 90-minute session. Perhaps the most interesting feature of the spa is that they will close the doors by arrangement, to allow a single client to enjoy total privacy.

AQUA URBAN SPA

Gran de Gràcia, 7 📞 93 238 41 60

www.aqua-urbanspa.com

SACRED RITUAL

If it wasn't for the sense of calm and the sparseness of the crowd, I could be in Morocco. There, as in so many other parts of the Arab world, a trip to the hammam is a traditional part of the daily hygiene, health and beauty routine, and where the water is also used to wash laundry. At Rituels d'Orient, a subterranean palace just

HAPPY ENDING
The perfect conclusion to a relaxing session at a spa is a hot cup of tea. Most places will offer you one without charge.



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LOON



HEARTBEATS
JOSÉ GONZÁLEZ
IMPERIAL RECORDINGS BEST OF

off Diagonal with all the classic elements of the hammam, including two steam rooms – one at 45°C with 100 percent humidity – and a cold-water pool with salts, a sepulchral silence reigns. For €47 you can take the plunge and finish off with an Oriental exfoliation with a horsehair glove and black eucalyptus-scented soap. Under that rough surface you've been calling 'skin', there's another layer that's as smooth as velvet. But if you want the authentic Moroccan experience, add a 40-minute massage with argan oil. It's twice the price – but twice the pleasure.

RITUELS D'ORIENT SPA HAMMAM

Loreto, 30 📞 93 419 14 72
www.rituelsdorient.com

LEARNING TO RELAX

Àngels Verdaguer, director at Spaciomm – the spa at the five-star Hotel Omm – is passionate about her job, which, when all is said and done, is to ensure that when her clients step out of this aquatic paradise, they're as relaxed as fluffy koalas. The interior fittings in Spaciomm are all made of natural materials, which makes for an incredibly inviting space, and the facilities include a spa pool, hammam and relaxation room. Àngels has a hard time selling her range of exclusive treatments because she doesn't believe in a one-size-fits-all approach. Every client is unique and receives personalised attention. Look out for her monthly special offers, which include a personalised massage (€57 for one hour or €76.80 for an hour and a half after your dip).

SPACIOMM SPA BARCELONA

Passeig de Gràcia, 106
📞 93 445 49 49
hotelomm.com/hotel-spa-barcelona

MINIATURE SPA

Small but perfectly formed, this Eixample basement space is waiting to be discovered – it's been open barely a year. The facilities are modest, with just a spa pool and a sauna, but it's warm, welcoming and reasonably priced: €45 gets you an hour on the spa circuit, 40 minutes of Ayurvedic massage with hot oil, plus a glass of cava. Cheers!

1850 URBAN SPA BARCELONA

Diputació, 75 📞 93 016 05 66
www.spa1850.com

CALM INSPIRATION

THE QUIET MAN



John Wayne's quiet man is an emigrant who returns to Ireland, fleeing his past. He has to keep summoning up his strength to avoid resorting to his fists.

GALADRIEL



The elf queen of *The Lord of the Rings* – played by Cate Blanchett in Peter Jackson's films – epitomises physical and mental strength plus willpower in perfect equilibrium.

HOTEL MIRAMAR



PARKS, GARDENS, BEACHES...

Seeking outer peace

Finding a little tranquillity in Barcelona isn't so hard to do. The first step is to get up early, especially at the weekend. It's amazing how different the same place can be first thing in the morning – even La Rambla at the height of summer – compared to other times of the day and night.

Second, make the most of the city's beaches. There's nothing more restoring than sitting by the sea in the winter months. Charging up with the negative ions the waves dispense is free and supremely pleasurable. The earlier you arrive and the further north you go, the fewer people you'll see.

And third, visit the city's parks and gardens. If you want to get away from the city bustle, pay a visit to the Jardins de la Tamarita (Pg. Sant Gervasi, 47), or enjoy the bourgeois seclusion of the Jardins de Portolà (Portolà, 5); the Castell de l'Oreneta park is so big you won't have difficulty finding a corner to yourself (Montevideo, 45) – all three are in Sarrià-Sant Gervasi. Apart from the Collserola Natural Park, the other leafy area where you'll find sanctuary is Montjuïc: the best green spaces that cover the mountainside are the Grec, Laribal, Joan Brossa and Mossèn Costa i Llobera gardens.



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JOHN LUTHER ADAMS: BECOME OCEAN

NOT ONLY BUT ALSO

Of course you're not going to miss out on Barcelona's biggest sights and attractions, but once you've done that, where can you go to get more out of the city and avoid major crowds? Here are 10 of our favourite places around town that perhaps aren't on many visitors' must-see lists, but are really worth checking out.

By **Erica Aspas**



PLAÇA SANT FELIP NERI

For many in Barcelona, Sant Felip Neri is the prettiest square in the whole city, perhaps because of its simplicity and peacefulness, or maybe due to its fountain and history. You get there by wandering through the narrow streets of the Old City. The square is built over the medieval cemetery of Montjuïc del Bisbe, and houses a church and school, some Renaissance buildings, and the former head offices of the tinker and shoemaker guilds – the latter now hosts the Shoe Museum (Museu del Calçat). If you look closely at the façade of Sant Felip Neri church, you'll see shrapnel from a bomb thrown by Franco's forces during the Civil War, tragically killing 42 people, most of them children.

Plaça Sant Felip Neri (Ciutat Vella)

M Liceu (L3), Jaume I (L4)

TORRE BELLESGUARD

In September 2013, the Bellesguard Tower, one of Antoni Gaudí's lesser-known works, opened its doors to the public. The architect was commissioned to design it in 1900 by Jaume Figueras, and the building, which stands at the foot of Tibidabo, is influenced by Gothic and modernist styles. In 1409, Martin the Humane, the last king of the House of Barcelona, built his residence in the same spot.

Bellesguard, 16 (Sant Gervasi)

FGC: Av. Tibidabo. www.bellesguardgaudi.com



UNIVERSITAT DE BARCELONA

The most important building in Plaça de la Universitat is, clearly, the historical main edifice of Barcelona University. It became a centre for education in 1871 and for a century housed Barcelona's main faculties and departments, divided into an Arts quadrangle and a Science quadrangle. Nowadays it houses the maths and philology departments. If you want to visit, you don't need to be a student – once a month there are



group tours of the most impressive areas of the building: the main lobby, the staircase of honour, the cloisters and the assembly hall.

Gran Via de les Corts Catalanes, 585

(Eixample Esquerre) **M** Universitat (L1, L2).

Guided tour info – email: gaip@ub.edu / tel: 93 403 90 57; this month's tour takes place on Thursday 4 at 11am. www.ub.edu

SANT PERE DE LES PUEL·LES

Sant Pere de les Puel·les is not one of the better-known churches in Barcelona. In Plaça de Sant Pere, one of Barcelona's hidden squares that itself is a charming, quiet place to stop to recharge your batteries, stands the church that gives the square its name. The Romanesque church dates back to 945 AD, when it was part of a Benedictine nunnery built outside the city walls. Over the years it stood tall despite attacks and fires. While the religious community has long since moved to a different site in the upper part of Barcelona and the church was remodelled in the early 20th century following a fire, you can still see some relics from the past, and one of the two original bell towers remains and rings out across the neighbourhood.

Plaça de Sant Pere (Ciutat Vella)

M Arc de Triomf (L1), Urquinaona (L1, L4)
www.benedictinessantperepuelles.cat

EL CALL

Barcelona's medieval Jewish quarter was located in what's now the Barri Gòtic, between C/del Call, Plaça Sant Jaume, C/Banyes Nous and C/Sant Sever. You can follow a designated route through the streets of El Call, which takes in the two parts of the neighbourhood that straddled the city walls. Explore the community further at the recently opened MUHBA El Call, located in the former home of a veil weaver, where you'll see objects such as ritual lamps and headstones. You can also visit the old synagogue, which was the

most important of its kind until the Inquisition began in 1391. It's a small venue but houses a number of historical artefacts.

MUHBA El Call, Placeta de Manuel Ribé, 3

(Barri Gòtic) **M** Liceu (L3), Jaume I (L4)

museuhistoria.bcn.cat

Sinagoga Shlomo Ben Adret, Marlet, 5 (Barri

Gòtic) **M** Liceu (L3), Jaume I (L4)

www.calldebarcelona.org

PALAU GÜELL

Despite being Gaudí's first major commission, his other buildings have somewhat stolen the limelight from Palau Güell. The building, located in the Raval, belongs to the architect's Oriental period and was declared a UNESCO World Heritage Site in 1984. It features six floors, a conical space that connects and ventilates the upper floors, and a spectacular roof with 20 chimneys and decorated stacks. It was a forerunner of what Gaudí would later do at La Pedrera.

Nou de la Rambla, 3-5 (Raval) **M** Drassanes

and Liceu (L3). www.palaguell.cat

PLAÇA PRIM

Poblenou's most emblematic square is the one that also contains its oldest residences. These humble, white 19th-century buildings that line the square housed fishermen back when Poblenou was a fishing village. Small and sweet, Plaça Prim doesn't need a lot of frills to seduce passers-by. Three fantastic ombú trees, a less-than-spectacular fountain, a few benches and a single restaurant... but what a restaurant! Els Pescadors has the privilege of exclusive terrace rights and, if the weather allows, you shouldn't miss the chance to enjoy a selection of their fresh seafood dishes in the square to set everything right with the world.

Plaça Prim (Poblenou) **M** Poblenou (L4)

Els Pescadors: www.elspescadors.com





EL MIRADOR DEL TURÓ DE LA ROVIRA

These never feature on the standard city tours and it's a shame because, if you don't visit them, you'll miss some of the best views of Barcelona. The anti-aircraft guns were built in 1937, during the Civil War, when Barcelona was hit by almost 200 bombings a day. In the 1950s, with the boom in immigration from other parts of Spain, people moved in. A shanty town grew up and the residents fought for improvements (electricity, water, bins) – they were eventually rehoused in buildings with better conditions. When Barcelona hosted the Olympic Games in 1992, the city demolished the shacks and abandoned the space. Residents took up the fight once more, this time for its recognition as a place of historic importance.

MUHBA Turó de la Rovira, Marià Labèrnia, s/n (Carmel) Bus: 119, V17. The viewing-point is always open; exhibit spaces about the area are open Sat, Sun 10am-3pm. museuhistoria.bcn.cat

GLÒRIES

All around Plaça de les Glòries, you'll find various Barcelona architectural and cultural landmarks. On one side you've got the Torre Agbar, a building designed by Jean Nouvel that changed the city's skyline when it opened back in 2005, and on the other is the Mercat de Bellcaire (aka 'Els Encants'). Europe's oldest second-hand market has long been sited in this area, but it was in 2014 that it moved to its present home. The impressive wavy roof was created by Fermín Vázquez and is intended to reflect (literally, with its shiny material) the hubbub of the market. There's also the Disseny Hub Barcelona, home of the newly opened Design Museum (which looks like something that the *Star Wars* stormtroopers would ride in), as well as the Teatre Nacional de Catalunya and L'Auditori, two of the city's biggest cultural venues for plays and concerts, respectively.

Plaça de les Glòries Glòries (L1)



CEMETERIES

Brave up and visit the final resting places of generations of Barcelona residents

Some say you should only enter a cemetery once. Then there are those who know how to separate sombre thoughts from the artistic appreciation of gravestones and mausoleums. In the cemeteries of Poblenou and Montjuïc, the largest in Barcelona, numerous architectural styles can be found as well as work by renowned artists. Guided tours are available (in Spanish and Catalan), and there are QR codes around the sites for info in English and French as well. Enter without fear...

MONTJUÏC CEMETERY

Mare de Déu del Port, 56-58 (Sants)

Free guided tours second and fourth Sundays of the month.



POBLENOU CEMETERY

Av. Icària, s/n (Poblenou)

Free guided tours first and third Sundays of the month.



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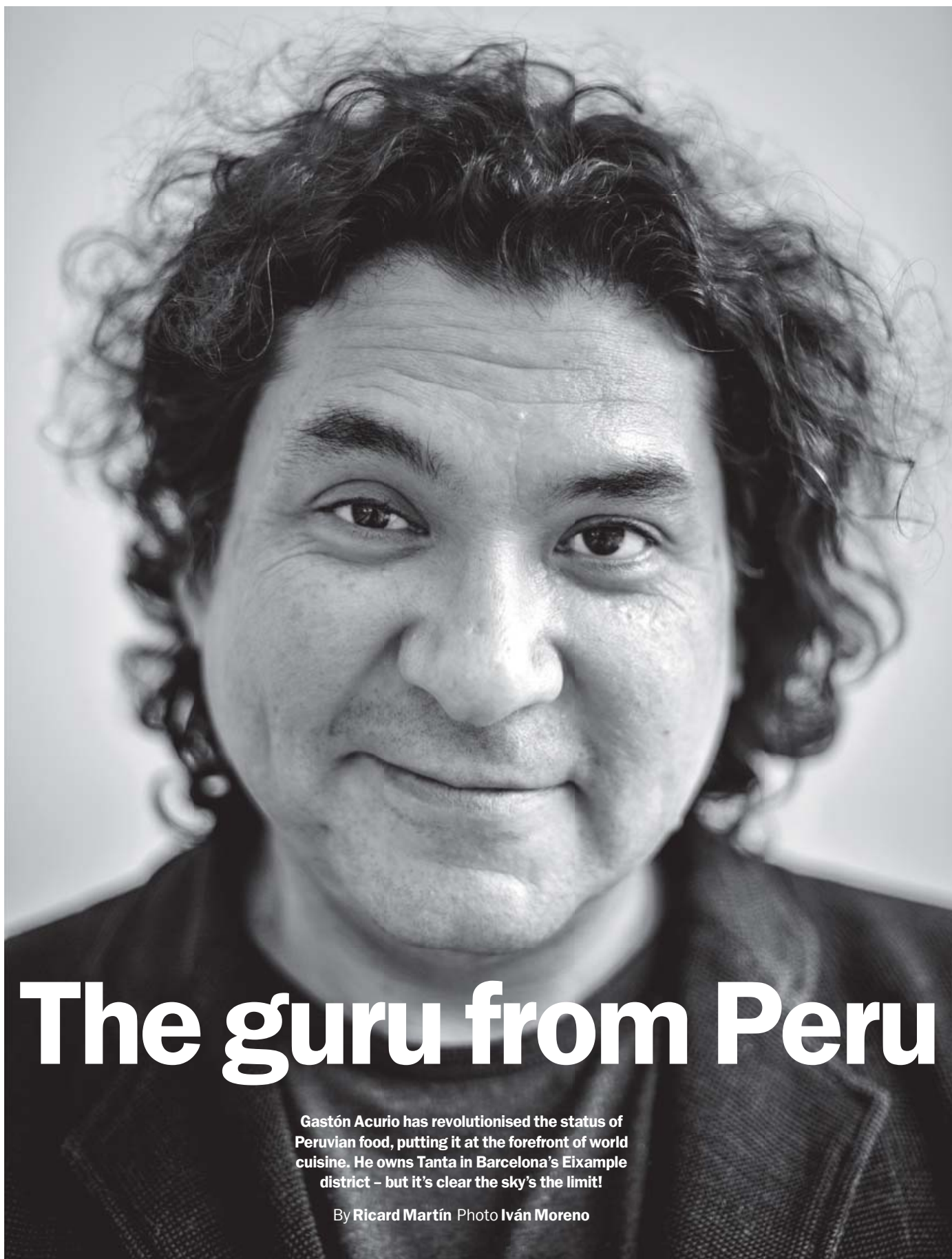
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Avda. Diagonal 617. Barcelona.



The guru from Peru

Gastón Acurio has revolutionised the status of Peruvian food, putting it at the forefront of world cuisine. He owns Tanta in Barcelona's Eixample district - but it's clear the sky's the limit!

By Ricard Martín Photo Iván Moreno

If you say the word *Peru*, chances are people will think of either Machu-Picchu or Gastón Acurio. The biggest superstar chef in the world – with apologies to Ferran Adrià – recently published *Perú* (Phaidon), a cookbook that classifies and explains the exuberance of Andean gastronomy. The book will remind most Barcelona residents of the 2012 opening of Tanta, the city's first big-name Peruvian restaurant. Acurio – chef, communicator, activist, businessman, philanthropist – could be president of his home country if he wanted, but tells us that what gives him the strength to go on travelling the world: 'Knowing that I'll come home to my dog, my own bed and weekend barbecues with my wife and friends.'

You've published numerous cookbooks, but this one has the most all-encompassing vision of Peruvian cuisine, doesn't it?

Yes. The book is a response to where Peruvian cuisine is at this moment in time. Ten years ago it wasn't as well known as it is now. Back then, our message was aimed at Peruvians, at passing on the recipes and the history, getting them to feel they were part of a food culture that we needed to start promoting internationally. Nowadays, it's a cuisine that's known to everyone who likes food, anywhere in the world. And it was important to create a compilation of recipes drawing on all the different Peruvian cooking traditions, but to present them in such a way that anyone who wants to eat Peruvian food, anywhere in the world, can do it without perishing in the attempt. We wanted to create recipes that you can make in Barcelona, New York and London, with ingredients that are getting easier and easier to lay your hands on, or with substitutes, in the case of chilli peppers, that can capture some of that Peruvian flavour.

Were you tempted to simplify the dishes?

More than simplify them, I thought about people cooking at home. Rather than a chance to show off, it's a chance for amateur cooks to capture the original flavours without having to slavishly follow the professionals, because we tend to make our lives more complicated as we aspire to magical standards of execution. Peruvian home cooking uses techniques that are much more direct, but no less important. It's a question of bringing a recipe from my restaurant home. And bringing it back to a home that could be anywhere. The great advantage of Peruvian cuisine is that it's universal, multicultural. In every Peruvian dish there's a little Japanese, a little

Chinese, a little Spanish, Arab, French, Italian, Andean and Amazonian. It's probable that people used to their own traditional cooking will find dishes from Peru that they can reproduce perfectly, due to this connection the country has with almost all world cuisines.

The book is a snapshot of Peruvian cuisine. Where is this headed next?

We've managed to get the world's attention, and there are currently three or four clearly defined aspects to that. It's a culinary tradition that's rooted in a philosophy of well-being: rooted in the earth, in biodiversity, in the Andes and the Amazon, in the abundance of nature. And its ingredients have been used in a historical context that goes back thousands of years, where people were seeking not only pleasure but also

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PERUVIAN CUISINE HAS A LONG WAY TO GO, AND IT'S LIKELY THAT MANY OF ITS DISHES WILL BECOME UNIVERSAL – AS HAS HAPPENED WITH CEVICHE

balance and health. Quinoa, purple maize – they're tasty and they're good for you. On the other hand, there's a generation of young chefs who are making a name for themselves around the world by using these unique ingredients creatively. They're youngsters who were once part of the Spanish avant-garde, and now they've found their own path. There's a specifically Peruvian kind of creativity that stands out too.

What's the third element?

Multiculturalism – in other words, the different kinds of Peruvian experience you can have in a *cevichería*, in a family restaurant, in places that serve grilled food and Peruvian-style sandwiches... All kinds of Peruvian restaurants are opening up all over the world, and they're

ALTRUISTIC

In 2015 Acurio launched his own foundation: a cooking school and NGO that 'awards scholarships to talented young people, so they can spend six months working in the world's best restaurants and return with everything they've learnt'. Some 300 young chefs have won places.

INCLUSIVE

Perú, his new book, offers 500 recipes classified under some 20 headings – the best of every kind of Peruvian food.

REACTION

The son of an ex-senator and minister, Acurio says as his family ate pretty badly at home, this made the cook inside him grow. He thinks if he'd grown up with food as 'an important ritual', he wouldn't be a cook, but a great dinner guest.

not all the same – there are markets and food trucks too. They're democratic places, for ordinary people, which is very interesting because it shows that Peruvian cuisine doesn't just belong in expensive restaurants, but can also find expression in business models open to everyone.

It's also a powerful promotional tool for tourism.

It makes all the historical and geographical attractions of our country even more enticing because of the chance of a unique culinary experience. Peruvian cuisine has a long way to go, and the likely outcome is that many of its dishes will become universal – as has happened with ceviche. Three or four of these dishes are going to be weekend fare in homes all over the world. Just as in Peru we wouldn't feel embarrassed about trying our hands at a paella, the idea is that in the future a family in Barcelona could enjoy a summer lunch with a ceviche as its centrepiece.

There are already traditional Catalan haute cuisine restaurants with ceviche on the menu.

These are the normal and natural consequences of a process that I find wonderful. It might suggest an erosion of identity, but it's just the opposite. The authenticity of regional cuisines from around the world has never been more important than it is today. The fact that you can go online and discover the food of Northern Peru or Okinawa, Catalan or Galician cooking, allows us to find out about these regional cuisines and want to try the real thing. In contrast to the confusion of ten years ago, when all this wasn't so clear; that was when the notorious word *fusion* appeared. Which, in some cases, was used as a cover for some truly indecent propositions.

The traditional, veteran Peruvian chef is humble. Your disciples tend to be young people.

Maturity brings wisdom, but on the other hand you have the audaciousness of youth. A traditional restaurant may have been around for years and, after long struggles, it earns some recognition. The owners started a business in a country that welcomed them, they left their homes because they had no choice. And they've worked hard to make a life for their families. The young chefs setting up their businesses didn't experience the effort previous generations made to get our food where it is today. They want it all. In some cases, that's great; in others, it could be dangerous – because in cooking, you need to keep your feet on the ground and always cultivate humility.

Shopping & Style

Edited by
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It's time to focus on your feet

For something truly special in footwear, head to Les Chausseurs, a small shoe shop where you'll also find some unusual accessories. By **Laia Beltran**

In 1956, Constant Nieuwenhuys, a Dutch artist and founder of the CoBrA group, launched a wonderfully ambitious project – to create ‘an alternative company model’, which was itself grafted onto a new concept of the city. In Nieuwenhuys's New Babylon, nobody would get lost, at least not in the traditional sense. ‘Getting lost means exploring new paths,’ she wrote, in her role as one of the key figures of situationism. Lambert Perera, a designer by training and a businessman by conviction, fits

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They give new twists to such British designs as Oxfords and Chelsea boots

in perfectly with Nieuwenhuys's utopian ideas. Mus&Roew, Perera's first project, became a benchmark for feminine footwear infused with a masculine spirit, recognisable for its metallic leathers and varied textures. Its success reached as far as Japan, which became one of Mus&Roew's key markets. Companies are not, however, changeless. And on this passionate search to explore new paths, Les Chausseurs appeared.

In French, *un chausseur* means ‘a shoemaker’. As such, the etymology could hardly be more appropriate. Les Chausseurs is an umbrella name that includes a range of shoes as well as a shop of the same name. The store is a small, light-filled place that recently opened in the Gràcia neighbourhood. You'll find



MARIA DIAS



FOR HIM...
A stylish toe and braided leather (€105).



AND HER
Heeled Oxfords with two-toned leather (€105).

Mus&Roew products (at knocked-down prices), but arguably more interesting is the new line. Les Chausseurs designs shoes for women that give new twists to traditional British designs such as Oxfords and the legendary Chelsea boots. There's also footwear for men, which has a more sporty look. And everything is made in Almansa, a town in the Spanish region of Castilla-La Mancha that has a long history of shoemaking.

In Les Chausseurs, they have more than just designer footwear.

Perera and his partner, Maria Reyes, also stock striking accessory lines, such as printed silk handkerchiefs by Shevitzta, a young Bulgarian company that is inspired by folk images from the Eastern European country. And unisex socks from Many Mornings, designed and produced in Ukraine. In addition, they have a small selection of jewellery from Madrid-based Pena Jewels, and designer pieces for the home from Basque company Banoa.

‘For me, liberty is creativity,’ says Nieuwenhuys in her

manifestos. The same goes for Perera. His alternative business model is taking him once more to Asia, this time to South Korea. Thanks to Les Chausseurs, he's planted a seed that in the spring will bloom in Seoul, with a number of franchise shops that will be fed by his universal designs and the productions from that magical factory in Castilla-La Mancha.

LES CHAUSSEURS
Martínez de la Rosa, 67
(Gràcia).
www.leschausseurs.com

You inspire us

A love for materials and sustainable, alternative fashion are the creative motors for artisan Franka Ramia. By **Eugènia Sendra**

Franka Ramia started designing because she was uncomfortable with the criteria of the dominant clothing brands. Five years ago she left her home country of Italy, where she felt out of place, to come to Barcelona – a voyage similar to that taken by her great-grandfather, a scrap merchant who headed to America. Ramia discovered textiles through her mother, which led to her love for creating collections using quality offcuts from Italy, France and Catalonia. The concept of slow products, a respect for nature, and the conservation of centuries-old artisan techniques are all part of her philosophy. With a lack of 'living national treasures' from whom to learn her trade, Ramia decided to teach herself. Spinning, sewing and dyeing, she can do them all, producing functional, unique and ethereally beautiful pieces that she sells at the weekly craft market in C/Allada Vermell, online and at the studio-shop Blau Trama (Mare de Deu del Pilar, 11), where she's continuing her artisan path.

frankaramia.tumblr.com

GET THE LOOK!

ALWAYS HANDMADE

Ramia loves the pieces by Barcelona ceramicist Carme Balada del Romero (Freixures, 29).

WOOL FROM DENMARK

The Klein Blue skein by Incawool (pictured) is from All You Knit Is Love (Barra de Ferro, 5).

MARIA DIAS



TEXTILE ENCYCLOPEDIA

One of Ramia's aims is to create a showcase of all the materials she works with. For her, the textiles are more important than style or trends.



WEALTH OF ARTISANS

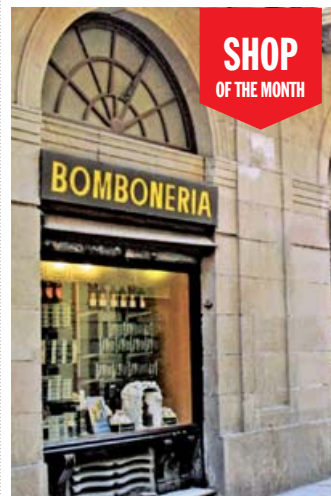
Among the other creatives chosen to be at Blau Trama (Mare de Deu del Pilar, 11) is Legor Cicli, who makes the frames for his artisan bikes by hand.



GEOMETRY AND NO 5

Ramia, who insists that couture is geometry, takes inspiration from Bauhaus and Eastern philosophies. She also has a '5' tattoo, in honour of Madame Chanel.

Sweet temptations



SHOP
OF THE MONTH

A scent is worth more than a thousand words. Stand in front of the window of the Pastisseria Brunells, and your sense of smell will be on full alert. If this city had an official 'Smell Tour', this cake and sweet shop on C/Princesa would be an obligatory stop. It's ideal for reconnecting the senses and discovering local favourites such as Montserrat 'rocks', savoury coca cake and delicate biscuits. As Manuel Diaz, grandson of the founder Miquel Brunells, says, 'Our speciality is quality.' His 48 years in charge of the business (which is now owned by a company) haven't changed the ideology of Diaz. It was in 1917 that his grandfather created his eponymous establishment, on premises that had housed a bakery since 1853 – indeed, Miquel Brunells decided to keep its huge wood-burning oven for his new business. One of the busiest times for the store is the Christmas season, when their bars of nougat-like *torrons* are snapped up by discerning clients. This is a traditional shop – with a dedicated area for trying the wares – which has long been a neighbourhood classic.

–Maria Gorgues

PASTISSERIA BRUNELLS
Princesa, 22 (Born).

Sample sales

Spruce up your winter style with these accessories. By **L. Beltran & E. Sendra**

A team effort

Sometimes the sum of one and two isn't three. It's a bit more, thanks to design, image and concept. These ingredients are the basis of an alliance between designer Emma Pardós and the photographer pair of Las Coleccionistas. Together they've created Pista, a very limited edition of unisex accessories – a rucksack, socks and this silk scarf that's adorned with a pretty print taken from an original photo. *Wassily scarf*. €58. Available at *Chandal Store, Allada Vermell, 13 (Born)*.



with a collection of waterproof cotton backpacks that are on sale in three go-with-anything tones. *The Legitim range of rucksacks* (€85) is available at *It Reminds Me Of Something, Sagristans, 9 (Born)*.

Say a lot with a little

Do you like minimalist jewellery that has a careful design and is full of symbolism? If the answer's a definite 'yes', then Urban Fawn is sure to have something for you. This Catalan brand is based in nearby Sitges, and opts for local, artisanal production. The pendants created with the infinity symbol, the rings in the shape of a snake and bracelets with empty circles (shown) will inspire you. *Esclava Circle bracelet*. €70. Buy either online at www.urbanfawn.com or at the Sitges shop *Issue, Mayor, 44*.



A real corker

A range of accessories has arrived from Portugal, and they all share a common denominator: cork. The beautified and eco-friendly tree bark allows for both robust finishes as well as others that are as soft and elegant as leather. Corkland, a Barcelona shop dedicated to accessories made with this primary material, works with Portuguese company Artelusa, which creates everything from bracelets to hats and umbrellas out of what is a key national product. They also make this retro-style bag, which comes with a shoulder strap. *Artelusa bag*. €81. *Corkland, València, 465 (Eixample)*.



A legitimate option

Flora Grisar has trained in a variety of creative fields. As well as studying product design in Santiago de Chile (where she trained with Laura Rivas, a dressmaker for Nina Ricci in the '70s), Grisar has also studied costume design at the European Institute for Design here in Barcelona, where she's been living since 2008. Now she's turned her hand to bags,

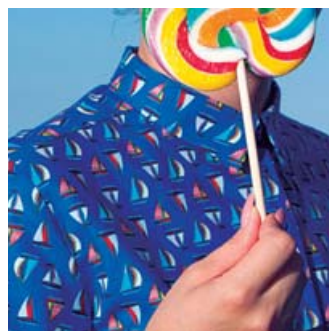
Object of desire

DANISH DESIGN

If you've finally decided to get yourself some wireless headphones, you'd do well to follow the fans of Scandi style. These Kreafunk ones mix functionality with a Nordic aesthetic. €109. *Estilo Nordico, Saragossa, 105*.



A brilliant shirt



Raise your hand if you're a shirt fan. I imagine that among your number is Noemí Ramos. It would make sense. This designer is the creative mind behind Enero (which means 'January' in Spanish), a label that specialises in shirts. And only shirts. That's right. Shirts for men and women, long- and short-sleeved, but always shirts. Whatever the gender and sleeve

length, they always have something in common. Well, two things, to tell the truth. On the one hand a carefully constructed pattern – which means that they're really flattering. And on the other, vibrant prints full of colour. What's the secret of their brilliance? Ramos designs them using specially chosen textiles such as patchwork material produced in Japan.

The Enero shirts are on sale in Gràcia shop Colmillo de Morsa (Vic, 15), but if you have the time and inclination, I recommend a visit to their studio-workshop in the Poblenou neighbourhood. And if you go, you'll discover the first Enero range of shirt-dresses, which are just as brilliant as their older sisters. –L.B.

ENERO

www.tallerenero.com

Write it all down

To-do lists. Your first novel. Arty doodles. There's any number of things you can commit to paper in these special notebooks. By **Laia Beltran**

For more unusual notebooks, go to Konema (Rambla Catalunya, 43) and museum gift shops



FROM THE DEEP

Spanish illustrator Nuria Diaz looks to the sea for inspiration. €8 for a pack of two. nuriadiaz.es



FULL OF COLOUR

This book from French company Alibabette Editions is ideal for artists. €13.90. CCCB, Montalegre, 5



FOOD FOR THOUGHT

For Mina Mina, Ana de Lima has gone with a fishy theme. €7. Plaça de la Virreina, 7



THE ROOT OF THE MATTER

Pay homage to the humble tree with the 'Wood' range from Imborrable. €7. Be, Bonavista, 7



MADE IN BARCELONA

The covers are based on local tile designs. €14.95 for three. Raima, Comtal, 27



ALL YOUR OWN

With these personalised notebooks, you'll never lose yours again. €23 for three. milpersonas.com



START FROM SCRATCH

Make your own with a kit from Fábrica de Texturas. €9 for three. Taverna & Valdivia, Còrsega, 81



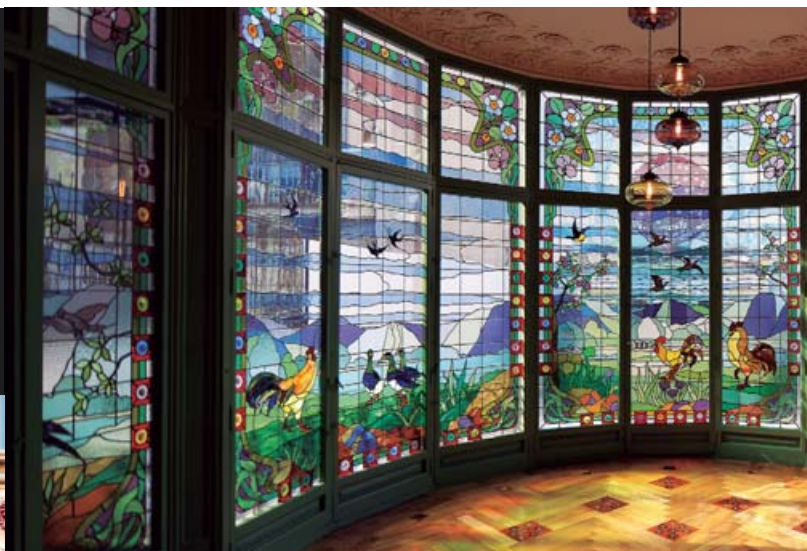
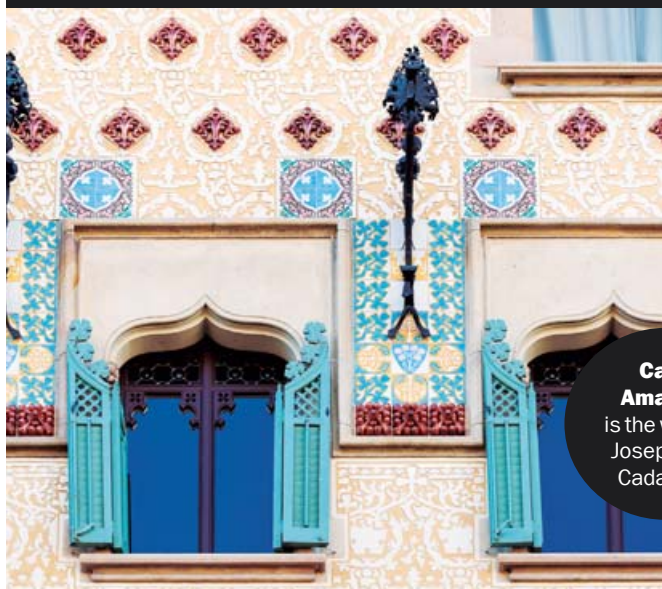
WELL SAID

For the philosophical kind of writer. €7.50. OMG BCN, Plaça de la Llanà, 7

Things to Do

The debate goes on

Cases Singulares offers guided tours of Casa Amatller and Casa Lleó i Morera. By **Maria Junyent**



Casa Amatller is the work of Josep Puig i Cadafalch



At the beginning of the 20th century, the section of Passeig de Gràcia between Aragó and Consell de Cent underwent a radical transformation, with the creation of three of the most outstanding examples of Catalan modernista architecture: Casa Batlló, Casa Amatller and Casa Lleó i Morera. The 400-metre stretch was soon baptised *la manzana de la discordia*, a play on the Spanish word *manzana* (which means both 'city block' and 'apple') that refers to the 'apple of discord' in Greek mythology, according to which Paris had to award a golden apple to the most beautiful of the goddesses Hera, Athena and Aphrodite. In the legend, Paris hands the apple to Aphrodite, who'd promised him the

heart of Helen, wife of the Spartan king. It's 2016 and Barcelona's three goddesses are still standing, open to public judgement every day. Based solely on visitor numbers, it's Gaudí and his Casa Batlló that scoop the local apple. But what about the others? Cases Singulares ('Unique Houses'), a company that promotes the city's architectural heritage, runs guided tours of Casa Lleó i Morera and Casa Amatller, whose interiors are less familiar to locals and tourists alike.

THE CHANGE

AMATLLER: The first of the three to be remodelled, between 1898 and 1900 to the design of architect Josep Puig i Cadafalch. He turned a

sober, unexceptional building into the explosion of modernista style we see today. It's crowned by a stepped gable, often said to resemble a chunky chocolate bar in honour of owner Antoni Amatller's business. In fact it's nothing of the sort – it was simply inspired by northern European Gothic styles. The triangular façade exceeded the maximum permitted height for a residence, but the architect got his way by claiming that the attic was the owner's photography studio.

LLEÓ I MORERA: Casa Amatller's undisputed dominance lasted only two years. In 1902 Francesca Morera commissioned Lluís Domènech i Montaner to refurbish the house on the corner, and the

Palau de la Música architect transformed it into a modernista masterpiece, crowned by a *tempietto* – a miniature temple that, like Casa Amatller, defied height restrictions.

THE OWNERS

AMATLLER: The son and grandson of chocolate makers, it was Antoni Amatller who turned a family business into a huge chocolate factory in Poble Nou. He was also a firm believer in marketing, commissioning renowned artists of the day, such as Ramon Casas or Alfons Mucha, to create designs to adorn and advertise his products. Amatller was a great traveller, a passionate photographer and a



ENRIC MESTRES I LLAMOLA

Lluís
Domènech i
Montaner restored
**Casa Lleó
i Morera**



collector of glass objects from all over the world, which can still be seen in the house. He was also one of the most eligible bachelors in Barcelona: his wife left him to elope with an Italian artist. No other woman was to live under his roof, apart from Teresa Amatller, his daughter and sole heiress.

LLEÓ I MORERA: The original owner and instigator of the project, Francesca Morera, who had separated from her husband, died in 1904 without seeing the work completed. It was inherited by her son, Albert Lleó i Morera, who, among other occupations, was laboratory director at the Hospital de Sant Pau. He lived in the house with his wife and children.

THE INTERIOR

AMATLLER: The darkness of the interior is the first thing that strikes you. The public salon, where visitors were received, is a clear example of the ostentatious style of the period: red and white Italian marble, Moorish arches, carved wood and an endless procession of ornaments far more concerned with beauty than practicality. Every corner is packed with artworks, but it can't have been a comfortable home to live in. Before it opened to the public, it housed the library of the Amatller Foundation.

LLEÓ I MORERA: Although none of the original furnishings have been preserved, it's still full of

features worth seeing. The most spectacular is in the family's main sitting room, where a multicoloured stained-glass window, the work of Antoni Rigalt (creator of the amazing windows at the Palau de la Música) looks onto the inner courtyard. There's also the mosaic by the Italian artisan Mario Maragliano, who pioneered the technique in Spain.

CASA AMATLLER 60-minute tours in English, daily at 11am; 30-minute tours daily, various times and languages. **CASA LLEÓ I MORERA** 60-minute tours in English, Mon-Sat at 11am; 30-minute tours Mon-Sat, various times and languages. www.casessingulars.com

MORE MODERNISME



CASA THOMAS

This building is a prime example of the highly decorative nature of modernisme. It originally had just two storeys with printer Josep Thomas's workshop on the ground floor and his family home on the upper level. Mallorca, 293.



CASA FUSTER

Today a luxury five-star hotel, this is one of the most expensive buildings ever constructed in Barcelona. Designed by Lluís Domènech i Montaner, it was a gift from Mallorcan Mariano Fuster to his wife, Consol Fabra. Pg. de Gràcia, 132.



CASA ROVIRALTA

Once a farmhouse inhabited by Dominican friars (hence its nickname 'El frare blanc' or 'The white friar'), the house was bought in 1903 by Catalan businessman Teodor Roviralta, who oversaw its restoration. Av. Tibidabo, 31.

Things to Do

Day by day

► **Information and sales:**
Tourist Information Points and tickets. visitbarcelona.com

FREE This activity is free

* The dates of league matches may be moved forward or back one day, depending on TV broadcast schedules

Monday 1

Tours

► **Santa Maria del Mar rooftop**

Guided tours to the top of this historic church for great city views. (Plaça de Santa Maria, 1). M: Jaume I (L4). Mon-Fri 12pm to 5.15pm (various times and languages). Sat, Sun, public holidays 11am to 7pm (various times and languages). €10. Reduced: €8. Booking: www.riostabarcelona.com and tickets.visitbarcelona.com.

► **Casa Batlló. Gaudí Barcelona**

Antoni Gaudí's most poetic and creative building in the city. (Pg. de Gràcia, 43). M: Passeig de Gràcia (L2,L3,L4). 9am-9pm (last entry 8pm). Cultural visit + video guide: €22.50. Reduced: €19.50. More info and tickets: www.casabatllo.cat and tickets.visitbarcelona.com

Tuesday 2

Tours

► **Torre Bellesguard Gaudí**

Tours of Gaudí's modernista castle on the slopes of Tibidabo. (Bellesguard, 6-9). M: Av. Tibidabo (FGC). Visit with audio guide: Tue-Sun 10am-3pm. €9. Reduced: €7.20. Guided tour: Sat noon (Spanish); Sat, Sun 11am (English). €16. €12.80 (reduced).

► **Gaudí's Pedrera. The Origins**

Spectacular night-time event that includes rooftop video mapping, screenings in different parts of the

building and a glass of cava. (Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5), FGC: Provença. Wed-Sat 7pm-9pm (ticket office opens at 6pm). €34. Reduced: €17.

► **Liceu opera house**

Discover Barcelona's glorious opera house, carefully restored after a devastating fire in 1994. (La Rambla 51-59). M: Liceu (L3). Mon-Fri 9.30am & 10.30am. €16.

Wednesday 3

Tours

► **Gaudí's Pedrera. The Origins**

See Tue 2. (Provença, 261-265, entrance on Pg. de Gràcia). M: Diagonal (L3, L5), FGC: Provença.

► **Palau de la Música**

Tour this emblematic building of Catalan modernisme. (Palau de la Música, 4-6). M: Urquinaona (L1, L4). Daily tours 10am-3.30pm. €18. Reduced: €11.

► **Secret Basilica del Pi**

Evening visits to the 14th-century Basilica of Santa Maria del Pi. (Pl. del Pi, 7). M: Liceu (L3). Wed-Fri 9pm. Sat 9.30pm. €19 (general). €16 (in advance). More info and tickets: www.adsentiabarcelona.com or tickets.visitbarcelona.com.

Thursday 4

Cinema

Festival Xcèntric – James Herbert

Showing of film-maker Herbert's *The Voluptuousness of the Regard*. CCCB (Montalegre, 5). M: Universitat (L1,L2) & Catalunya (L1,L3; FGC). 8pm. €4. Reduced: €3. www.cccb.org

Festivals – Traditions

FREE Barcelona Carnival 2016

Barcelona starts one of its most traditional festivals with the arrival of Reina Belluga (Carnival Queen) and a procession. Plaça de Sant Cugat. 6pm-7.30pm. Carnival festivities run from Feb 4-10. Find more info at: www.bcn.cat/carnaval.

cat/carnaval.

FREE Carnival at the Born Cultural Centre

The Ribera district kicks off its carnival festivities with live music and dancing. Born Centre Cultural (Pl. Comercial, 12). M: Jaume I, Barceloneta (L4) & Arc de Triomf (L1). 6pm.

Tours

► **Casa Batlló. Gaudí Barcelona**

See Mon 1. (Pg. de Gràcia, 43). M: Passeig de Gràcia (L2,L3,L4).

► **Secret Basilica del Pi**

See Wed 3. (Pl. del Pi, 7). M: Liceu (L3).

Friday 5

Festivals – Traditions

FREE Carnival at the Born Cultural Centre

A party in honour of Reina Belluga with live music and dancing. Born Centre Cultural (Pl. Comercial, 12). M: Jaume I, Barceloneta (L4) & Arc de Triomf (L1). 7pm-9pm.

Tours

► **Liceu opera house**

See Tue 2. (La Rambla 51-59). M: Liceu (L3).

► **Casa Batlló. Gaudí Barcelona**

See Mon 1. (Pg. de Gràcia, 43). M: Passeig de Gràcia (L2,L3,L4).

Saturday 6

Poetry

Poetry Slam Barcelona

Live poetry takes the stage at the CCCB. (Montalegre, 5). M: Universitat (L1,L2) & Catalunya (L1,L3; FGC).

Kids

Connect with the Symphony Orchestra – Film music

John Williams's music for *Star Wars* in a workshop-concert especially designed for young audiences (8-12 years). (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 5.30pm-9pm. €11. www.palaumusica.cat.

Sakapatú. A journey through Andean music

Four young musicians from Chile and Perú travel through 500 years of music. CaixaForum (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC). Sat 5.30pm. Sun noon. €6. For children five and over.

Sport

Marxa Beret

Classic cross-country ski event in the heart of the Pyrenees, with two courses, one of 15km and the other of 30km. (Pla de Beret, Val d'Aran). Starts at 10am. More info: marxaberet.com

Festivals – Traditions

FREE Barcelona Carnival 2016

More than 30 carnival processions in different city neighbourhoods. Various neighbourhoods. More info: www.bcn.cat/carnaval.

FREE 'Carnavalassu' procession 2016

Carnival procession through the Barri Gòtic district. Pl. de la Mercè. Starts 5.30pm.

Tours

► **Santa Maria del Mar rooftop**

See Mon 1. (Plaça de Santa Maria, 1). M: Jaume I (L4).

Sunday 7

Cinema

Festival Xcèntric – Pascual Bodet & Boris Lehmann

Two directors who have specialised in the portrait meet and present their work. CCCB (Montalegre, 5).

Things to Do

M: Universitat (L1,L2) & Catalunya (L1,L3; FGC). 6.30pm. €4. Reduced: €3. www.cccb.org

Sport

Barcelona International Indoor Trial and Enduro

Dirt track racing and the challenging enduro discipline come indoors as international trial bike stars hit BCN. *Palau Sant Jordi* (Pg. Olímpic, 5-7). M: Espanya (L1, L3; FGC). 5pm. www.trialindoorbarcelona.com

Marxa Beret

Second day of cross-country ski challenges in the Pyrenees with races of 10km, 21km and 42km. (Pla de Beret, Val d'Aran). Starts at 10am. More info: marxaberet.com

Kids

Sakapatú. A journey through Andean music

See Sat 6. *CaixaForum* (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC). Noon.

3D Planetarium - Is anybody out there?

Discover the secrets of deep space – the final frontier. *CosmoCaixa* (Isaac Newton, 26). FGC: Av. Tibidabo. Weekends and public holidays. 4pm. For kids 8 and above. €4. agenda.obrasocial.lacaixa.es

Family workshops

FREE Carnival at the Born Cultural Centre

Get in the Carnival spirit at this mask and hat-making workshop. *Born Centre Cultural* (Pl. Comercial, 12). M: Jaume I, Barceloneta (L4) & Arc de Triomf (L1). Noon-2pm. For children aged six to 11.

Family workshops at Torre Bellesguard Gaudí

Make your own medieval costume for Carnival. (Bellesguard, 6-9). M: Av. Tibidabo (FGC). Morning. bellesguardgaudi.com

Football

► * League fixture. RCD Espanyol – Real Sociedad de Fútbol

Espanyol face the team from San Sebastián. Date and time TBC. www.rcdespanyol.com. *Estadi Cornellà - El Prat* (Av. del Baix Llobregat, 100. Cornellà de Llobregat). FGC: Cornellà.

Festivals – Traditions

FREE Carnival at the Born Cultural Centre

La Taronjada is a light-hearted street battle with orange balloons and confetti. *Born Centre Cultural* (Pl. Comercial, 12). M: Jaume I, Barceloneta (L4) & Arc de Triomf (L1). 4pm.

Tours

► Gaudí's Pedrera. The Origins

See Tue 2. (Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5), FGC: Provença.

FREE Guided tour of Poblenou Cemetery

Explore one of Barcelona's historical cemeteries. (Av. Icària, s/n). M: Llacuna (L4). 1st Sun 10.30am (Catalan) & 12.30pm (Spanish). 3rd Sun 10.30am (Spanish) & 12.30pm (Catalan).

FREE Sant Pau modernista monument – tour + concert

Once a working hospital, this network of pavilions was designed by Lluís Domènech i Montaner. Today, as well as visiting the site you can also enjoy a choral concert (noon) and swing dancing (12.30pm). (Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5). Tours in various languages; consult for schedule. 10am-2.30pm.

Monday 8

Tours

► Casa Batlló. Gaudí Barcelona

See Mon 1. (Pg. de Gràcia, 43). M:

Passeig de Gràcia (L2,L3,L4).

► Palau de la Música

See Wed 3. (*Palau de la Música*, 4-6). M: Urquinaona (L1, L4).

Tuesday 9

Tours

► Palau de la Música

See Wed 3. (*Palau de la Música*, 4-6). M: Urquinaona (L1, L4).

► Torre Bellesguard Gaudí

See Tue 2. (Bellesguard, 6-9). M: Av. Tibidabo (FGC).

Wednesday 10

Festivals – Traditions

FREE Barcelona Carnival 2016

The week of festivities comes to an end with the traditional burial of a sardine to mark Ash Wednesday. Various city venues. More info: www.bcn.cat/carnaval.

Tours

► Santa Maria del Mar rooftop

See Mon 1. (*Plaça de Santa Maria*, 1). M: Jaume I (L4).

► Secret Basilica del Pi

See Wed 3. (Pl. del Pi, 7). M: Liceu (L3).

Thursday 11

Cinema

Festival Xcèntric – Three films by Robert Beavers

Works from cycle Robert Beavers produced between 1967-2001. CCCB (Montalegre, 5). M: Universitat (L1,L2) & Catalunya (L1,L3; FGC). €4. Reduced: €3. www.cccb.org

Festivals – Traditions

FREE Festival of Santa Eulàlia and LlumBCN Festival

Barcelona celebrates its co-patron saint in this winter festival aimed

at families, which includes LlumBCN, the city's festival of light, with specially created illuminations all over the city. The festival begins with the 'dance of the eagle' at Santa Maria del Mar (Plaça de Santa Maria, 1), and a night-time tour of the sites of the legend of Saint Eulàlia. Various venues. Feb 11-14. For more info: santaetulalia.bcn.cat.

Friday 12

Kids

FREE Festes de la Laia! Meteorite hunters

Kids' science workshops as part of the Santa Eulàlia festival. *CosmoCaixa* (Isaac Newton, 26). FGC: Av. Tibidabo. Feb 12-14. 10am-8pm. More info: barcelona.cosmocaixa.com.

Festivals – Traditions

FREE Festival of Santa Eulàlia and LlumBCN Festival

See Thu 11. Various venues.

Tours

FREE Sant Pau modernista monument

Take advantage of its open doors today to see the beautiful buildings. (Sant Antoni Maria Claret, 167). M: Sant Pau/Dos de Maig (L5). Tours in various languages; consult for schedule. 10am-2.30pm.

Saturday 13

Family cinema

Azur & Asmar

Azur & Asmar: The Princes' Quest (2006). gorgeously produced French animation. In Spanish. *CaixaForum* (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC). Noon. €4. For children 6 and over.

Festival

Emergència!

The first big date on BCN's musical

Book your favourite restaurants at timeout.com/barcelona

Things to Do

calendar, a festival dedicated to new and upcoming bands from Spain and the rest of the world. CCCB (Montalegre, 5). *M: Universitat (L1,L2) & Catalunya (L1,L3; FGC).* €4. Reduced: €3. 6pm-1am. www.cccb.org

Kids

Family concerts at L'Auditori
Barcelona's Municipal Band's brass, woodwind and percussion blows up a typhoon – with moments of calm. *L'Auditori (Lepant, 150).* *M: Glòries & Marina (L1), Monumental (L2).* Noon. €10.

Sakapatú. A journey through Andean music
See Sat 6. *CaixaForum (Av. Francesc Ferrer i Guàrdia, 6-8).* *M: Espanya (L1, L3; FGC).*

Festes de la Laia! 'Tripula'
The Farrès Brothers take to the skies in a show about mad scientists and hot air balloons. *CosmoCaixa (Isaac Newton, 26).* *FGC: Av. Tibidabo.* Feb 13-14. Noon, 2pm, 5pm. €4.

FREE Festes de la Laia!
See Fri 12. *CosmoCaixa (Isaac Newton, 26).* *FGC: Av. Tibidabo.*

Festivals – Traditions

FREE Festival of Santa Eulàlia and LlumBCN Festival
See Thu 11. Various venues.

FREE Sardanes
Catalonia's national dance performed in front of the cathedral. *(Pla de la Seu).* *M: Jaume I (L4).* Sat 6pm; Sun 11.15am.

Tours

► **Secret Basilica del Pi**
See Wed 3. *(Pl. del Pi, 7).* *M: Liceu (L3).*

Sunday 14

Cinema

Festival Xcèntric – Càbala Caníbal
Daniel Villamediana's film

applies the Kabbalah to Spanish history. CCCB (Montalegre, 5). *M: Universitat (L1,L2) & Catalunya (L1,L3; FGC).* €4. Reduced: €3. www.cccb.org

Family cinema

The Adventures of Peabody and Sherman
Time-travelling pals explore history in Dreamworks' 2014 animated feature. *Born Centre Cultural (Pl. Comercial, 12).* *M: Jaume I, Barceloneta (L4) & Arc de Triomf (L1).* Noon. €3. *In Spanish.*

Sport

eDreams Barcelona Half Marathon
With a route that takes in some of BCN's most famous locations, the half marathon attracts runners from all over the world. Starts: *Passeig Pujades.* 8.45am. *M: Arc de Triomf (L1).* More info: www.mitjabarcelona.com.

Football

► *** League fixture. FC Barcelona – RC Celta de Vigo**
The Galician side brave the Catalan team. *Date and time TBC.* For more info: www.fcbarcelona.cat. *Camp Nou (Aristides Maillol, s/n).* *M: Les Corts (L3).*

Kids

Family concerts at L'Auditori – Ma, Me, Mi... Mozart
Mozart's greatest hits arranged for kids in a fun and lively concert. *L'Auditori (Lepant, 150).* *M: Glòries & Marina (L1), Monumental (L2).* Feb 14 10.30am, noon, 5.30pm. Feb 20 Noon, 5.30pm. Feb 21 10.30am, noon, 5.30pm. €10.

Contàbile
Storytelling in Catalan with live music played on instruments from the Renaissance. *Museu de la Música (L'Auditori, Lepant, 150).* *M: Glòries & Marina (L1), Monumental (L2).* 5.30pm.

€2.50. From six years.

FREE Festes de la Laia!
See Fri 12. *CosmoCaixa (Isaac Newton, 26)* *FGC: Av. Tibidabo.*

► **Let's visit and experience the Palau de la Música**
Guided tour and art workshop. *(Palau de la Música, 4-6).* *M: Urquinaona (L1, L4).* 10.30am. €11 (children). €3 (companions).

Family workshops

Family workshops at Torre Bellesguard Gaudí
Sculpt cute sea animals in polymer clay. In English. *(Bellesguard, 6-9).* *M: Av. Tibidabo (FGC).* Morning. More info: bellesguardgaudi.com.

Festivals – Traditions

FREE Festival of Santa Eulàlia and LlumBCN Festival
See Thu 11. Various venues.

FREE Sardanes
See Sat 13. *(Pla de la Seu).* *M: Jaume I (L4).* Sat 6pm; Sun 11.15am.

Tours

FREE Guided tour of Montjuïc Cemetery
Visit Barcelona's hillside graveyard, which is as much an art museum as a final resting-place. *Cementiri de Montjuïc (Mare de Déu del Port, 56-58).* *M: Espanya (L1, L3; FGC).* 2nd & 4th Sun 11am (Catalan) and 11.15am (Spanish).

Monday 15

Tours

► **Palau de la Música**
See Wed 3. *(Palau de la Música, 4-6).* *M: Urquinaona (L1, L4).*

► **Gaudí's Pedrera. The Origins**
See Tue 2. *(Provença, 261-265, entrance on Passeig de Gràcia).* *M: Diagonal (L3, L5), FGC: Provença.*

► **Santa Maria del Mar rooftop**
See Mon 1. *(Plaça de Santa Maria,*

1). *M: Jaume I (L4).*

Tuesday 16

Tours

► **Casa Batlló. Gaudí Barcelona**
See Mon 1. *(Pg. de Gràcia, 43).* *M: Passeig de Gràcia (L2,L3,L4).*

► **Torre Bellesguard Gaudí**
See Tue 2. *(Bellesguard, 6-9).* *M: Av. Tibidabo (FGC).*

► **Liceu opera house**
See Tue 2. *(La Rambla 51-59).* *M: Liceu (L3).*

Wednesday 17

Tours

► **Secret Basilica del Pi**
See Wed 3. *(Pl. del Pi, 7).* *M: Liceu (L3).*

Fair

Barcelona Modern and Antique Art Fair (FAMA)
The city's antique dealers and gallery-owners exhibit their wares in the medieval Royal Shipyards, in a fair for the general public and expert collectors alike. *Reials Drassanes de Barcelona (Av. de les Drassanes, s/n).* *M: Drassanes (L3).* Feb 17-21. More info: famabarcelona.com.

Thursday 18

Fair

Barcelona Modern and Antique Art Fair (FAMA)
See Wed 17. *Reials Drassanes de Barcelona (Av. de les Drassanes, s/n).* *M: Drassanes (L3).*

Tours

► **Palau de la Música**
See Wed 3. *(Palau de la Música, 4-6).* *M: Urquinaona (L1, L4).*

Friday 19

Things to Do

Fair

Barcelona Modern and Antique Art Fair (FAMA)

See Wed 17. *Reials Drassanes de Barcelona* (Av. de les Drassanes, s/n). M: Drassanes (L3).

Tours

► Gaudí's Pedrera. The Origins

See Tue 2. (Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5), FGC: Provença.

► Santa Maria del Mar rooftop

See Mon 1. (Plaça de Santa Maria, 1). M: Jaume I (L4).

Saturday 20

Fair

Barcelona Modern and Classic Art Fair (FAMA)

See Wed 17. *Reials Drassanes de Barcelona* (Av. de les Drassanes, s/n). M: Drassanes (L3).

Tours

► Torre Bellesguard Gaudí

See Tue 2. (Bellesguard, 6-9). M: Av. Tibidabo (FGC).

Traditions

FREE Sardanes

See Sat 13. (Pla de la Seu). M: Jaume I (L4). Sat 6pm; Sun 11.15am.

Kids

Family concerts at L'Auditori – Ma, Me, Mi... Mozart

See Sun 14. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Noon, 5.30pm.

Sakapatú. A journey through

Andean music

See Sat 6. *CaixaForum* (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC).

3D Planetarium – Is anybody out there?

See Sun 7. *CosmoCaixa* (Isaac Newton, 26). FGC: Av. Tibidabo.

Sunday 21

Cinema

Festival Xcèntric – Robert Huot

Reductions of memory, pigments of life. Projection of Huot's *Rolls*: 1971. CCCB (Montalegre, 5). M: Universitat (L1, L2) & Catalunya (L1, L3; FGC). From 6.30pm. €4. Reduced: €3. www.cccb.org

Fair

Barcelona Modern and Classic Art Fair (FAMA)

See Wed 17. *Reials Drassanes de*

Barcelona (Av. de les Drassanes, s/n). M: Drassanes (L3).

Football

► * League fixture. RCD

Espanyol – RC Deportivo de La Coruña

Another Spanish league match for Barcelona's other team. Date and time TBC. www.rcdespanyol.com. Estadi Cornellà - El Prat (Av. del Baix Llobregat, 100. Cornellà de Llobregat). FGC: Cornellà

Kids

Family concerts at L'Auditori – Ma, Me, Mi... Mozart

See Sun 14. L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 10.30am, noon, 5.30pm

The Beatles for babies

The Beatles' best-loved tunes in a



Pt. Maritim de la Barceloneta 38A - 08005 - Barcelona <M> Ciutadella/Vila Olímpica [L4] www.icebarcelona.com

Things to Do

concert especially designed for babies.

Teatre Nacional de Catalunya (Pl. de les Arts, 1). M: Glòries & Marina (L1), Monumental (L2). 10.30am, 11.30am, 12.30pm. €12. Reduced: €6. More info: www.tnc.cat.

William Tell

Singers from the Palau's own choir explore the secret universe of childhood in this family concert. *Teatre-Auditori Sant Cugat* (Pl. de la Victòria dels Àngels, 1. Sant Cugat del Vallès). FGC: Sant Cugat. Noon. €13. For six years and over.

Tours

FREE Guided tour of Poblenou Cemetery

See Sun 7. (Av. Icària, s/n). M: Llacuna (L4).

Traditions

FREE Sardanes

See Sat 13. (Pla de la Seu). M: Jaume I (L4). Sat 6pm; Sun 11.15am.

Monday 22

Sport

Formula One Test Days

A chance to check out the form of the top GP stables at Catalonia's Formula One track. *Circuit de Barcelona-Catalunya* (Camí Mas Moreneta, Montmeló). Train (RENFE): Montmeló. Feb 22-25. More info: www.circuitcat.com.

Tours

► Gaudí's Pedrera. The Origins

See Tue 2. (Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5), FGC: Provença.

Tuesday 23

Tours

► Casa Batlló. Gaudí Barcelona

See Mon 1. (Pg. de Gràcia, 43). M: Passeig de Gràcia (L2, L3, L4).

Sports

Formula One Test Days

See Mon 22. *Circuit de Barcelona-Catalunya* (Camí Mas Moreneta, Montmeló). Train (RENFE): Montmeló.

Wednesday 24

Sport

Formula One Test Days

See Mon 22. *Circuit de Barcelona-Catalunya* (Camí Mas Moreneta, Montmeló). Train (RENFE): Montmeló.

Tours

► Santa Maria del Mar rooftop

See Mon 1. (Plaça de Santa Maria, 1). M: Jaume I (L4).

Thursday 25

Sport

Formula One Test Days

See Mon 22. *Circuit de Barcelona-Catalunya* (Camí Mas Moreneta, Montmeló). Train (RENFE): Montmeló.

Tours

► Casa Batlló. Gaudí Barcelona

See Mon 1. (Pg. de Gràcia, 43). M: Passeig de Gràcia (L2, L3, L4).

► Secret Basilica del Pi

See Wed 3. (Pl. del Pi, 7). M: Liceu (L3).

Friday 26

Tours

► Gaudí's Pedrera. The Origins

See Tue 2. (Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5), FGC: Provença.

► Torre Bellesguard Gaudí

See Tue 2. (Bellesguard, 6-9). M: Av. Tibidabo (FGC).

Saturday 27

Family cinema

Les Contes de La Nuit (Stories of the Night) (2011)

Six animated fables, with silhouettes against lush backgrounds. In French, with subtitles in Spanish. *CaixaForum* (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC). Noon. €4. For children seven and over. In French with Spanish subtitles.

Family theatre

The mouse who...

Puppet show based on a traditional Catalan children's story. In Catalan. *El Born Centre Cultural* (Pl. Comercial, 12). M: Jaume I, Barceloneta (L4) & Arc de Triomf (L1). Feb 27 5pm. Feb 28 noon. €5. For children 5 and over.

Traditions

FREE Sardanes

See Sat 13. (Pla de la Seu). M: Jaume I (L4). Sat 6pm; Sun 11.15am.

Tours

► Secret Basilica del Pi

See Wed 3. (Pl. del Pi, 7). M: Liceu (L3).

Kids

Family concerts at L'Auditori – The OBC in concert

A family concert with local orchestra, with a repertoire of popular classics in a magical show that combines dance, music and surprises. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Noon. €10.

Sakapatú. A journey through Andean music

See Sat 6. *CaixaForum* (Av. Francesc Ferrer i Guàrdia, 6-8). M: Espanya (L1, L3; FGC).

Sunday 28

Football

► * League fixture. FC

Barcelona – Sevilla FC

See Messi et al confront the team from the south of Spain. Date and time TBC. For more info: www.fcbarcelona.cat. Camp Nou (Aristides Maillol, s/n). M: Les Corts (L3).

Kids

The Beatles for babies

See Sun 21. *Teatre Nacional de Catalunya* (Pl. de les Arts, 1). M: Glòries & Marina (L1), Monumental (L2). 10.30am, 11.30am.

3D Planetarium – Is anybody out there?

See Sun 7. *CosmoCaixa* (Isaac Newton, 26). FGC: Av. Tibidabo.

Family concerts at L'Auditori – Music for babies

A musical journey to a world of sounds and sensations. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 11am, noon. €10.

Family workshops

Family workshops at Torre Bellesguard Gaudí

Decorate a candle using the techniques of decoupage. (Bellesguard, 6-9). M: Av. Tibidabo (FGC). Morning. More info: bellesguardgaudi.com.

Tours

FREE Guided tour of Montjuïc Cemetery

See Sun 14. *Cementiri de Montjuïc* (Mare de Déu del Port, 56-58). M: Espanya (L1, L3; FGC).

Monday 29

Tours

► Gaudí's Pedrera. The Origins

See Tue 2. (Provença, 261-265, entrance on Passeig de Gràcia). M: Diagonal (L3, L5), FGC: Provença.

► Casa Batlló. Gaudí Barcelona

See Mon 1. (Pg. de Gràcia, 43). M: Passeig de Gràcia (L2, L3, L4).

Sights

Architecture

Basilica de la Sagrada Família

(Mallorca, 401). M: *Sagrada Família* (L2, L5). T. 93 513 20 60. 9am-6pm. Guided tour/with audio guide: €19.50. www.sagradafamilia.org Barcelona's most famous landmark, begun by Antoni Gaudí in 1891 and which remains unfinished to this day. Ticket sales help fund the ongoing construction works of Spain's most popular tourist attraction.

► Basilica de Santa Maria del Mar

(Plaça de Santa Maria, 1). M: *Jaume I* (L4). T. 93 310 23 90. Mon-Sat 9am-1pm, 5pm-8.30pm; Sun and public holidays 10am-2pm, 5pm-8pm. Wheelchair access. www.santamariadelmarbarcelona.org Known as the 'cathedral of the Ribera', this church is one of the most perfect examples of Gothic architecture, thanks to the harmony of its proportions and its inherent serenity.

► Basilica de Santa Maria del Pi

(Plaça del Pi, 7). M: *Liceu* (L3) & *Jaume I* (L4). T. 93 318 47 43. 10am-6pm. €4. €3 (reduced). Guided tour (including bell tower): Sat noon, 1.30pm, 5pm, 6.30pm; Sun noon, 1.30pm, 5pm (book in advance). €10. €8 (reduced). *La Basílica del Pi Secreta* (night-time tour): Thu, Fri 9pm (9.20pm English); Sat 9.30pm (9.50pm English). www.basilicadelpi.com Visit one of Barcelona's grandest Gothic churches, and enjoy the great views from its bell tower.

► Casa Batlló

(Pg. de Gràcia, 43). M: *Passeig de Gràcia* (L2, L3, L4). T. 93 216 03 06. 9am-9pm. Last entry: 8pm. Tour and video guide: €22.50. €19.50 (reduced). www.casabatllo.cat The sensuality and harmony of its interior, combined with

Gaudí's use of colours, shapes and light, make this a must-see for admirers of the architect's work.

► Gaudí Crypt at Colònia Güell

(Claudi Güell, 6 – Santa Coloma de Cervelló). M: *Espanya* (L1, L3) & *FGC: Colònia Güell* (S4, S8, S33). T. 93 630 58 07. Mon-Fri 10am-5pm; Sat, Sun, public hols 10am-3pm. €9 (incl. audio guide). €7.50 (reduced). www.gaudicoloniaguell.org Gaudí's hidden treasure is a UNESCO World Heritage Site inside Colònia Güell, a planned textile factory and residential area just a 20-minute journey from Barcelona.

► Gran Teatre del Liceu

(La Rambla, 51–59). M: *Liceu* (L3). T. 93 485 99 14. Guided tour: Mon-Fri 9.30am, 10.30am. €16. 25-minute tour: Daily (various times). €8. www.liceubarcelona.cat Visit one of the world's great opera houses: discover the impressive concert hall and exclusive private rooms that make this one of Barcelona's most emblematic buildings.

► La Pedrera

(Provença, 261–265). M: *Diagonal* (L3, L5). T. 902 202 138. Until Feb 26: 9am-6.30pm. Last entry: 6pm. From Feb 27: 9am-8pm. Last entry: 7.30pm. €20.50. €16.50 (reduced). www.lapedrera.com Many Barcelona residents regard this building to be Gaudí's true masterpiece, where some lucky souls actually get to live. The roof terrace represents modernista architecture at its finest. For an enhanced experience, enjoy the spectacular design at night with 'Gaudí's Pedrera. The Origins', a tour and rooftop videomapping with multiple screenings and music (until Feb 26: 7pm-9pm; from Feb 27: 9pm-10pm).

Palau Güell

(Nou de la Rambla, 3-5). M: *Drassanes & Liceu* (L3). T. 93

472 57 75. Tue-Sun 10am-5.30pm. Last entry: 4.30pm. Closed Mon (except public holidays). €12. €8 (reduced). www.palauaguell.cat

Built by Gaudí in the late 19th century, this palace belonged to his principal patron.

► Palau de la Música Catalana

(Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). T. 93 295 72 00. 10am-3.30pm. €18. €11 (reduced). Under-10s free. www.palaumusica.cat Step inside one of the most beautiful modernista buildings in the city, today a UNESCO World Heritage Site.

Sant Pau, modernista monument

(Sant Antoni Maria Claret, 167). M: *Sant Pau* (L5). T. 93 553 78 01. Mon-Sat 10am-4.30pm; Sun, public holidays 10am-2.30pm. Self-guided tour: €8. €5.60 (reduced). Guided tour (various times): €14. €9.80 (reduced). First Sunday of month and under-16s free. www.santpaubarcelona.org Tour the buildings and grounds of Hospital Sant Pau, one of the world's largest Art Nouveau monuments, restored and opened to the public in 2014.

► Torre Bellesguard

(Bellesguard, 6-9). FGC: *Av. Tibidabo*. T. 93 250 40 93. Tue-Sun 10am-3pm. Last entry: 2.30pm. Closed Mon. Panoramic tour (audio guide to exterior, remains of Martin the Humane's palace, audiovisual centre): €9. Guided tour (tower, roof terrace): €16; in English – Sat, Sun 11am. www.bellesguardgaudi.com Discover the modernista castle that Antoni Gaudí built at the foot of Tibidabo mountain.

Leisure

► Aire de Barcelona, Arab Baths

(Pg. de Picasso, 22). M: *Barceloneta, Jaume I* (L4). T. 93 295 57 43. Sun-Thu: first entry

10am; last entry between 10pm and midnight; Fri, Sat: last entry between midnight and 2am. www.airedebarcelona.com.

In the Born neighbourhood, these gorgeous Arab baths revive the ancient tradition of bathing as a form of relaxation.

► Barcelona Urban Forest

(Plaça del Fòrum, s/n). M: *El Maresme/Fòrum* (L4). T. 93 117 34 26. Sat, Sun, public holidays 10am-3pm. €11-€27 (depending on age and circuit). www.barcelonabosc urba.com Get some high-adrenaline exercise in an urban adventure part with over 30 attractions, including zip lines, trampolines and bungee jumping.

► Gaudí Experience

(Larrard, 41). M: *Vallcarca, Lesseps* (L3). T. 93 285 44 40. 10.30am-6pm. €9. €7.50 (reduced). www.gaudiexperiencia.com A fascinating interactive journey that uses 4-D technology to take you inside Gaudí's universe.

► Poble Espanyol

(Av. Francesc Ferrer i Guàrdia, 13). M: *Espanya* (L1, L3). T. 93 508 63 00. Mon 9am-8pm; Tue-Thu, Sun 9am-midnight; Fri 9am-3am; Sat 9am-4am. €12. €7, €8.40, €9.50 (reduced). www.poble-espanyol.com Built for the 1929 Barcelona Expo, Poble Espanyol is an open-air museum on Montjuïc with replicas of streets, squares and buildings from all over Spain. Regularly hosts live music events.

► Barcelona Zoo

(Parc de la Ciutadella, s/n). M: *Arc de Triomf* (L1) & *Ciutadella/Vila Olímpica* (L4). T. 902 45 75 45. Daily 10am-5.30pm. €19.90. Children (ages 3-12): €11.95. www.zoobarcelona.cat Open for more than 100 years, this is one of the city's best-loved attractions, home to more than 2,000 animals representing over 315 species.

The Arts

Edited by
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À la mode

The MNAC looks back at the work of Xavier Gosé, the great modernista illustrator.

By **Eugènia Sendra**

Parisian fashion magazines of the early 20th century – *La Gazette du Bon Ton* and *Le Journal des dames et des modes* – featured the names of Georges Lepape and Paul Iribe (who often produced illustrations for fashion designer Paul Poiret), George Barbier and Charles Martin. And also that of Xavier Gosé, a Catalan illustrator noted for his elegant, voguish, refined style. His brief career, split between the Barcelona of Els Quatre Gats restaurant (which was regularly frequented by Picasso and friends) and 1900s Paris, is the subject of an MNAC retrospective that brings together drawings, paintings, magazines, and other graphic works, most of which are on loan from the Museu Jaume Morera, located in the Catalan city of Lleida.

Key figure

Gosé got his start under the great Catalan illustrator Josep Lluís Pellicer, depicting Barcelona's seamy underside and appearing in the weekly satirical magazine *L'Esquella de la Torratxa*. He consolidated his artistic career in Paris, at that time the centre of the art world. The French city's decadent nightlife and its prostitutes and demi-mondaines – along with the bourgeois pleasures of horse races, boulevards and cafés – were the subject of his works, which frequently appeared in satirical journals. 'Women were the centrepiece of his drawings, and he always drew them in clothes, fabrics, hats and accessories that reflected the fashions of the moment,' says exhibition co-curator Jesús Navarro. From 1912 onwards, Gosé began producing illustrations for fashion articles



**Gosé's
geometric,
elongated
illustrations
prefigured
Art Deco**

and couturiers including Paquin, Doeuillet, Wort and Redfern, which is how he came to be recognised as a key figure of Catalan modernisme and La Belle Époque. He was known for his clear, defined style, following the example of Théophile Alexandre Steinlen. 'He took on board contemporary fashions in graphic design, but he always maintained a highly identifiable style, characterised by simplified lines, masterful colour work, and a Japanese-influenced sense of perspective,' adds Navarro. His geometric, elongated illustrations prefigured Art Deco.

“Women were the centrepiece of his drawings, in the fashions of the moment”

Renewed reputation

Gosé is another artist whose reputation the MNAC wants to revive. For the curator, the fact that Gosé's works have never been considered part of the artistic avant-garde, and that he spent part of his short career in Paris, 'have accentuated the critical neglect of his contribution', which was crucial to the generation of artists who, after 1915, would shape the so-called Silver Age of Spanish illustration.

Xavier Gosé is showing at the Museu Nacional d'Art de Catalunya (Parc de Montjuïc, s/n) until March 20.



**The Catalan
artist was
known for his
clear, always
identifiable,
style**



Get into the local groove

A range of Catalan and Spanish musicians are in town this month. By **Hannah Pennell**

Barcelona plays host this month to traditional and avant-garde Catalan and Spanish music. **Emergència** is a one-day festival staged at the CCCB (Montalegre, 5, Sat 13). Its objective? To present up-and-comers both national and

international, with nine bands chosen to perform this year. Among those from Spain are: Sorry Kate, an electronic formation from Madrid; violinist, instrumentalist and improviser Sara Fontán; and all-male trio Malheur from Seville,

who mix experimental rock and jazz, for a sound that's electronic and spontaneous.

Currently in the middle of its 2016 run, the **Festival Tradicionàrius** celebrates the folk music of the Països Catalans (places where Catalan is spoken, including Valencia and the Balearic Islands). The almost-three-month schedule of this 29th edition features some 50 events and 60 acts. On this month's programme are improv music and song sessions (each Wednesday at 9.30pm in the main festival venue, Centre Artesà Tradicionariu, Travessia de Sant Antoni, 6) and an open-air concert by award-winning group Roba Estesa (Fri 12, Plaça Sant Jaume). On Saturday 6 and 20, enjoy two experiences in one with free midday concerts at the Llibertat market (Pl. de la Llibertat).

Another festival in full swing this month is **BarnaSants**, which aims to give a stage to Catalan language singer-songwriters – such musicians played a key role in opposing Franco, especially during the '60s and '70s. One of the headliners is Pau Alabajos (Sat 27, L'Auditori), a Valencian singer and activist who presents his latest album, *L'amor i la ferocitat*.

Finally, one of Barcelona's biggest festivals, the **Mil·lenni**, this month welcomes Málaga musician Anni B Sweet (pictured) presenting her third album, *Chasing Illusions* (Sat 13, Sala Bikini, Av. Diagonal, 547).

A trio of geniuses



An exciting opportunity for classical music fans comes in the form of this concert from superstar pianist Lang Lang, who will perform for the first time with the Barcelona Symphonic and Catalan National Orchestra. At just 33, the Chinese musician – who was inspired to learn how to play the piano after seeing a Tom and Jerry cartoon when he was two – has already had a fantastically stellar career. Highlights include winning the International Tchaikovsky Competition for Young Musicians in his mid-teens, being the first Chinese pianist recruited by the Berlin and Viennese philharmonics, selling out the Royal Albert Hall and Carnegie Hall, and providing music for the soundtrack of the Gran Turismo 5 video game. Because of Lang Lang's accessibility, flamboyant style of playing and overall skill, this concert of works by Mozart and Rachmaninoff is being dubbed 'A Trio of Geniuses'. If you can't make it to this performance (or are a really big Lang Lang fan), he'll also give a chamber concert at L'Auditori on Wednesday 24.

–Hannah Pennell

FASHION AS ART Exhibitions that explore facets of fashion



THE ART OF SILK IN BCN

An examination of the centuries-old silk professions in Barcelona, and the seven official guilds created to protect those in the industry. Arxiu Històric de la Ciutat de Barcelona (Santa Llúcia, 1).



CATALAN ACTRESSES

The changing role of these performers in the 20th century is the focus of this show, which also looks at the general position of women in wider society. Palau Robert (Pg. de Gràcia, 107).



DRESSING THE BODY

As well as a basic cover-up, clothes have been used through the ages by women to change their body shapes. Museu del Disseny de Barcelona (Pl. de les Glòries Catalanes, 37-38).

Lang Lang, Mozart and Rachmaninoff. A Trio of Geniuses takes place at

L'Auditori (Lepant, 150) on Fri 26, time TBC. €10-€80. The chamber concert is on Wed 24, 8.30pm. €10-€80. www.auditori.cat

Music

Monday 1

Classical

Benjamin Alard

Harpichordist Benjamin Alard performs J.S. Bach's partitas and French and English suites.

Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €15.

Jazz

WTF Jam Session

Anything goes at the long-running jam hosted by Aurelio Santos.

Jamboree (Pl. Reial, 17). M: Liceu (L3). 8pm. €5 (box office). €4 (online in advance). www.masimas.com/jamboree.

La Locomotora Negra

Barcelona's veteran big band brings classic swing to the Palau. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 7pm. €25-€30.

Flamenco

► Palacio del Flamenco show

A full cast of guitarists, singers and dancers, and the rhythms of the cajón, heels and palms.

(*Balmes*, 139). M: *Diagonal* (L3, L5; FGC). Daily 6.25pm, 8.15pm & 10.30pm. Options: show only; show + one drink; show + different menu options (including tapas). €45-€160. €10 discount at tourist offices. palaciodelflamenco.com

► Live Flamenco

The passion of flamenco in an intimate tablao on Plaça Reial. *Sala Tarantos* (Plaça Reial, 17). M: Liceu (L3). Daily 8.30pm, 9.30pm, 10.30pm. €10 (on the door). €8 (web). www.masimas.com/tarantos

► Flamenco show dedicated to Camarón de la Isla

Casa Camarón celebrates the legacy of a flamenco legend. *Casa Camarón* (Roger de Flor, 230).

M: Verdaguer (L4, L5), *Sagrada Família* (L2, L5). Mon-Sat 8pm (supper), 9pm-10pm (show). Closed Sun. www.casacamaron.com

► Flamenco at Palau Dalmases

A baroque space is the setting for this live flamenco show.

(*Montcada*, 20). M: *Jaume I* (L4). Daily 6pm, 7.30pm, 9.30pm. €25 (includes one drink). More info: tickets.visitbarcelona.com

Opera

► Otello by Giuseppe Verdi

Verdi's four-act opera based on Shakespeare's great play. The tragedy of Othello and Desdemona is set against the harsh backdrop of war in Deutsche Oper Berlin's dramatic production. (*La Rambla*, 51-59). M: Liceu (L3). Feb 1, 4, 5, 7. 8pm (except Feb 7, 5pm). €10-€299. liceubarcelona.cat

Tuesday 2

Flamenco

► Flamenco at Palau Dalmases

See Mon 1. (*Montcada*, 20). M: *Jaume I* (L4).

► Flamenco show dedicated to Camarón de la Isla

See Mon 1. *Casa Camarón* (Roger de Flor, 230). M: Verdaguer (L4, L5), *Sagrada Família* (L2, L5).

Jazz

Live Jazz

Live jazz at Milano Cocktail Bar. (*Ronda Universitat*, 35). M: *Catalunya* (L1, L3). 9pm (double session). Cover charge €8.

Live Jazz at Jamboree

Barcelona's iconic jazz club hosts two live sessions. Check venue website for more details. *Jamboree* (Pl. Reial, 17). M: Liceu (L3). 8pm, 10pm. €12 (box office). €10 (online in advance). www.masimas.com/jamboree

Classical

► The art of the Spanish guitar:

music and wine

Carmen, Barcelona Duo de Guitar perform a candlelit concert featuring work by Albéniz, Granados and Rodrigo, among others. *Santa Anna Church* (Santa Anna, 29). M: *Catalunya* (L1, L3; FGC). 9pm. €20. Discount at tourist offices. More info: tickets.visitbarcelona.com.

Benjamin Alard

See Mon 1. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4).

Wednesday 3

Jazz

Live Jazz

See Tue 2. (*Ronda Universitat*, 35). M: *Catalunya* (L1, L3).

Classical

Palau 100 Great Voices – Juan Diego Flórez

Renowned Peruvian tenore di grazia performs Neapolitan songs. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €20-€125.

Flamenco

► Live Flamenco

See Mon 1. *Sala Tarantos* (Plaça Reial, 17). M: Liceu (L3).

Opera

► Rossini's Otello in concert

Concert version of Rossini's opera, with Gregory Kunde in the title role. (*La Rambla*, 51-59). M: Liceu (L3). Feb 3, 6. 8pm. €10-€213. liceubarcelona.cat

Thursday 4

Classical

Organ music at the Palau

Organist Thomas Trotter performs music by J.S. Bach, Liszt and Bizet among others. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €6.

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree* (Pl. Reial, 17). M: Liceu (L3).

Flamenco

► Palacio del Flamenco show

See Mon 1. (*Balmes*, 139). M: *Diagonal* (L3, L5; FGC).

► Tablao Flamenco Nervión

City centre restaurant hosts flamenco performance. (*Princesa*, 2). M: *Jaume I* (L4). Thu, Fri, Sat 8pm-10pm. Show + drink €16.90; show + supper €27.90.

Opera

► Otello by Giuseppe Verdi

See Mon 1. (*La Rambla*, 51-59). M: Liceu (L3).

Opera at Palau Dalmases

La Petita Companyia Lirica de Barcelona perform in a historical venue, with the singers moving among the audience. (*Montcada*, 20). M: *Jaume I* (L4). Every Thu. 11pm. €20. Info: www.palaudalmases.com.

Pop

17th Banc Sabadell Festival del Mil·lenni – Joan Miquel Oliver

The multifaceted musician and poet, ex of now-defunct Catalan indie popsters Antònia Font, presents solo album, *Pegasus*. *Sala Apolo* (Nou de la Rambla, 113). M: *Paral·lel* (L2, L3). 9pm. €16.

Friday 5

Blues

Blues at the MEAM – Alan Bike & Ma Lonesome

Laidback, interactive blues. (*Barra de Ferro*, 5). M: *Jaume I* (L4). Every Friday. 6pm. €14. meam.es

Flamenco

► Flamenco roots

The Arts

Stars of contemporary flamenco such as Karime Amaya and Sara Barrero at one of Barcelona's most authentic *tablaos*. *Tablao Cordobes (La Rambla, 35)*. *M: Drassanes (L3) & Liceu (L3)*. Daily 6.30pm, 8.15pm, 10pm, 11.30pm. €44-€78.50. tablaocordobes.com.

► Palacio del Flamenco show

See Mon 1. (*Balmes, 139*). *M: Diagonal (L3, L5; FGC)*.

Classical

► The art of the Spanish guitar: music and wine

Guitar expert Joan Benejam performs *Fandango*. *Santa Anna Church (Santa Anna, 29)*. *M: Catalunya (L1, L3; FGC)*. 7pm. €20. Discount at tourist offices. More info: tickets.visitbarcelona.com

Montsalvat Orchestra

The Montsalvat Orchestra, with violinist Sergey Malov, performs Beethoven and Mendelssohn. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. 8.30pm. €30.

17th Banc Sabadell Festival del Mil·lenni – Orfeó Donostiarra

One of Spain's oldest choral groups, founded in 1897, gives a programme of Basque, Catalan and Spanish songs. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. Feb 5 9pm; Feb 6 noon. €20-€54.

Jazz

Live Jazz

See Tue 2. (*Ronda Universitat, 35*). *M: Catalunya (L1, L3)*.

Opera

► Otello by Giuseppe Verdi

See Mon 1. (*La Rambla, 51-59*). *M: Liceu (L3)*.

Indie pop

Ellie Goulding

Multitalented singer of worldwide mega-hit 'Love me like you do' visits BCN on her European tour.

Sant Jordi Club (Pg. Olímpic, 5-7). *M: Espanya (L1, L3; FGC)*. 9pm. €40-€130.

Saturday 6

Classical

Classical music at the MEAM

Toni Galera (baritone) and Juan Diego Fidalgo (piano) perform. (*Barra de Ferro, 5*). *M: Jaume I (L4)*. Every Sat. 6pm. €19. www.meam.es

Star Wars and great choral works for film

John Williams's compositions for *Star Wars* with the Vallès Symphony Orchestra and the choir of the Orfeó Catalan. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. 7pm. €22-€73.

17th Banc Sabadell Festival del Mil·lenni – Orfeó Donostiarra

See Fri 5. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. Noon.

► The art of the Spanish guitar: music and wine

See Tue 2. *Santa Anna Church (Santa Anna, 29)*. *M: Catalunya (L1, L3; FGC)*.

Flamenco

► Flamenco roots

See Fri 5. *Tablao Cordobes (La Rambla, 35)*. *M: Drassanes (L3) & Liceu (L3)*.

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree (Pl. Reial, 17)*. *M: Liceu (L3)*.

Opera

► Rossini's Otello in concert

See Wed 3. (*La Rambla, 51-59*). *M: Liceu (L3)*.

Gospel

Barcelona Gospel Messengers

Gospel versions of George

Harrison's best-known songs. *L'Auditori (Lepant, 150)*. *M: Glòries & Marina (L1, Monumental (L2)*. 9.30pm. €20.

Indie rock

Wolf Alice

Up-and-coming London alt rockers fronted by vocalist Ellie Rowsell. *Razzmatazz (Pamplona, 88)*. *M: Marina (L1, Bogatell (L4)*. 9.30pm. €20.

Sunday 7

Classical

Concert at the Music Museum

The English violin, from the 16th century to Nicola Matteis. *L'Auditori (Lepant, 150)*. *M: Glòries & Marina (L1, Monumental (L2)*. Noon. €2-€7.

Scherzo Women's Chamber Choir

Works by Schubert, Brahms, Schumann and Silcher. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. 7pm. €15.

Gli Incogniti. Amandine Beyer.

String quintet performs works by Purcell and Matteis. *CaixaForum (Av. Francesc Ferrer i Guàrdia, 6-8)*. *M: Espanya (L1, L3; FGC)*. 7pm. €12.

Jazz

Live Jazz

See Tue 2. (*Ronda Universitat, 35*). *M: Catalunya (L1, L3)*.

Flamenco

► Flamenco roots

See Fri 5. *Tablao Cordobes (La Rambla, 35)*. *M: Drassanes (L3) & Liceu (L3)*.

► Live Flamenco

See Mon 1. *Sala Tarantos (Plaça Reial, 17)*. *M: Liceu (L3)*.

Opera

► Otello by Giuseppe Verdi

See Mon 1. (*La Rambla, 51-59*). *M: Liceu (L3)*.

Monday 8

Classical

Palau 100 – Gulbenkian Orchestra

Stravinsky's *Firebird*, Saariaho's *Magic Lantern* and Rachmaninoff's piano concerto no. 2, with soloist Nikolai Lugansky. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. 8.30pm. €15-€80.

Flamenco

► Flamenco show dedicated to Camarón de la Isla

See Mon 1. *Casa Camarón (Roger de Flor, 230)*. *M: Verdaguer (L4, L5), Sagrada Família (L2, L5)*.

Jazz

WTF Jam Session

See Mon 1. *Jamboree (Pl. Reial, 17)*. *M: Liceu (L3)*.

Tuesday 9

Flamenco

► Palacio del Flamenco show

See Mon 1. (*Balmes, 139*). *M: Diagonal (L3, L5, FGC)*.

► Flamenco at Palau Dalmases

See Mon 1. (*Montcada, 20*). *M: Jaume I (L4)*.

Classical

Palau 100 Piano – Anna Gourari

Pianist Gourari performs works by J.S. Bach, Prokofiev and Chopin. *Palau de la Música Catalana (Palau de la Música, 4-6)*. *M: Urquinaona (L1, L4)*. 8.30pm. €20.

► The art of the Spanish guitar: music and wine

See Tue 2. *Santa Anna Church (Santa Anna, 29)*. *M: Catalunya (L1, L3; FGC)*.

Wednesday 10

The Arts

Jazz

Live Jazz at Jamboree

See Tue 2. Jamboree (Pl. Reial, 17).
M: Liceu (L3).

Classical

Cathy Krier, piano

Krier performs music by Rameau, Schuler and Ravel, among others. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €13.

Flamenco

► Flamenco show dedicated to Camarón de la Isla

See Mon 1. Casa Camarón (Roger de Flor, 230). M: Verdaguer (L4,L5), Sagrada Família (L2,L5).

Opera

Bizet's Carmen

Staged two-act version of Bizet's enduringly popular opera. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4). Feb 10, 19. 8.30pm. €22-€52.

Thursday 11

Classical

Johannes Moser

Star cellist Moser performs works by Prokofiev and Rachmaninoff in his BCN debut. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm. €15-€25.

Jazz

Live Jazz at Jamboree

See Tue 2. Jamboree (Pl. Reial, 17).
M: Liceu (L3).

Live Jazz

See Tue 2. (Ronda Universitat, 35).
M: Catalunya (L1, L3).

Flamenco

► Palacio del Flamenco show

See Mon 1. (Balmes, 139). M:

Diagonal (L3, L5, FGC).

► Flamenco at Palau Dalmases

See Mon 1. (Montcada, 20). M: Jaume I (L4).

Opera

Opera at Palau Dalmases

See Thu 4. (Montcada, 20). M: Jaume I (L4).

Pop

17th Banc Sabadell Mil·lenni Festival – Maldita Nerea

Spanish pop group from Murcia fronted by vocalist Jorge Ruiz. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 9pm. €20-€38.

Friday 12

Classical

► The art of the Spanish guitar: music and wine

See Fri 5.
Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3;FGC).

OBC in concert

The OBC performs Beethoven's 3rd and Rodrigo's *Concierto de Aranjuez*, with guitarist Juan Manuel Cañizares. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Feb 12 8.30pm; Feb 13 7pm; Feb 14 11am. €10-€56.

Flamenco

► Flamenco roots

See Fri 5.
Tablao Cordobes (La Rambla, 35).
M: Drassanes (L3) & Liceu (L3).

► Live Flamenco

See Mon 1.
Sala Tarantos (Plaça Reial, 17). M: Liceu (L3).

Blues

Blues at the MEAM – Blas Picón & Oscar Rabadan

Authentic blues at the MEAM

(Barra de Ferro, 5). M: Jaume I (L4).
Every Friday. 6pm. €14. meam.es

Saturday 13

Catalan music

Festival Tradicionàrius

Traditional Catalan music and dance from Germà Negre and the Cobla Orquestra Selvatana. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 9pm. €15.

Classical

Classical music at the MEAM

A soirée of French music with Jordi Torrent (piano) and Qiao Zhang (flute). (Barra de Ferro, 5). M: Jaume I (L4). Every Sat. 6pm. €19. meam.es

OBC in concert

See Fri 12. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 7pm.

Iberia Classic

Masterpieces of 20th-century Spanish music from opera to ballet. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: Urquinaona (L1, L4). Feb 13 8.30pm. Feb 21 6pm. €20-€49.

► The art of the Spanish guitar: music and wine

Robert Majure presents 'Alma Flamenca' ('Flamenco Soul'). Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3; FGC). 9pm. €20. Discount at tourist offices. More info: tickets.visitbarcelona.com.

FREE Songs in the Born – Xavi López

Saxophonist López presents *Invisibles*, a musical exploration of emigration and exile from Africa. *El Born Centre Cultural* (Pl. Comercial, 12, Sala Moragues). M: Jaume I & Barceloneta (L4), Arc de Triomf (L1). 8pm. elborncentrecultural.bcn.cat

Flamenco

► Tablao Flamenco Nervión

See Thu 4.

(Princesa, 2). M: Jaume I (L4).

Folk – Pop

17th Banc Sabadell Mil·lenni Festival – Anni B. Sweet

Singer-songwriter from Málaga presents third album, *Chasing Illusions*. Sala Bikini (Av. Diagonal, 547). M: Les Corts & Maria Cristina (L3). 9pm. €18.

Jazz

Live Jazz at Jamboree

See Tue 2.
Jamboree (Pl. Reial, 17). M: Liceu (L3).

Sunday 14

Classical

OBC in concert

See Fri 12.
L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 11am.

► The art of the Spanish guitar: music and wine

See Tue 2. Santa Anna Church (Santa Anna, 29). M: Catalunya (L1, L3; FGC). 6pm.

Music at the Sant Pau modernista monument

The Murtra Ensemble presents an homage to romantic composer Robert Schumann. Hospital Sant Pau (Sant Antoni Maria Claret, 167). M: Sant Pau–Dos de Maig (L5). Tickets: www.santpaubarcelona.org and Sant Pau box office. 7pm. €10.

Palau 100 Bach

Josep Vila i Casañas conducts the Palau Chamber Choir in Handel's *Israel in Egypt*. Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8pm. €10-€35.

Flamenco

► Flamenco roots

See Fri 5.
Tablao Cordobes (La Rambla, 35).

The Arts

M: Drassanes (L3) & Liceu (L3).

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree (Pl. Reial, 17).*
M: Liceu (L3).

Live Jazz

See Tue 2. (*Ronda Universitat, 35.*)
M: Catalunya (L1, L3).

Pop

Eros Ramazzotti

Releasing albums in both Italian and Spanish, Italian singer Ramazzotti has a huge following in Spain and Latin America.

Palau Sant Jordi (Pg. Olímpic, 5-7).
M: Espanya (L1, L3; FGC). 9pm. €32-€192. More info: www.theproject.es.

Monday 15

Flamenco

► Flamenco show dedicated to Camarón de la Isla

See Mon 1. *Casa Camarón (Roger de Flor, 230).* M: Verdaguer (L4, L5), Sagrada Família (L2, L5).

► Palacio del Flamenco show

See Mon 1. (*Balmes, 139.*) M: Diagonal (L3, L5, FGC).

Jazz

WTF Jam Session

See Mon 1. *Jamboree (Pl. Reial, 17).* M: Liceu (L3).

Tuesday 16

Classical

Vienna Symphony Orchestra

Music by Mozart, Haydn and Beethoven, conducted by Adam Fischer.
L'Auditori (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm. €24-€118.

► The art of the Spanish guitar: music and wine

See Tue 2.
Santa Anna Church (Santa Anna,

29). M: Catalunya (L1, L3; FGC). 9pm.

Jazz

Live Jazz

See Tue 2.
(*Ronda Universitat, 35.*)
M: Catalunya (L1, L3).

Flamenco

► Flamenco show dedicated to Camarón de la Isla

See Mon 1. *Casa Camarón (Roger de Flor, 230).* M: Verdaguer (L4, L5), Sagrada Família (L2, L5).

► Flamenco at Palau Dalmases

See Mon 1. (*Montcada, 20.*) M: Jaume I (L4).

Wednesday 17

Classical

Palau 100 Bach - Evgeni Koroliov, piano

Evgeni Koroliov performs J.S.Bach's *Art of the Fugue*.
Palau de la Música Catalana (Palau de la Música, 4-6). M: Urquinaona (L1, L4). 8.30pm. €10-€35.

Flamenco

► Live Flamenco

See Mon 1. *Sala Tarantos (Plaça Reial, 17).* M: Liceu (L3).

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree (Pl. Reial, 17).*
M: Liceu (L3).

Thursday 18

Classical

The virtuosity of the trumpet from the 18th to the 20th centuries

Trumpeter Luis González performs music by Neruda and Rauber, with the Andorra National Chamber Orchestra. *Palau de la Música Catalana (Palau de la Música, 4-6).*

RibeClinic dermo laser technology

Ribe Clinic, medical center of aesthetic medicine, directed by

ADRIANA RIBE M.D., Ph.D. Doctor of Medicine and

Surgery and Specialist in Pathology by University of

Barcelona and Specialist in Dermatopathology

by Cornell University.



Facial treatments

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www.ribeclinic.com - Tlf. 93.488.12.07

French - English - Portuguese - Russian - Spanish



The Arts

M: Urquinaona (L1, L4). 8pm. €12.

Songs in the Born – Carles Belda and the monsters of Rumbia

An exploration of rumbia, a style fusing Catalan rumba, Colombian cumbia, the accordion and rock. *El Born Centre Cultural* (Pl. Comercial, 12). M: Jaume I & Barceloneta (L4), Arc de Triomf (L1). 8pm. €15. Reduced: €10.

La Ritirata – Boccherini's Quintets

Performance ensemble La Ritirata is joined by guitarist Enrike Solinís to play the music of Boccherini, Sor and Arriaga. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 8.30pm. €15, €25.

Country

Festival Guitar BCN – Lindi Ortega

Born in Toronto and resident in Nashville, Ortega has been compared to country greats from Dolly Parton to Emmylou Harris. *BARTS* (Av. del Paral·lel, 62). M: Paral·lel (L2, L3). 9pm. €22.

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree* (Pl. Reial, 17). M: Liceu (L3).

Opera

Opera at Palau Dalmases

See Thu 4. (*Montcada*, 20). M: Jaume I (L4).

Flamenco

► Palacio del Flamenco show

See Mon 1. (*Balmes*, 139). M: Diagonal (L3, L5, FGC).

Friday 19

Classical

► The art of the Spanish guitar: music and wine

See Fri 5. *Santa Anna Church* (*Santa Anna*, 29). M: Catalunya (L1, L3; FGC).

FREE Music in the Born – Renaissance music

Concert with musicians from the Municipal Conservatory of Barcelona.

El Born Centre Cultural (Pl. Comercial, 12). M: Jaume I & Barceloneta (L4), Arc de Triomf (L1). 8pm.

OBC in concert – Brahms's Fourth

Kazushi Ono conducts the OBC doing Brahms's Fourth Symphony and Schumann's piano concerto, with solist Jorge Luis Prats. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Feb 19 8.30pm; Feb 20 7pm; Feb 21 11am. €10-€56.

Catalan music

Festival BarnaSants – Ivette Nadal

Poet, singer and songwriter Nadal presents new album, *Tornar a mare*. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 9pm. €12, €14.

Opera

Bizet's Carmen

See Wed 10. *Palau de la Música Catalana* (*Palau de la Música*, 4-6). M: Urquinaona (L1, L4).

Blues

Blues at the MEAM – Fulgurita

Vocalist Clara Pagan is accompanied by guitars and bass. (*Barra de Ferro*, 5). M: Jaume I (L4). Every Friday. 6pm. €14. meam.es

Folk – Rock

17th Banc Sabadell Mil·lenni Festival – Glen Hansard

Irish singer-songwriter tours his latest album, *Didn't He Ramble*. *BARTS* (Av. del Paral·lel, 62). M: Paral·lel (L2, L3). 9pm. €24-€28.

Saturday 20

Classical

Concert at the Music Museum

A coffee with Handel – exploring the

great Baroque composer's music. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). Noon. €2-€7.

Classical music at the MEAM

Works by Martin i Coll, Marais and Couperin. (*Barra de Ferro*, 5). M: Jaume I (L4). Every Sat. 6pm. meam.es

Flamenco

► Flamenco roots

See Fri 5. *Tablao Cordobes* (*La Rambla*, 35). M: Drassanes (L3) & Liceu (L3).

► Flamenco show dedicated to Camarón de la Isla

See Mon 1. *Casa Camarón* (Roger de Flor, 230). M: Verdaguer (L4, L5), *Sagrada Família* (L2, L5).

Sunday 21

Classical

Iberia Classic

See Sat 13. *Palau de la Música Catalana* (*Palau de la Música*, 4-6). M: Urquinaona (L1, L4). 6pm.

Barcelona Municipal Band – Petrushka

Programme of spectacular works from Stravinsky's *Petrushka* to Frank Tichelli's *Angels in the Architecture*. *L'Auditori* (Lepant, 150). M: Glòries & Marina (L1), Monumental (L2). 6pm. €12-€16.

Musical season at CaixaForum – Duncan Chisholm Trio

Scottish violinist Chisholm is accompanied by bagpipes, flutes and guitar. (*Av. Francesc Ferrer i Guàrdia*, 6-8). M: Espanya (L1, L3; FGC). 7pm. €12.

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree* (Pl. Reial, 17). M: Liceu (L3).

Flamenco

► Flamenco at Palau Dalmases

See Mon 1. (*Montcada*, 20). M: Jaume I (L4).

Monday 22

Classical

Trifonov, piano

Pianist Daniil Trifonov performs music by Bach, Brahms, Schubert and Rachmaninoff. *Palau de la Música Catalana* (*Palau de la Música*, 4-6). M: Urquinaona (L1, L4). 8.30pm. €21-€72.

Flamenco

► Live Flamenco

See Mon 1. *Sala Tarantos* (*Plaça Reial*, 17). M: Liceu (L3).

Jazz

WTF Jam Session

See Mon 1. *Jamboree* (Pl. Reial, 17). M: Liceu (L3).

Live Jazz

See Tue 2. (*Ronda Universitat*, 35). M: Catalunya (L1, L3).

Tuesday 23

Classical

Palau 100 – Katia & Marielle Labèque

Internationally renowned piano duo, the Labèque sisters, play Gershwin, Glass and Bernstein. *Palau de la Música Catalana* (*Palau de la Música*, 4-6). M: Urquinaona (L1, L4). 8.30pm. €12-€60.

Flamenco

► Palacio del Flamenco show

See Mon 1. (*Balmes*, 139). M: Diagonal (L3, L5, FGC).

The Arts

Wednesday 24

Classical

Concert at the Music Museum

The music of Vivaldi, one of the 'saints' of Early Music.
L'Auditori (Lepant, 150). M: *Glòries & Marina* (L1), *Monumental* (L2). 1pm. €2-€7.

Lang Lang

Tchaikovsky, J.S. Bach and Chopin in a chamber concert by one of the greatest pianists of the 21st century.
L'Auditori (Lepant, 150). M: *Glòries & Marina* (L1), *Monumental* (L2). 8.30pm. €10-€80.

Catalan musicians – Tana String Quartet

Works by Parra, Guinjoan and Debussy. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). 8.30pm. €6.

Rock

Festival Guitar BCN – Greg Dulli

Ohio-born singer and guitarist Greg Dulli, ex-frontman of The Afghan Whigs plays an intimate solo concert.
BARTS (Av. del Paral·lel, 62). M: *Paral·lel* (L2, L3). 9pm. €22-€25.

Thursday 25

Classical

Premieres at the Palau – BCN 216

Instrumental group BCN216 under Ernest Martínez Izquierdo plays music by Ravel, Stravinsky and de Falla.
Palau de la Música Catalana (Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). 8.30pm. €12.

Flamenco

► Flamenco roots

See Fri 5.
Tablao Cordobes (La Rambla, 35). M: *Drassanes* (L3) & *Liceu* (L3).

Jazz

Live Jazz at Jamboree

See Tue 2. *Jamboree* (Pl. Reial, 17). M: *Liceu* (L3).

Opera

Opera at Palau Dalmaes

See Thu 4. (*Montcada*, 20). M: *Jaume I* (L4).

Friday 26

Classical

Lang Lang, Mozart & Rachmaninoff – A Trio of Geniuses

Performing for the first time with the Barcelona Symphony Orchestra, the stratospherically talented pianist tackles some of the greatest music of all time.
L'Auditori (Lepant, 150). M: *Glòries & Marina* (L1), *Monumental* (L2). Time TBC. €10-€80. www.auditori.cat

Camera Musicae Orchestra – Death and the Maiden

Jordi Mora leads the Orquestra Camera Musicae in Schubert's classic. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). 8.30pm. €15.

Songs in the Born – Mazoni

Solo concert from Catalan musician Jaume Pla ('Mazoni') looking back over his extensive songbook. *El Born Centre Cultural* (Pl. Comercial, 12). M: *Jaume I & Barceloneta* (L4), *Arc de Triomf* (L1). 8pm. €15. *Reduced*: €10.

Rock

17th Banc Sabadell Festival del Mil·lenni – Roger Hodgson

Solo concert from the voice of Supertramp. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). 9pm. €24-€96.

Saturday 27

Catalan music

Festival BarnaSants – Pau Alabajos

Valencian singer-songwriter and activist Alabajos takes part in local music festival.
L'Auditori (Lepant, 150). M: *Glòries & Marina* (L1), *Monumental* (L2). 9pm. €12, €14.

Classical

Classical music at the MEAM

Works by Bach, Mozart and Shostakovich.
(Barra de Ferro, 5). M: *Jaume I* (L4). Every Sat. 6pm. €19. meam.es

► The art of the Spanish guitar: music and wine

See Tue 2.
Santa Anna Church (Santa Anna, 29). M: *Catalunya* (L1, L3; FGC).

Flamenco

► Flamenco roots

See Fri 5. *Tablao Cordobes* (La Rambla, 35). M: *Drassanes* (L3) & *Liceu* (L3).

► Flamenco show dedicated to Camarón de la Isla

See Mon 1.
Casa Camarón (Roger de Flor, 230). M: *Verdaguer* (L4, L5), *Sagrada Família* (L2, L5).

Jazz

Live Jazz at Jamboree

See Tue 2.
Jamboree (Pl. Reial, 17). M: *Liceu* (L3).

Sunday 28

Classical

Barcelona Municipal Band – The France of Lamote de Grignon

Arrangements of works by French composers by the Catalan composer and one-time director of the BCN Municipal Band.
L'Auditori (Lepant, 150). M: *Glòries & Marina* (L1), *Monumental* (L2). 11.30am. €9, €14.

Choral Music Celebration

The Orfeó Català revives the early 20th-century tradition of the choral festival, with choirs from all over Catalonia.

Palau de la Música Catalana (Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). 6pm. €6.

Young musicians

La Pedrera – Musical residencies series

Young pianist Ricard Rovira accompanied by the Piatti string quartet. *Fundació Catalunya–La Pedrera* (Provença, 261-265). M: *Diagonal* (L3, L5), FGC: *Provença*. 6pm. €10. More info: www.lapedrera.com.

Opera

► Richard Wagner's Götterdämmerung

Wagner's great Ring Cycle reaches its climax in the Twilight of the Gods, in this production by Robert Carson, with Lance Ryan as Siegfried and Iréne Theorin as Brünnhilde. *Gran Teatre del Liceu* (La Rambla, 51-59). M: *Liceu* (L3). 5pm. €11-€286.

Pop

Frank Diago

Young musician whose flamenco versions of pop hits set Spain's social media abuzz. *BARTS* (Av. del Paral·lel, 62). M: *Paral·lel* (L2, L3). 7pm. €15-€40.

Monday 29

Flamenco

► Flamenco roots

See Fri 5. *Tablao Cordobes* (La Rambla, 35). M: *Drassanes* (L3) & *Liceu* (L3).

Gospel

The Gospel Viu Choir

'Non-stop Gospel' from one of BCN's most popular gospel choirs. *Palau de la Música Catalana* (Palau de la Música, 4-6). M: *Urquinaona* (L1, L4). 7pm. €15-€25.

Exhibitions

Arxiu Fotogràfic de Barcelona

(Pl. Pons i Clerch, 2). *M*: Arc de Triomf (L1) & Jaume I (L4). T. 93 256 34 20. Mon-Sat 10am-7pm. Closed Sun and public holidays.

FREE Pérez de Rosas Until May 21. A visual history of Barcelona from 1931 to 1954.

Arxiu Històric de la Ciutat de Barcelona

(Santa Llúcia, 1). *M*: Jaume I (L4) & Urquinaona (L1, L4). T. 93 256 22 55. Mon-Fri 9am-8.45pm; Sat 9am-1pm. Closed Sun, public holidays.

FREE The Art of Silk in Barcelona Until Apr 30. Exploring 500 years of the city's silk guilds.

Blue Project Foundation

(Princesa, 57). *M*: Arc de Triomf (L1) & Jaume I (L4). T. 93 182 43 71. Tue-Sun, 10am-8pm. Closed Mon. €3.

Michelangelo Pistoletto Until Mar 28. Key figure of Arte Povera.

CaixaForum

(Av. Francesc Ferrer i Guàrdia, 6-8). *M*: Espanya (L1, L3; FGC). T. 93 476 86 00. 10am-8pm. €4. Under-16s free.

► **Drawing Versailles** Until Feb 14. Works by French painter Charles Le Brun, including preparatory drawings for Versailles.

► **The Weight of a Gesture** Feb 11-May 1. Portuguese artist Julião Sarmento creates a project based on the contemporary art collection of Lisbon's Fundação Gulbenkian.

► **Windows on the World** Until Aug 28. Series of short films portraying how some live in various countries of Africa, Asia and South America.

Can Framis. Fundació Vila Casas

(Roc Boronat, 116-126). *M*: Glòries (L1) & Poblenou, Llacuna (L4). T. 93 320 87 36. Tue-Sat 11am-6pm; Sun 11am-2pm. Closed Mon, public holidays. €5. Reduced: €2.

A collection for a journey Until Apr

3. Project from 1960 that saw architects and artists produce one-off works to finance a round-the-world trip for students.

The Art of Collecting Until Apr 3. Ernesto Ventós has spent around 40 years seeking out works of art that suggest olfactory memories.

Castell de Montjuïc

(Ctra. de Montjuïc, 66). *M*: Espanya (L1, L3; FGC). T. 93 256 44 45. Mon-Sun, public holidays 10am-6pm. €5. Reduced: €3.

Montjuïc, the construction of a castle Permanent exhibition.

Doble Creu Sculpture by Carles Berga. Permanent exhibition.

Watching the city Until Feb 28. Exhibition with views of Barcelona.

CCCB

(Montalegre, 5). *M*: Catalunya (L1, L3). T. 93 306 41 00. Tue-Sun & public holidays 11am-8pm. Closed Mon (except public holidays). One exhibition €6. Two exhibitions €8. Wed (except public holidays) and for pensioners and students: €4. Under-16s & unemployed: free.

+ **Humans** Until Apr 10. Examining how the future might be for our species, with ingenious inventions.

CosmoCaixa

(Isaac Newton, 26). FGC: Av. Tibidabo. T. 93 212 60 50. Tue-Sun and public holidays 10am-8pm. Closed Mon (except public holidays). €4 (permanent and temporary exhibitions). Under-16s free.

► **The Material Room** No end date. Voyage through the Universe's history.

► **3D Planetarium** No end date. Installation for exploring space.

► **Flooded forest** No end date. Living exhibit with over 100 species from Brazilian jungle.

► **Talking about drugs** No end date. Programme that aims to prevent the consumption of drugs.

El Born Centre Cultural

(Plaça Comercial, 12). *M*: Jaume I & Barceloneta (L4). T. 93 256 68 51. Tue-Sat 10am-7pm. Sun and public holidays 10am-8pm. Closed Mon (except public holidays). €6.

Reduced: €4.20. Under-16s free. Sun 3pm-8pm free. First Sun every month free, 10am-8pm.

FREE Barcelona 1700. From stones to people (Sala Villarroel) 18th-century Barcelona was dynamic and forward-looking, but marked by war.

FREE Until it is done! (Sala Casanova) Examining 14-month siege of Barcelona that ended with capitulation to the Bourbons on Sep 11, 1714.

Espai VolART-Fundació Vila Casas

(Ausiàs March, 22). *M*: Urquinaona (L1, L4). T. 93 481 79 85. Tue-Fri 5pm-8.30pm; Sat 11am-2pm, 5pm-8.30pm; Sun 11am-2pm. Closed Mon and pub hols. €1.

Architecture, typography and other volumes Until Apr 24. Work by Catalan artist Ramon Enrich, who trained with David Hockney.

Constructed landscapes Until Apr 24. 20th-century paintings by Jaume Mercadé (1889-1967) who used a variety of genres to portray his native Tarragona.

Fundació Antoni Tàpies

(Aragò, 255). *M*: Passeig de Gràcia (L2, L3, L4). T. 93 487 03 15. Tue-Sun 10am-7pm. Closed Mon. €7. Students and pensioners: €5.60.

Permanent exhibition The world's most complete collections of Tàpies's artworks.

Documents of action Until May 22. Around 60 works from Les Abattoirs in Toulouse, with most coming from the Anthony Denney Collection as well as drawings from the Daniel Cordier Collection.

Fundació Catalunya-La Pedrera

(Pg. de Gràcia, 92). *M*: Diagonal (L3, L5). T. 902 202 138. Until Feb 26: 9am-6.30pm (last entry 6pm). From Feb 27: 10am-8pm (last entry 7.30pm). €3. Reduced €2.

Modernisme. Art, workshops, industries Until Feb 7. The work of artisans in modernisme.

Fundació Joan Miró

(Parc de Montjuïc, s/n). *M*: Espanya (L1, L3; FGC). T. 93 443 94 70. Tue-

Sat 10am-7pm; Thu 10am-9pm; Sun & public holidays 10am-2.30pm. Closed Mon (except pub hols). €11. Temp exhibition: €7. Espai 13: €2.50.

Permanent exhibition Most important public collection of works by the Catalan artist.

Espai 13: When Lines are Time Until Mar 6. Swedish artist Sofia Hultén presents an exhibition where the objects contain the possibility of multiple stories.

Fundación MAPFRE

Casa Garriga i Nogués (Diputació, 250). *M*: Passeig de Gràcia (L2, L3, L4). T. 93 401 26 03. Mon 2pm-8pm; Tue-Sat 10am-8pm. Sun and public holidays 11am-7pm. €3.

Hiroshi Sugimoto Feb 16-May 8. Work by important post-war Japanese photographer.

Fundació Suñol

(Passeig de Gràcia, 98). *M*: Diagonal (L3, L5). T. 93 496 10 32. Closed for change of exhibition from Feb 1-9. From Feb 10: Mon-Fri 11am-2pm, 4pm-8pm; Sat 4pm-8pm. Closed Sun and public holidays. €4. Reduced: €3.

► **Dialogues of looking** From Feb 10. Collective exhibition exploring the communicative function of art, including pieces by Man Ray, Richard Avedon, and Antoni Tàpies from the Suñol collection.

Gaudí Exhibition Center

Museu Diocesà (Pla de la Seu, 7). *M*: Jaume I (L4) and Liceu (L3). T. 93 268 75 82. 10am-6pm. €15. Reduced: €12. More info: www.gaudiexhibitioncenter.com

Walking with Gaudí Interactive exhibition which looks at the life and work of Antoni Gaudí.

Hash Marihuana & Hemp Museum

(Ample, 35). *M*: Drassanes (L3). T. 93 319 75 39. Daily 10am-10pm. Public holidays 2pm-10pm. €9. Under-13s free.

Permanent exhibition Past, present and future of cannabis.

FREE Grow on Until May 1 30 years of Sensi Seeds, the world's

The Arts

main supplier of cannabis seeds.

Jardí Botànic de Barcelona

(Doctor Font i Quer, s/n). M: Espanya (L1, L3; FGC). T. 93 256 41 60. Permanent display: Daily 10am-5pm. €3.50. Reduced: €1.70. Temporary exhibition: Tue-Sun, Mondays that are public holidays 10.30am-4.30pm. €5. Reduced: €2.50.

Jardí Botànic (MCNB) Plants from global Med climate zones. **Salvadoriana. Barcelona's cabinet of curiosities** Until Apr. Reconstruction of one of BCN's earliest natural history collections.

La Virreina Centre de la Imatge

(La Rambla, 99). M: Liceu (L3). T. 93 316 10 00. Tue-Sun and public hols, noon-8pm.

FREE Catalonia in Venice.

Singularity Until Feb 14. Exhibition that represented Catalan art at the 56th Venice Biennale.

MACBA. Museu d'Art Contemporani

(Plaça dels Àngels, 1). M: Universitat (L1, L2) & Sant Antoni (L2). T. 93 412 08 10. Mon-Fri 11am-7.30pm; Sat 10am-9pm; Sun, public holidays 10am-3pm. Closed Tues (except public holidays). €10. Reduced: €8.

► **Miserachs Barcelona** Until Mar 27. Catalan photographer captured 20th-century Barcelona.

► **Carlos Bunga. Capella** Until Feb 7. Show built around the chapel where it's being staged.

► **Species of space** Until Apr 24. Examining the spaces that define us by the way we use them.

MEAM: Museu Europeu d'Art Modern

(Barra de Ferro, 5). M: Jaume I (L4). T. 93 319 56 93. Tue-Sun 10am-8pm. Closed Mon. €9. Reduced: €7.

► **21st-century art** Permanent exhibition of almost 300 paintings and 80 sculptures.

Museu Etnològic

(Pg. de Santa Madrona, 16-22). M: Poble Sec (L3), Espanya

(L1, L3; FGC). T. 93 424 68 07. Tue-Sat 10am-7pm; Sun, public holidays 10am-8pm. Closed Mon (except public holidays). Combined ticket for Museu Etnològic + Museu de les Cultures del Món: €5. Reduced: €3.50.

Permanent exhibition Assessing society by comparing places and times.

Land of potters Until Jun. Looking at trades associated with water.

The sacred, the profane and the festive Until Jun. Exploring the origins and prevalence of religious expression in Catalonia.

MIBA. Museu d'Idees i Invents de Barcelona

(Ciutat, 7). M: Jaume I (L4). T. 93 332 79 30. Tue-Fri 10am-2pm, 4pm-7pm; Sat 10am-8pm; Sun, public holidays 10am-2pm. Closed Mon (except public holidays). €8. Reduced: €6.

► **Permanent exhibition** The world of creativity and inventing.

MUHBA El Call

(Placeta de Manuel Ribé, s/n). M: Liceu (L3), Jaume I (L4). T. 93 256 21 22. Mon, Wed, Fri 11am-2pm; Sat-Sun 11am-7pm. Closed Tue, Thu. €2.20. Reduced: €1.54.

Permanent exhibition Discover how life was in Barcelona's medieval Jewish community.

MUHBA Oliva Artés

(Espronceda, 142-146, Parc Central del Poblenou). M: Poblenou (L4). T. 93 256 21 22. Mon-Fri visits with prior booking only; Wed 10am-2pm; Sat-Sun 11am-3pm, 4pm-6pm.

FREE Interrogate Barcelona, from industrialisation to the 21st century Permanent exhibition of recent city history.

MUHBA Park Güell

(Olot, s/n. Casa de la Guarda). M: Vallcarca (L3). T. 93 256 21 22. 8.45am-6.45pm. The Casa de la Guarda museum is part of the 'monumental area' of the park, and visits are covered by general conditions for admission. Access with ticket only. www.parkguell.cat

Permanent exhibition The Casa de la Guarda, Park Güell and modernista Barcelona.

MUHBA Plaça del Rei

(Pl. del Rei). M: Jaume I (L4). T. 93 256 21 22. Tue-Sat 10am-7pm; Sun 10am-8pm. Closed Mon. €7. Reduced: €5. Under-16s free. Free Sun from 3pm.

Permanent exhibition Tour of the Roman colony of Barcino.

Carolingian coins of Louis the Pious No end date. Display of

currency from the ninth century. **Renaissance Barcelona** Feb 18-May 16. Exploring the journeys undertaken by some of the stones of the museum.

MUHBA Refugi 307

(Nou de la Rambla, 169). M: Paral·lel (L2, L3). T. 93 256 21 22. Sun: 10.30am (Eng), 11.30am (Spanish), 12.30pm (Catalan). Closed public holidays. €3.40.

MUHBA Refugi 307 Underground

passageways highlight the city's suffering during the Civil War.

MUHBA Santa Caterina

(Pl. de Joan Capri). M: Jaume I (L4). T. 93 256 21 22. Mon, Wed, Sat 7.30am-3.30pm; Tue, Thu-Fri 7.30am-8.30pm. Closed Sun, public hols.

FREE Permanent exhibition

Remains among the foundations of the Santa Caterina market.

MUHBA Temple d'August

(Paradís, 10). M: Jaume I (L4). T. 93 256 21 22. Mon 10am-2pm; Tue-Sat 10am-7pm. Sun 10am-8pm.

Permanent exhibition Where urbanism and political and religious power combined in Roman Barcelona.

MUHBA Turó de la Rovira

(Marià Labèrnia, s/n). Bus: 119, V17. T. 93 256 21 22. General access has no fixed timetable.

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C.C L'illa Diagonal - C.C Arenas

www.vialis.es

The Arts

Museum areas: Sat, Sun 10am-3pm.

Permanent exhibition Barcelona to the limit.

MUHBA Via Sepulcral Romana

(Pl. de la Vila de Madrid). M: Catalunya (L1,L3;FGC). T. 93 256 21 22. Tue, Thu 11am-2pm; Sat-Sun 11am-7pm. Closed Mon, Wed, Fri. €2. Reduced: €1.50.

Permanent exhibition This secondary Roman road was a burial site for the popular classes in the first and third centuries AD.

Museu Blau

(Pl. de Leonardo da Vinci, 4-5, Parc del Fòrum). M: El Maresme/Fòrum (L4). T. 93 256 60 02. Tue-Fri 10am-6pm. Sat 10am-7pm. Sun & public holidays 10am-8pm. Closed Mon (except public holidays). €6. Reduced: €2.70. Museum & Botanical Gardens: €7. Reduced: €3.50. Temp exhibition: €5. Reduced: €3.50.

Nutrition, vital instinct Until May 29. Fundamental concepts of food and nutrition.

Museu de Badalona

(Pl. Assemblée de Catalunya, 1. Badalona). M: Badalona-Pompeu Fabra (L2). T. 93 384 17 50. Tue-Sat 10am-2pm, 5pm-8pm; Sun & public holidays 10am-2pm. Temporary exhibition: Tue-Sat 5pm-8pm; Sun 10am-2pm. Closed Mon. €6. Reduced: €4.80.

Permanent exhibition Remains of the Roman city of Baetulo.
FREE Toys and games in ancient times Until Feb 28. Play items from Catalan archaeological museums.

Museu de Montserrat

(Abadia de Montserrat. 08199 Montserrat). FGC: Monistrol de Montserrat + zip train. Mon-Sun 10am-5.45pm. €7. Reduced: €6. Temporary exhibition: €3.30.

Permanent Exhibition Paintings by El Greco, Caravaggio, Monet, Degas, Dalí and Picasso.

Rocamora variations Until May 1. Catalan artist Jaume Rocamora expresses himself through refined geometry.

Emotional geography Feb 5-May 22. Selection of work by Josep Guinovart, with landscapes that had a profound impact on his soul.

MEB: Museu de l'Eròtica

(La Rambla, 96). M: Liceu (L3). T. 93 318 98 65. 10am-midnight. Adults €9. Reduced: €8.

► **Permanent exhibition** History of eroticism and its portrayal in art.

► **The Bourbons uncovered** 19th-century satirical illustrations of the Spanish royal family. Temporary.

► **Barcelona scoundrel** Spicy images from BCN in the '20s. Temporary.

Museu de la Moto de Barcelona

(C/ de la Palla, 10). M: Jaume I (L4). T. 93 318 65 84. Mon-Sat 10.30am-7.30pm; Sun, public holidays: check with museum. €7. Reduced: €5. Under-8s free.

► **Motorbike. Society, industry, competition** Permanent exhibition looking at the history of the motorbike, discovering its special and unique features.

► **Bultaco, a legendary motorbike** Until Feb 28. One of Spain's great motorbike makers.

Museu de la Música

L'Auditori (Lepant, 150). M: Glòries & Marina (L1). T. 93 256 36 50. Tue-Sat 10am-6pm; Sun 10am-8pm. Closed Mon. €5. Reduced: €3.50. Free admission Sun from 3pm and for under-16s.

► **Permanent exhibition** Take a trip through musical history.

Museu de la Xocolata

(Comerc, 36 - Antic Convent de Sant Agustí). M: Arc de Triomf (L1). T. 93 268 78 78. Mon-Sat 10am-7pm; Sun 10am-3pm. €5. Group entry: €4 each.

► **Permanent exhibition** The story of chocolate from its origins.

Museu de les Cultures del Món

(Montcada, 12-14). M: Jaume I (L4). T. 93 256 23 00. Tue-Sat 10am-7pm; Sun and public

holidays 10am-8pm. Closed Mon (except public holidays). €5. Reduced: €3.50.

► **Permanent exhibition** Items gathered in Asia, Africa, Oceania and the Americas.

Museu del Disseny de Barcelona

(Edifici Disseny Hub Barcelona. Pl. de les Glòries Catalanes, 37-38). M: Glòries (L1). T. 93 256 68 00. Tue-Sun 10am-8pm. Closed Mon (except pub hols). €6. Reduced: €4. Temp exhibition: €4.40. Reduced: €3. Combined: €8. Reduced: €5.50. Free Sun 3pm-8pm and first Sun of the month.

From the world to the museum. Product design, cultural heritage

Permanent exhibition. Daily objects from a museum perspective.

Dressing the body. Silhouettes and fashion (1550-2014)

Permanent exhibition. How women change their shape with clothes.

Extraordinary! Decorative and applied arts collections (3rd-20th century) Permanent exhibition. Art from across the centuries.

Graphic design: from trade to profession Permanent exhibition. Tracing the professionalisation of graphic design.

Distinction Until Mar 27. Show of 20th-century fashion photography.

Museu del FC Barcelona

(Aristides Maillol, s/n. Gates 7 and 9). M: Les Corts (L3). T. 902 18 99 00. Mon-Sat 10am-6.30pm, Sun, public holidays 10am-2.30pm. Some parts of tour are closed on match day. €23. Children: €17. Under 6s & FCB members, free.

Camp Nou Experience

Discover 100 years of the club's history and visit the stadium.

Museu del Mamut

(Montcada, 1). M: Jaume I (L4). T. 93 268 85 20. 10am-8pm. €7.50. Reduced: €5. Children (6-15): €3.50.

► **Permanent exhibition** Remains of woolly mammoths

and other Ice Age animals.

Museu del Modernisme Català

(Balma, 48). M: Passeig de Gràcia (L2, L3, L4). T. 93 272 28 96. Tue-Sat 10.30am-7pm; Sun, public hols 10.30am-2pm. Closed Mon. €10. Reduced: €7.

► **Permanent exhibition** Works by 42 key Catalan modernisme artists.

Museu Egípc de Barcelona

(València, 284). M: Passeig de Gràcia (L2, L3, L4). T. 93 488 01 88. Mon-Fri 10am-2pm, 4pm-8pm; Sat 10am-8pm; Sun 10am-2pm. €11. Reduced: €8.

► **Permanent exhibition** Hundreds of exhibits provide a glimpse into life in Ancient Egypt.

► **Tutankhamun. Story of a discovery** No end date. 1922 archaeological expedition that uncovered the pharaoh's tomb.

Museu Frederic Marès

(Pl. de Sant Iu, 5). M: Jaume I (L4). T. 93 256 35 00. Tue-Sat 10am-7pm; Sun, public hols 11am-8pm. Closed Mon (except public holidays). €4.20. Reduced: €2.40.

Permanent exhibition Valuable artworks and objects.

Nunc Stans Until Feb 21. Artworks from the "La Caixa" Collection and the Museu Frederic Marès.

Museu Marítim de Barcelona

(Av. de les Drassanes, s/n). M: Drassanes (L3). T. 93 342 99 20. 10am-8pm. Temp exhibitions & visit to Santa Eulàlia schooner: €7. Reduced: €3.50. Permanent exhibition closed for remodelling.

7 vessels, 7 stories Until Dec 31. A voyage through various stories that star different sea vessels.

Museu Nacional d'Art de Catalunya

(Parc de Montjuïc). M: Espanya (L1, L3;FGC). T. 93 622 03 60.

The Arts

Tue-Sat 10am-6pm; Sun, public hols 10am-3pm. Closed Mon (except public hols). €12. Roof terrace €2. Free entry Sat afternoon from 3pm. Temp shows: ask at museum.

► **Permanent exhibition** World's most important collection of Romanesque art and Catalan modernism.

► **Xavi Gosé** Until Mar 20. See page 42.

► **Undamaged.** Until Feb 28. Still lifes from Spain's Golden Age.

Museu Olímpic i de l'Esport Joan Antoni Samaranch

(Av. de l'Estadi Olímpic, 60). M: Espanya (L1, L3; FGC). T. 93 292 53 79. Tue-Sat 10am-6pm; Sun, public holidays 10am-2.30pm. Closed Mon (except public holidays). €5.10. Students: €3.20. Under-7s and over-65s: free.

► **Permanent exhibition** Explore in-depth the worlds of sport and the Olympic Games.

► **International Biennial of Sports Photography: Fotosport 2014** Until Feb 14. Renowned sports photography event.

Museu Picasso

(Montcada, 15-23). M: Jaume I (L4). T. 93 256 30 00. Tue-Sun 9am-7pm; Thu 9am-9.30pm. Closed Mon. €14 (combined ticket for museum + temporary exhibition). Collection only: €11. Temp exhibition: €4.50.

Permanent exhibition More than 3,800 works from different periods in Picasso's life.

Palau Robert

(Pg. de Gràcia, 107). M: Diagonal (L3, L5). T. 93 238 80 91. Mon-Sat 10am-8pm; Sun, public holidays 10am-2.30pm.

FREE Catalan actresses of the 20th century Until Mar 27. Local stage stars. **FREE Baltasar Porcel. Mallorca, Barcelona, the world** Until Feb 28. Remembering the Mallorcan writer and journalist. **FREE Rafael Patxot. Patrons, scientist... the man** Feb 10-May 8. Exploring the work of Patxot in promoting culture and science in Catalonia.

Pis-museu Casa Bloc

(Pg. Torras i Bages, 91). M: Torras i Bages (L1). Guided tours in Catalan, Spanish and English: reservations must be made in advance before Thu. Guided tours: Sat 11am. Information line: Tue-Fri 10am-1pm; Thu 3pm-5.30pm. Individual visits: €4. Info: tel. 93 256 68 01 or museudeldisseny.cat.

Casa Bloc A symbol of rational social housing in Barcelona.

Reial Monestir de Santa Maria de Pedralbes

(Baixada del Monestir, 9). FGC: Reina Elisenda. T. 93 256 34 34. Tue-Fri, 10am-2pm; Sat, Sun 10am-5pm. Public holidays 10am-2pm. Closed Mon (except public hols). €4.40. Reduced: €3.10.

Permanent exhibitions Murals, plants and other treasures.

Theatre

El Molino

(Vilà i Vilà, 99). M: Paral·lel (L2, L3). T. 93 205 51 11. elmolinobcn.com. Box offices: Thur-Sat, 5-9pm. Tickets from: Ticketea, Atrapalo, Telentrada, Entradas.com and box offices.

Cabaret Experience Until Apr 2. Thu 9.30pm; Fri, Sat 6.30pm, 9.30pm. From €24. Cabaret, circus, song and dance.

Teatre Gaudí Barcelona

(Sant Antoni Maria Claret, 120). M: Sagrada Família (L2, L5). T. 93 603 51 52. Ticket office: opens an hour before function starts. www.teatregaudibarcelona.com.

La Traviata Feb 12-28. Fri, Sat 6pm; Sun 5pm. €24. Opera in Italian with surtitles in Catalan. **Limbo** Feb 4-28. Thu 8.30pm; Fri, Sat 9.30pm; Sun 8.30pm. €20. Live music, theatre and dance. In Catalan.

Teatre Lliure (Gràcia)

(Montseny, 47). M: Fontana (L3). T. 93 289 27 70. teatrelliure.com

Hotel Paradiso Feb 2-6. Tue-Fri 8.30pm; Sat 9pm; Sun 6pm. €15-€29. Thriller that uses mime, masks and humour, rather than words, from German company Familie Flöz. **La piedra oscura** Feb 17-28. Tue-Fri 8.30pm; Sat 9pm; Sun 6pm. €12-€23. Inspired by the life of Rafael Rodríguez Rapún, a contemporary of Federico García Lorca. In Spanish.

Teatre Lliure (Sala Fabià Puigserver - Montjuïc)

(Pg. Santa Madrona, 40-46/Pl. Margarida Xirgu, 1). M: Espanya (L1, L3; FGC) & Poble Sec (L3). T. 93 289 27 70. teatrelliure.com

Invernadero Feb 10-21. Tue-Fri 8.30pm; Sat 9pm; Sun 6pm. €15-€29. Harold Pinter takes a swipe at bureaucracy. In Spanish. **La parola canta** Feb 26-28. Fri 8.30pm; Sat 9pm; Sun 6pm. €15-€29. Musical recital in Italian and Neapolitan with Catalan surtitles.

Teatre Nacional de Catalunya

(Pl. de les Arts, 1). M: Glòries (L1), Monumental (L2). T. 93 306 57 00. Ticket office: Wed-Fri 3pm-7pm; Sat 3pm-8.30pm; Sun 3pm-5pm. tnc.cat

Maria Rosa Until Feb 28. Thu, Fri 8pm; Sat 5pm, 9.30pm; Sun 6pm. €11.50-€23. Classic play by Àngel Guimerà exploring social injustices and precarious life of the working-classes. In Catalan. **Nadia** Feb 3-10. Wed-Sat 8pm. €9.50-€19. The true story of a young Afghan woman. In Catalan. **El professor Bernhardt** Feb 10-Mar 20. Wed-Sat 8pm; Sun 6pm. €14-€28. Extraordinary script by Arthur Schnitzler gets its Catalonia debut. In Catalan.

Teatre Poliorama

(La Rambla, 115). M: Catalunya (L1, L3). T. 93 317 75 99. Ticket office: Tue-Fri from 5pm. Sat, Sun from 4pm until start of performance. teatrepoliorama.com.

El florido Pensil (Nenes) Feb 11-Mar 6. Wed-Fri 9pm; Sat 6pm, 9pm; Sun 6pm. €10-€24. Daily life for

five girls subject to the education system in post-war Spain. In Catalan.

Teatre Tívoli

(Casp, 8-10). M: Catalunya (L1, L3), Passeig de Gràcia (L2, L3, L4). T. 902 888 788. www.mammamia.es

Mamma Mía Until Feb 28. Tue-Thu 8pm; Fri, Sat 5.30pm, 9.30pm; Sun 6pm. €25-€69.90. Abba's mega-popular musical in Spanish.

Teatre Victòria

(Av. Paral·lel, 65-67). M: Paral·lel (L2, L3). T. 93 329 91 89. teatrevictoria.com. Ticket office: Wed-Fri, from 5pm. Sat, Sun, from 4pm until performance starts.

Fang i setge Feb 11-May 28. Thu 8.30pm; Fri 5.30pm, 9.30pm; Sun 6.30pm. Musical exploring life during the Siege of Barcelona in 1713. In Catalan.

Dance

Mercat de les Flors

(Lleida, 59). M: Espanya (L1, L3; FGC), Poble Sec (L3). T. 93 426 18 75. Ticket office opens an hour before function starts. www.mercatflors.cat

Cosas que se olvidan fácilmente Feb 4, 5, 6, 7, 11, 14. 6pm, 9pm.

€15. Exploration of memory by actor-artist Xavier Bobés.

Barbarians Feb 4-7 8.30pm (Sun 7 6pm). €25. New show from the Hofesh Shechter Company that includes three visions of love and intimacy. **El cinquè hivern** Feb 11-12, 19-21. 8.30pm. €18.

Choreographic poem based on work of Italian writer Erri de Luca.

Istanbul Feb 13. 8.30pm. €25. Instrumental group Hespèrion XXI and Mal Pelo dancers present a visual celebration of the Turkish city. **Siete Lunas** Feb 16-17. 11pm. €18. Collaboration between dancer María Muñoz and flamenco singer Niño de Elche. **Bach** Feb 20-21. Sat 6.30pm; Sun 6pm. €18. New interpretation of María Muñoz's creation based on Bach's 'The Well-Tempered Clavier'.

Food & Drink

Edited by
Ricard Martín
martin@timeout.cat
@RicardMartín



NOU RAMONET
Carbonell, 5
T. 93 268 33 13.
P: €30-€35



CAN ROS
Almirall Aixada, 7
T. 93 221 45 79.
P: €25-€30

JAVIER BERNAL

The mountains meet the sea

Can Ros and El Nou Ramonet, two classic seafood restaurants in Barceloneta, welcome new chefs who believe in creativity – and tradition. By **Ricard Martín**

Barceloneta is surfing a wave of innovation. Two of the most noted rice-and-seafood dynasties on the miniature peninsula that juts out of the Old City are starting anew, with gastronomic ideas as personal as they are rooted in tradition.

Herrera on the beach

el Nou Ramonet, which opened in 2003, is an offshoot of the venerable Can Ramonet, whose premises have an even more venerable history as a fisherman's tavern and a wine shop. The head chef at Manairó, Jordi Herrera, will take an advisory role at the 'New' Ramonet, which opened to accommodate all the diners who wouldn't fit into the original restaurant. He says the challenge is Freudian: 'We did a little psychoanalysis and came to the conclusion that we have to kill the father.' Well, there's no need to go

overboard. What he wants is 'for the son to develop his own personality while respecting what we taught him'. The chef in question, Marc Francès, studied with Herrera at Barcelona University. There won't be dramatic changes. 'This is a traditional restaurant and it will evolve in a traditional way,' says Herrera, who believes in giving the familiar an unexpected twist rather than blasts of nitrogen (although the starters include incredible smoke-blasted sardines with rosemary).

He has plenty of surprises in store (such as a spicy, vinegary rice dish with tripe and sardines that has my mouth watering already) and 'the idea is to make strong flavours subtle, and vice versa'. Steamed mussels with apple *allioli*, a real discovery, are a magnificent example. He predicts that radical seafood cookery will

arrive at Nou Ramonet from his own restaurant – the kind that pairs the carnivorous traditions of central Catalonia with the sea: monkfish tripe and smoked *galeres* (mantis shrimp). And they'll have a Jospo oven in which to roast huge fish, 'just like spit-roasting a whole pig'.

A youthful prodigy

A few streets down, at Can Ros, the head chef has retired after 44 years. 'It was the perfect time to make some changes,' says Marta Cid, the fifth generation of a family that opened a tavern in 1908, and is also behind seafood classic La Mar Salada. Young but experienced, Jordi Kevin Ballester – who spent three years at Gresca and has also studied under Jordi Herrera – is now in charge.

Curiously, Ballester learnt to make paella in the mountains 20

years ago, in a restaurant called Duran, in La Perthus, perched on the mountainous limits between Catalonia and France. And his own cooking pushes the limits too, like his highly promising rice with *capipota* (calf's head and foot) and prawns. It's not an extensive menu: 'I get suspicious when I see a hundred different dishes,' he says. Apart from the Barceloneta-style tapas, they have three rice dishes (the *capipota*, a black rice with cuttlefish and artichokes, and *paella marinera*), which will go up to five, flanked by items such as his durum bread with duck confit and mango chutney, and others that will delight fans of tavern food, including your correspondent: cod tripe with snails! The set lunch menu puts fresh fish on your table for €13.50. Sea and mountain, weird and wonderful parts of fish: new blood in Barceloneta.



La Esquina

★★★★★

Bergara, 3 (Eixample Dret)

Mon-Wed 9am-8pm; Thu, Fri 9am-1am; Sat 10am-1am; Sun 10am-6pm.

Until recently, Barcelona residents associated C/Bergara with two specific places – the hip Hotel Pulitzer, and the entrance to the newspaper and magazine section of entertainment megastore FNAC. This commercially

aggressive, over-populated area was missing a third must-visit spot, but there's a new arrival that looks set both to fill that gap and to remain for quite some time. Called La Esquina ('The Corner') Kitchen & Corner, it pays literal homage to its moniker, with its angular shape and location on the corner of Bergara and Pelai. And as soon as you step over the threshold, you know that you've come somewhere special.

The decor at La Esquina has

international influences and opts for a casual cosmopolitan look. It might not seem like it at first glance, but there must have been quite an effort involved and the result is welcoming and modern without being clique-y or employing the post-hipster stereotypes of many similar venues. Open, bathed in natural light and decorated with a mixture of wood and new materials, this isn't the place to go for a quick stop-off.

You could linger all day in La Esquina, watching the trade in hot drinks, meatball sandwiches, home-made cakes and cocktails. In fact, everything prepared in the kitchen and at the bar is natural, artisanal and created with love. You can enjoy exquisite, authentic gourmet coffee, and have breakfast, lunch, snack and (as of a few months back) supper there. The chef, Alan Stewart, originates from London and is a restless, inspired creative – his risotto, clams with ham, and pasta are foolproof options for a romantic evening meal.

Indeed the food is good whenever you go, as are the drinks. The barman is experienced and makes a Bloody Mary that's strong, dense, flavourful, spicy and noble. And both the biodynamic wines and artisan beers on offer are top quality. All of which is just a small sample of what you'll find at a place that's complete, truly modern and goes beyond already outdated fashions. It makes you happy to be trendy. –Òscar Broc

FOOTNOTE As soon as you step inside, you know it's special

Intense white

★★★★★

Gran Reserva Xarel·lo 2009

DO Cava. 12%.

According to Master of Wine Sarah Jane Evans, and the ranking published in prestigious British magazine *Decanter*, this sparkling wine is among the top 18 cavas in the world. With notes of lemon cream, energy and a vital refreshing tingle, this fizzy made only with *xarel·lo* grapes is a limited edition (just 1,500 bottles made) that lets you taste the local terroir. Fine, integrated bubbles, a long palate, dense and fruity – this is a standout cava. With a long ageing process and a premium price it deserves to be saved for really special occasions, and proves Codorniu, a winemaker generally known for its large-scale production and bestsellers, can also make an artisanal wine.

–Meritxell Falgueras

Buy this cava at Vila Vinitica (Agullers, 7) for around €49 a bottle



Tea on top of the world

The best of two cultures collide in Trip4Real's Rooftop Tea Parties, staged on a hidden garden rooftop with stellar city views. The idea originated with London native Angela, who, when she couldn't find a proper English afternoon tea in Barcelona, decided to create her own. What began as a few gatherings around jasmine tea with friends turned into scheduled events with all kinds of locals and expats. While it may not be the

typical tapas and vermouth associated with Catalonia, these 'teas with a London girl' are ideal if you want the international experience that makes Barcelona so special.

Climb skinny steps to an urban oasis, complete with woodchip barbecue and wine-barrel bar. As night falls, the ambience softens thanks to lights strung on the pergola and dancing candlelight. If there's a chill in the air,



blankets and space heaters will keep you warm. As will Angela's home-made scones and cakes, savoury snacks, the welcome glass of cava, and the friendly, easy chat.

–Abby Narishkin

THE ROOFTOP TEA PARTY takes place this month on two Fridays, 12 and 26. €30 per person (max. 10). Visit www.trip4real.com to book.

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Barcelona
Turisme

Food & Drink

Tlaxcal



★★★★

Comerç, 27 (Born)

T. 93 268 41 34. P: €25.

I rarely feel I haven't got the most out of a good restaurant. And Tlaxcal is a great Mexican, an authentic cantina and taquería. For this, my first visit, I was accompanied by Meri, a friend who knows far more about Mexican food than I do. No idle claim – at home she cooks up a soup of chicken broth with strips of fried tortilla, tomato sauce and dried chillies whenever a friend needs cheering up and nourishing at the same time. *Tiras de tortilla frita en caldo de pollo con una salsa de jitomate y chile pasilla frito*, to give it its full title!

The three principal salsas, the *verde*, the *roja* and the *macha* – the last made with the potent *chile del árbol*, or tree chilli – give their tacos all the gaudiness of a country as gaudy as Mexico. I don't mean to suggest vulgarity, but a sublime intensity. On my next visit I'll order the *taco de lengua* (with tongue), but this time we're ordering together and opt for one order of *tacos de carnitas* and another of *cochinita pibil*, obviously, in maize tortillas. I prefer the carnitas, made with shredded pork whose delicate taste lingers on the palate. The flavour is so subtle that at times the salsas are a distraction. The *cochinita pibil* taco is excellent but doesn't surprise me as much.

For our first course we order ceviche. Meri finds it too citrusy. She'd like the coriander flavour to be more intense. To me the balance seems perfect. The menu at Tlaxcal invites you to keep coming back. Another obligation I left unfulfilled was the *aguachile*, a dish from the Pacific coast states whose main ingredients are tiny chiltepine chillies and shrimp, and which would revive the dead. I also want to try the *tacos de sudadero*, made from a thin cut of beef between the belly and the leg.

We drank Negra Modelo, a Bavarian-style Mexican beer. And for pudding, enjoyed a *flan cremoso* – a creamy caramel custard, which made a light epilogue to an authentically Mexican feast.

–Daniel Vázquez Sallés

THE BILL

(For 2)

1 extra tortillas.....	€1.10
1 ceviche.....	€10.80
1 tacos carnitas	€10.40
1 tacos cochinita pibil.....	€13.00
1 flan cremoso	€5.50
2 Negra Modelo beers	€7.00
2 coffees	€2.40

TOTAL (with VAT)..... €50.20

Time Out Barcelona Food & Drink critics review anonymously and pay their own bills.



JOAN CORRADELLES

Elegant power

The owners of Igueldo restaurant have created Santa Clara, a modern *asador*, on a site with special meaning. By **Pau Arenós**

Ana López de Lamadrid has returned to Neichel, although Neichel is no more. 'It was the first restaurant I worked in.' She and chef Gonzalo Galbete, with whom she shares ownership of Igueldo, have taken on Santa Clara (the name refers to the small island off the coast of San Sebastián), occupying the premises that were once the realm of master chef Jean Louis Neichel. For years, people have been trying to entice Galbete and López with different venues in which to replicate the Igueldo model – essentially an updated take on the *asador*, or grill house – and they've turned them all down. But the Trenor family, owners of the hotel that houses the brand-new Santa Clara, finally made them an offer too tempting to refuse. There's a family connection: López's father and uncle worked with the

Trenors, who also own the Praktik hotel group. Baluard, makers of some of the city's finest bread, bake in a wood-fired oven on the premises. As soon as you step inside Santa Clara, you can smell the sourdough starter.

In the dining room I bump into an old acquaintance, Reza Azimian. He's friendly and diligent, qualities appreciated by the

uptown clientele. The locals have wholeheartedly embraced the place – they take their seats with all the gravity of real money. The dining room has some of the atmosphere of a British club, but with plenty of light and minus the somnolent minor aristocrats. In summer the garden terrace will be highly desirable, and busy.

López talks about smoke: 'We place a lot of emphasis on the grills.' Civilised smoke. If you could still smoke in restaurants, this would be a place for pipes. The boss knows her wines, so I enjoy a Domaine Tournon Mathilda, a 2013 Australian Shiraz. The house has its own bottled water – I visited three restaurants in the same week and all three offered their own water. Fashions don't come in trickles, but floods.

Charcoal-grilled chicken croquettes – I'm interested in the

first part, the charcoal-fired oven in which the chicken was roasted. The foie gras with smoked sardine was only lacking... more sardine, which is what makes it unique. A steak tartare with mascarpone and mustard, with pepper on one side of the plate for those who want more of a kick, is excellent. Then comes a dish that deserves to endure: eel on toast, with a slow-cooked egg and a beer sauce. Don't be intimidated by this dish, fit for a Basque whaler.

It's followed by *arròs al forn*, oven-cooked rice, a rarity among rice dishes, in that it can be ordered for one – great texture, but the seafood flavour lacks definition. The fact that they offer several oven-cooked rice dishes (dry, powerful, in individual metal trays) is a plus. I stick with the Jospier oven – the glazed rib (melting in the mouth), Chinese bread and kale. Ah, kale, sprouting up everywhere. Dense puddings. Galbete, find something lighter – with smoke!

Neichel has gone, taking his legacy with him (we'll see what his new project Il Mario has in store for us). Santa Clara is something different – powerful and elegant. I'm just glad that in a place with so much culinary history, there are still gastronomic delights.

SANTA CLARA

Jiménez i Iglesias, 11-13 (Les Corts). T. 93 203 84 08. Price: €28 (without wine). Weekly set menu: €24.50.

WHAT ELSE?

Look out for:

The half portions.

Recommended for:

Those who want Basque food with a difference.

Stay away if:

You don't fancy anything more than a salad.

MARISCCO

At this restaurant, you choose the fish you fancy from the in-house 'stall', and it's then freshly cooked for you. Plaça Reial, 8.



CASA CASTRO

Away from the usual well-worn paths, this Nou Barris restaurant is considered one of Barcelona's finest for seafood. Isard, 5.



Seafood: fishy treats

Oysters and octopus, prawns and paella – enjoy delicious seafood at these local restaurants. By **Hannah Pennell**



LA GAMBETA

For a flavoursome dish, try the fish baked in salt or one of the rice creations. The prawns are brought each day from nearby Barceloneta. Fusina, 3.

FISHHH!!

Located in a shopping centre, this top-notch eatery stays open until midnight, long after all the shops have closed. L'illa Diagonal, Av. Diagonal, 557.



EL BISAURA

The city's markets have great places to eat. This stall in Les Corts market (near Camp Nou) serves great grilled fish and prawns. Travessera de Les Corts, 215.



ARUME

The Spanish region of Galicia is renowned for its seafood, and Arume is an ideal place to try specialities such as octopus. Botella, 11-13.



Food & Drink

Catalan cuisine

7 Portes

The eponymous seven doors open on to as many dining salons, all kitted out in elegant 19th-century decor. Long-aproned waiters bring regional dishes, including a fishy *zarzuela* stew with half a lobster, a different paella daily (shellfish, for example, or rabbit and snails), a wide array of fresh seafood, and heavier dishes such as herbed black-bean stew with pork sausage, and orujo sorbet to finish. Reservations are available only for certain tables; otherwise, get there early.

Passatge Isabel II, 14.
T. 93 319 30 33.

M: *Barceloneta* (L4)

Don't go hungry. Book restaurants at timeout.com/barcelona

and wonderfully comfortable.
Còrsega, 200.

T. 93 453 20 20.

M: *Hospital Clínic* (L5)

Bar El Velódromo

This classic serves quality dishes from early morning until the wee hours. With Jordi Vilà (one of the city's cooking maestros) at the helm, they produce an endless succession of dishes and tapas that will teach you about Catalonia's gastronomic heritage. The full menu is available all day, so if you fancy some Iberian ham at 7am or a croissant for a midnight snack, this is the place to go.

Muntaner, 213.

T. 93 430 60 22.

M: *Hospital Clínic* (L5)

Wine bars

Agut

Barcelona has a wealth of eateries that have improved over the years. Many are back on the map after having been forgotten, while some provide the added bonus of having modernised without going mad, allowing them to catch up with the demand for quality products that clients want. One such case is Agut. *Gignàs, 16.* T. 93 315 17 09.

M: *Drassanes* (L3), *Jaume I* (L4)

Freixa Tradició

The return of Josep Maria Freixa to his family home, now that his son Ramón has gone off to enjoy fame in Madrid, has resulted in a real celebration of traditional cuisine – pig's trotters with prunes and pine nuts, cuttlefish with artichokes, and perhaps the finest macaroni in Barcelona.

Sant Elies, 22. T. 93 209 75 59.

M: *Sant Gervasi* (FGC)

Restaurant Gaig

It's currently all the rage for Barna's top chefs to set up more-affordable offshoots, and this one is under the guiding hand of Carles Gaig. His approach in this restaurant, as in his other ventures, is a return to grandmotherly Catalan basics, and the favourite dish here is the *canelons* – hearty, steaming tubes of pasta filled with shredded beef and topped with a fragrant béchamel. The various dining rooms manage to be both modern

Can Cisa/Bar Brutal

This restored neighbourhood bar combines a classic bodega at the entrance with a wine bar at the back. They stock 300 wines, all from organic or bio-dynamic producers around the world (so no nasty chemicals or additives), and at accessible prices.

Princesa, 14. T. 93 319 98 81.

M: *Jaume I* (L4)

Casa Mariol

At the Casa Mariol Wine Bar, which is part of the bodega of the same name, you'll have the chance to get to know *suau* – a version of a drink (a blend of soda and coffee) that was popular in the Ribera de l'Ebre region decades ago. You can also taste cask wines from the Ebre, accompanied by a nice *clotxa* (bread stuffed with herring, onions, tomatoes and garlic), then top it all off with delicious cakes from Batea (a town in the Ebre area).

Rosselló, 442. T. 93 436 76 28.

M: *Sagrada Família* (L2, L5)

Bar Nostàlgic

Although it's located in the fashionable Sant Antoni market area, this bar does not mimic the Nordic aesthetic of many local establishments. They serve a good selection of wines, particularly from Catalonia, plus they have cold beer on tap and an impressive list of gins, malt whiskies and special

TimeOut

Barcelona

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Food & Drink

rums. Gin and tonics, spritz... they make it all, including tapas to please even the most sybaritic palates.

Viladomat, 38.

M: Sant Antoni (L2)

Magatzem Escola

It looks like a hoarder's paradise of wine bottles, but the shop's staff know exactly where everything is. You'll find a great variety of products, which is the result of a company that really knows its business and has spent more than half a century dedicated to wine distribution. Keep a lookout for their wine tasting and cocktail events.

Comercial, 13.

T. 93 167 26 55.

M: Barceloneta (L4)

Monvínic

This is one of the largest information centres for wine not only in Europe but the world over. It's also a wine bar and restaurant. The latter – which focuses on traditional cuisine with a creative touch – is excellent, by the way.

Diputació, 249.

T. 93 272 61 87.

M: Universitat (L1,L2)

Seafood

Els Pescadors

Josep Maulini and his wife have turned this into a lovely spot, combining antique furniture with modern decor, and retaining its air of a small-town bar. One delicious recommendation: grilled sardines in sauce, though they don't always have them. Rice dishes are a staple on the menu, and never disappoint.

Plaça Prim, 1.

T. 93 225 20 18. M: Poblenou (L4)

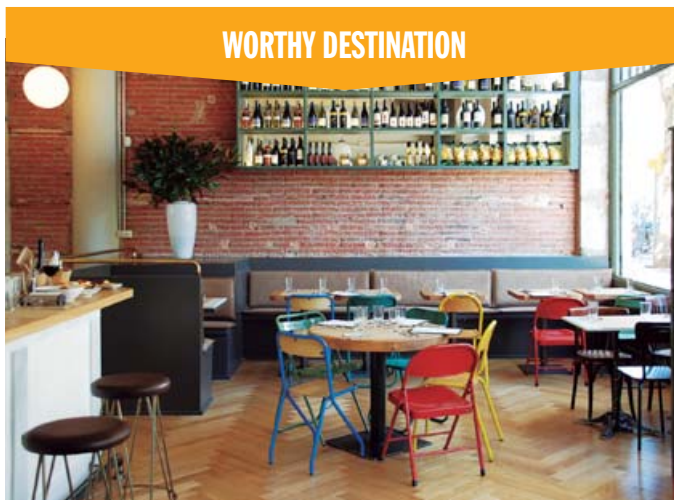
Rías de Galicia

This restaurant is the setting for the Iglesias family's wonderful relationship with the finest seafood. The menu includes Cantabrian lobster with garlic, John Dory and txangurro crab cannelloni. And when it's in season, they have the exquisite Bordeaux lamprey.

Lleida, 7. T. 93 423 45 70.

M: Espanya (L1,L3,FGC)

WORTHY DESTINATION



El Zorrito

If you're in the neighbourhood of Les Corts, this new bar is worth a look. Classic, good-value tapas made with carefully chosen regional products combine with a modern, light-filled interior design. Av. Josep Tarradellas, 133 (Les Corts). www.barelzorrito.com

Tabarca Langosta's Club

Tino Martínez, sailor and chef extraordinaire, has an unusual restaurant in Barcelona specialising in lobster. He has recovered the recipes of the lobster fishermen from the island of Tabarca, and uses them to create a menu that includes lobster and rice cooked in the lobster stock.

Comte Borrell, 160. T. 661 074 704.

M: Universitat (L1,L2)

Pizza

La Bella Napoli

There can be few Barcelona residents who haven't tried the wonderful pizzas served in this place with an authentic Italian atmosphere and noisy, cheerful waiters. Book a table if you're going at the weekend.

Margarit, 14. T. 93 442 50 56.

M: Paral·lel (L2,L3)

La Bricciola

A real Italian trattoria with good pizzas and fantastic pasta. Features a noteworthy wine list and some great Italian grappa.

Olzinelles, 19. T. 93 432 19 33.

M: Mercat Nou (L1)

Murivecchi

This restaurant-trattoria is a direct relative of Un Posto al Sole in C/ Urgell (No 188), and they both make really good pizzas.

Princesa, 59. T. 93 315 22 97.

M: Jaume I (L4)

Piazze d'Italia

A temple of southern Italian cuisine with an innovative and provocative twist. The pizza chef makes the dough spin and dance above his fingertips before transforming it into an outstanding crust. Try their sweet Nutella pizza, which is completely over the top but not to be missed.

Casanova, 94. T. 93 323 59 77.

M: Rocafort (L1)

Tapas

Bar del Pla

Positioned somewhere between a French bistro and a tapas bar, Bar del Pla serves tapas and small plates (divine pig's trotters with foie, superb *pa amb tomàquet*). Drinks include Mahou on tap (a fine beer that's often ignored here because it's from Madrid), plus some good wines by the glass.

Montcada, 2.

T. 93 268 30 03.

M: Jaume I (L4)

El Jabali

This deli bar, which is reminiscent of Av. Paral·lel in its heyday, is a great place to eat wonderful tapas – try the patatas bravas, the chicken salad and the cured sausage – while sipping on good wine. It's also a nice place to sit on the terrace and do some serious people watching.

Ronda Sant Pau, 15.

T. 93 441 10 82.

M: Paral·lel (L2,L3)

Tapas 24

Another nu-trad tapas bar focusing on quality produce. Among the oxtail stews, fried prawns and cod croquettes, however, fans of chef Carles Abellan will also find playful snacks more in keeping with his signature style. The McFoie Burger is an exercise in fast-food heaven, as is the *bikini*, a small version of his take on the ham-and-cheese toastie.

Diputació, 269.

T. 93 488 09 77.

M: Passeig de Gràcia (L2,L3,L4)

La Tieta

Chickpeas with prawns, potato omelette, mushrooms with garlic and parsley, amazing olives – the problem is knowing where to start. La Tieta offers good wine (no classics, just what takes their fancy that week), bottles of vermouth and an endless flow of draught beer, while the food is good traditional fare made from fresh ingredients, with skill and enthusiasm.

Blai, 1. T. 93 186 35 95.

M: Paral·lel (L2,L3)

Taverna Mediterrània

Chef Fran Monrabà has renovated this restaurant by combining traditional intentions with a determination to do things differently. Classic tapas are made with a touch of added imagination and effort – recommendations include Andalusian-style fried squid rings and delicious stuffed roast pork. Enric Granados, 58. T. 626 86 68 21. M: Diagonal (L3,L5); FGC: Provença

Non-stop woman

Who's behind Muerta Sánchez, prolific DJ and organiser of awesome soirées?
By **Martí Sales**



IRENE FERNÁNDEZ

La Verneda, a neighbourhood in the outer reaches of Barcelona, in the '80s. A girl with devilishly curly hair plays hide-and-seek in the street with a group of local kids. When she gets hungry, Marta runs home because it's Friday, the day for her weekly treat – a Tarzan cake. When she's done, she does some piano practice then goes to the gymnasium. The next morning sees her and her sister get up early and, still in their pyjamas, mime along to songs on the radio while dancing along the passageway of their house, waking up the rest of the Sánchez family who are already used to the girls' musical obsession.

Get them dancing

Once Marta Sánchez grew up, she was keen to try new things. In just a few years, she did a variety of jobs – working at Barcelona's Egyptian Museum, theatre producer, graphic

designer, gym instructor, a producer on TV talent show *Operación Triunfo*... 'I'm led by my passions, I give it everything and when I get tired of something, I move on,' she says. She went into

“
Muerta Sánchez is synonymous with fun, dancing and happiness

theatre and discovered she loved doing cabaret and being on stage. One afternoon she saw a flash mob on YouTube and thought that it would be great to organise one with people from the gym where she worked. Sánchez is a kind of reverse Pied Piper of Hamelin and takes charge of leading people to

happy places – from an initial group of 15 or 20, word spread and it went up to 100. After a few weeks, it was 800. On January 10, 2010, in a local shopping centre, 1,178 people performed the first-ever flash mob in Spain to the sounds of *Thriller*, *Grease* and Aretha Franklin. It was a huge success. And that's when Sánchez realised she had quite the ability to fire up others, and that 'everything's possible in this life'.

La Ká

When her friends Àlex and Sandro decided to set up a mega, rogue gay party, they thought of Sánchez at once. Already a fan of festivities at places like the now-closed La Bata and El Cangrejo (still going strong), she reckoned playing electropop hits to get people moving was a marvellous idea. One afternoon the boys of La Ká, as the party event was baptised, said to

her, 'We have to find you a name.' 'Really? Uh, it's just that I'm dead ('morta' in Catalan) today.' 'Morta, estás muerta' ('you're dead' in Spanish), so Muerta Sánchez!

Muerta Sánchez has become a synonym for fun, dancing and happiness. She's very charismatic and has fans who follow her everywhere. Her current project is Bingo Musical, a brilliant session that combines competition and partying. It takes place at La Maceta, a bar in Gràcia, because the size is ideal and she wants to energise her 'hood, bring it some glamour, cover it in sequins – basically, make it a bit more queer. And if she wants to do it, you can be sure it'll happen.

MUERTA SÁNCHEZ hosts a Bingo Musical session at La Maceta (Progrés, 38) on Saturday 6. www.facebook.com/MuertaSanchezDJ

Clubs

Edited by
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Never lose your elegance

Booka Shade is one of the most constant, inspired and effective duos on the European house scene. By **Javier Blázquez**



If you look back and try to discover the roots of the current domination of melodic, elegant house music on the main European club circuit, sooner or later you'd come across German pair Booka Shade. Arno Kammermeier and Walter Merziger are now veterans of the scene. Though they took their first steps in the late '90s, it wasn't until about ten years ago (when they started releasing their most significant singles and albums on the Get Physical label) that they rose up to be one of the most powerful acts on the planet. For a couple of

seasons they dominated the Ibiza landscape, during the time of bombs wrapped in silk such as 'Mandarine Girl' and 'In White Rooms', tech-house tracks carefully filled with chords and aerial synthesizers, all re-covered with an irresistible melodic layer; since then nobody's managed to nab their onstage prestige and weight. During the current decade they've maintained a constant rhythm of releases, album launches and new adventures (with labels such as Dim Mak and Blaufield) without ever losing their

character. House now has a solid architecture and a soft feel, and it's partly thanks to them. It's also true that the rhythm that's come with the new times is feverish, and it takes miracles to keep on top of it. The global leaders of dance music change year after year, but for some time now Booka Shade have been effective subordinates of night-time fun. That's to pay them a compliment – when everything moves so fast in such a saturated world, what's important isn't making noise but rather

“

Booka Shade are excellent at what they do best, classic rhythms and melodies

maintaining one's longevity for as long as possible without letting quality fall. Booka Shade are excellent at what they do best – classic rhythms and melodies, a package that's always guaranteed – and that's given them the chance to keep producing and, more importantly, performing in the most prestigious clubs. They're regular visitors to Barcelona – if it's not for a festival then it's to take advantage of the summer season and the short trip between Ibiza and Barcelona's El Prat airport. And now it's time for another stopover; a night just for them at The Loft, one of the spaces they've long supported and which is celebrating its 14th anniversary. We expect a lot of dreams, sweat and smiles.

Booka Shade are at The Loft at Sala Razzmatazz (Almogàvers, 122) on Friday 26, 1am. €13 (in advance + fee) €17 (on door).

ALSO AT RAZZ



CLAPTONE

Hidden behind his *Phantom*-like mask, this German house master hit the high times in 2013 and has been there ever since. Saturday 6, 1am. €13 (in advance + fee), €17 (on door).



BREKABOT

Live show from another Loft regular, aka French producer and DJ Thibaut Berland. He'll get the floor going with his happy disco sounds. Friday 19, 2am. €13 (in advance + fee), €17 (on door).



MOTEZ

If you go to see Booka Shade, pop in to the Lolita space to catch this Australia-based Iraqi DJ whose profile is on the up. Friday 26, 1am. €13 (in advance + fee), €17 (on door).

NO SOFT SELL



Marc Almond

From his early electropop hits in the '80s, Marc Almond's career has taken him in numerous directions including collaborations in different musical genres. Here he treats us to a live show of his greatest hits. *Sala Razzmatazz*. Saturday 13, 8pm. €26 (in advance + fee), €30 (on door).

Sessions

Nasty Mondays

Tattoos, sweat and rock 'n' roll: the city's wildest Monday night party. Miss it at your peril.

Sala Apolo (Nou de la Rambla, 113). M: *Paral·lel* (L2, L3). Mon midnight. €15 (on the door). €14 (advance).

Raw Rebels

Dance to the best beats of the '40s, '50s and '60s, with local and international DJs, in the heart of the city.

Sidecar Factory Club (Plaça Reial, 7). M: *Liceu* (L3). Tue 12.30am. €5. Price includes one drink.

Canibal Sound System

Live acts, DJs and roots music make for an underground vibe at this long-running club night.

Sala Apolo (details above). Wed 12.30am. €12 (on the door). €9 (advance). Price includes one drink.

Anti-Karaoke

This is the hard rock version of karaoke, with dressing up and

obsessive fans, all under the watchful eye of MC, US comedian and actor, Rachel Arieff.

Sidecar Factory Club (details above). Thu 10pm. €8. Price includes one drink.

Cupcake

Take a trip down memory lane without forgetting to live in the moment, with hits from the '70s right up to the present day.

Sala Apolo (details above). Thu 12.30am. €10 (on the door). €8 (advance). Price includes one drink.

The Bus Music Club

Session celebrating non-commercial, non-mainstream and underground music.

Razzmatazz (Almogàvers, 122). M: *Bogatell* (L4). Thu midnight. €15 (on the door). €13 (advance). Price includes one drink.

Happy Techno

The beat will get you at this weekend party dedicated to new-age and old-school dance music.

City Hall (Rbla Catalunya, 2-4). M: *Catalunya* (L1, L3; FGC). Sat 12.30am. €12-€18 (depends on arrival time and if you sign up on guest list). Price includes one drink.

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Getaways

Edited by
Hannah Pennell
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It's time for one last blowout

Dress up. Get down. Party on. Catalan towns are in the Carnival spirit this month.

By **Hannah Pennell**

Barcelona has its Carnival traditions and celebrations, but for even more fun and games before the austere weeks of Lent, head to these three towns that each have unique ways to live it up. This year, Carnival is on February 4-10.

1. SITGES

For a Carnival experience that is truly outrageous, the only place to head is Sitges. A short journey south of Barcelona, this small coastal town pulls out all the stops for its week of *Carnaval*, with the emphasis very much on extravagant costumes and long parades. In this town known for its extensive gay community, feathers and skimpy outfits are absolutely *de rigueur*, regardless of gender. There are various parades to enjoy, including a Sunday afternoon one aimed at children, and for grown-ups on Sunday and Tuesday evenings. Be aware that if you go for one of the night-time events, there's no train service between around 11pm and 6am – so either you head home as the fun's just starting or be prepared for a full night of partying. *How to get there:* By train (www.renfe.es) from Sants Estació or Passeig de Gràcia; the journey takes around 40 mins. www.sitges.cat/carnaval

2. VILANOVA I LA GELTRÚ

A little way down the coast, Vilanova i la Geltrú also has a stellar Carnival reputation, dating back to the late 18th century. During the Franco dictatorship, Carnival celebrations in Spain were outlawed, but Vilanova locals defied the ban with their 'Winter Festivities'. In contrast to Sitges,

the focus there is more on the satirical side of Carnival than the ostentatious dressing-up part, although there's still a lot of dancing, music and elaborate outfits. The main action takes place on Sunday, with a parade of local associations' members, who spend much of their time throwing sweets at each other and at spectators. *How to get there:* By train from Sants Estació or Passeig de Gràcia; the journey takes around 45 mins. www.carnavaldevilanova.cat

3. SOLSONA

Located in Lleida, the northwestern region of Catalonia, Solsona is renowned for its Carnival festivities, whose modern incarnation dates from 1971. Nowadays people come in their thousands to join the party, with two main events drawing them in. The first is the parade of *gegants* ('giants'), tall figures that regularly feature at Catalan events and may be dressed as royalty or tradespeople. The other commemorates the time a donkey was supposedly hoisted to the top of a belltower in the town to eat foliage that was blocking the works. However, the animal showed what it thought of that plan by emptying its bladder on those watching below. Today it's a pretend donkey that's lifted up, but one with a mechanism inside that allows it to, er, dampen the spirits of the waiting crowds. *How to get there:* The Alsa coach company (www.alsa.es) runs a service between Barcelona and Solsona. www.carnavalsolsona.com



A culinary tour

Around the Costa Daurada and Ebre regions this month are a number of unmissable gastro events. By **Hannah Pennell**



1. La galera cooked in rice with artichokes
2. Xató on a seafood salad
3. Grilled calçots with romesco
4. Olive oil is used in a lot of Catalan cooking

1. La Galera

Seafood fans should visit the Ebre area of southern Catalonia this month to enjoy a taste of *la galera*, (mantis shrimp) that thrives in local waters and is in season during the winter. Its proponents big up the fact that, unlike some other shellfish, it's low in calories and easy to digest. What's more, its succulent meat makes the crustacean an excellent ingredient in various dishes. Around 45 restaurants in the coastal towns of Alcanar, L'Ampolla, L'Ametlla de Mar and Sant Carles de la Ràpita take part in the galera celebration with set menus that include galera soup, croquettes and fritters, rice or noodles with galeras, and seafood stew.

3rd Jornades Gastronòmiques de la Galera, Feb 12–Mar 6. From around €28. www.terresdelebre.travel

2. Xató

Xató (pronounced *chat-oh*) is a sauce with an important place in the gastronomic traditions of the Costa Daurada, the region between Barcelona and Tarragona. The base recipe is made with toasted almonds and hazelnuts, garlic, olive oil, breadcrumbs, vinegar and dried nyora pepper; these ingredients are ground together to make a delicious, bright orange sauce, which is then added to a salad of tuna, anchovies, salt cod, curly endive and olives. Many local towns make their own variations of the *xató* recipe and host different events centred around the dish. This month it's the turn of El Vendrell and its yearly festival, where around 2,000 *xató* servings are expected to be consumed. *Xatonada Popular*, La Rambla, El Vendrell. Feb 7. www.elvendrell.net

3. Calçots

The *calçot* (*cal-SOT*) is an onion- or leek-like Catalan delicacy that's cooked over an open grill. In season from about November to April, they're often served piled up on a terracotta platter. To consume, peel off the blackened skin, dunk in the accompanying romesco sauce (made from almonds and red pepper) and eat. Even though you may feel satiated with your heap of *calçots*, many restaurants offer set lunch menus at this time of year where the onions are just the starter to be followed by a selection of grilled meats, salads and beans as well as dessert and coffee. And a lot of red wine. Head to the county of Alt Camp where you'll find *calçots* on the menu in the restaurants of towns such as Valls, La Masó and El Pla de Santa Maria.

4. Oli d'Oliva

Many chefs, pros and amateurs, have an almost religious fervour for olive oil. So it seems appropriate that the small Catalan town of Jesús (*jay-ZUS*) plays host to an annual festival dedicated to local pressings of the liquid gold. Held on the last weekend of February, visitors can purchase *oli d'oliva* made in the Ebre region and taste different products. What's more, there are various related events such as an olive stone spitting contest, a competition to see who can make the best garlic mayo (in Catalan *allioli*, literally 'garlic and oil'), and a 'guess the weight of the olive oil' raffle. Ambience is provided by Catalan musicians and their traditional instruments. 21st Fira de l'Oil de les Terres de l'Ebre, Feb 26-28. www.terresdelebre.travel

Barcelona Top Ten Shelters

1

Refugee city

Many Barcelona residents don't want their city to ignore the current tragic refugee situation, and a process is being put in place to welcome them. Another question is whether the refugees actually want to come here. Spain's employment market isn't great at the moment, which helps explain why they prefer Merkel's open arms.

2

ICORN

The International Cities of Refuge Network hosts writers and artists who are threatened because of their work. As a result of a request from PEN Català, Barcelona's been part of ICORN since it started ten years ago. The city is currently hosting the Syrian poet and activist Ugar.

3

Refugi 307

This air-raid shelter in Poble-sec, along with the one in Plaça del Diamant, provides an excellent way to discover the underground network created during the Spanish Civil War to escape the bombs falling on the city. A few years ago, 'Shelter 307' staged a series of monologues that gave everyone goosebumps and which we'd like to see repeated.

4

Anti-aircraft

At the top of Turó de la Rovira are the remains of anti-aircraft batteries that, with little success, tried to bring down the planes bombarding Barcelona during the Civil War. You can still see the precarious constructions that soldiers sheltered behind. In 2011, a heritage space was opened there as part of a historical memory project.

5

Day centres

These are the light version of old people's homes. Senior citizens



10

MARIA DIAS



3

spend the day there and, in the best of cases, they're better off in the centre than at home, where they'd be stuck alone inside. 'Getting old should be forbidden,' my grandfather used to say, and he lived until he was 100!

6

Bars

The sector is going through changes, and many traditional bars are now run by enterprising Chinese families – but they remain the preferred shelter of many. Sit at the bar, order your

poison and make a comment about Messi. Conversation guaranteed. But an interesting one? That may be asking too much.

7

Gyms

These are a refuge for a different kind of person, the opposite of those who go to the classic local bars. In the gyms, instead of a drink, they lift weights and try to make muscles that will create a body that's itself a kind of refuge. For flirting? To be healthy? As a distraction? I'm not one to judge.

8

City allotments

Hollowed out of the urban jungle, they offer refuge to older residents who were born in the countryside, hipsters who've opted for the vegan lifestyle, and out-of-workers who are fighting depression. These spaces have an increasingly socialist role, and eating a just-picked tomato is, let's be honest, thrilling.

9

Libraries

Right now they're the favourite shelter for many Barcelona residents seeking comfort, silence, heat, a place to park the kids and, oh yes, somewhere to read. Lucky, then, that the city is blessed with such a good library network even if they're not all as amazing as the Jaume Fuster one in Plaça Lesseps, or the Agustí Centelles in C/Urgell.

10

Bus stops

The canopies of the city's bus stops are not particularly useful, as they let the rain in on all sides, but they're still the place to take shelter when there's simply no other option. More aesthetically pleasing are the overhanging galleries and bay windows on modernista buildings, but if there's none to hand, well...

By Ada Castells



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